

Softball girls strike silver at provincial championships

The Milton bantam and squirt girls softball teams both took silver medals in the Provincial Women's Softball Association finals recently. The two teams advanced to the provincial title round on the strength of gold medal finishes in regional playdowns. This marks the first year of provincial-level competition, and points to the strength of Milton's teams in that they enjoyed such success when stacked against the best Ontario had to offer, Milton coaches indicated.



MILTON CHILDREN'S CHORUS

AUDITIONS

For Two Openings in Chorus to be held:
Monday, October 5, 1992 at 5:30 p.m.

Location: **Hugh Foster Hall**
Victoria Park Square Milton
(Adjacent to the Town Hall)

Candidates should come to the appointment with a parent and have prepared a short song.

For audition appointment and information, call:
MILTON CHILDREN'S CHORUS
875-3310

9:00 a.m. - 12:00 noon or 4:00 p.m. - 7:00 p.m.
Wednesday to Sunday



The Milton Lions bantam softball girls captured the silver medal in provincial championship play recently. In the front row are (l-r): Candace Wigglesworth, Jennifer McManus, Michelle Gregory, Kristen Haringa, Christine Best. Middle row; Virginia Young, Julie Leal, Lindsay Grisold, Tara Florita, Laura Spagnuolo. Back row; coaches Keith Blinn, Dave Wigglesworth, Dana Young.

Squirt girls softball champs had 'Key' to win

In Milton Girls Softball League championship action, Key Centre defeated Milton Machine Shop 16-10 for the squirt title recently. CMI took first place over the season.

In the consolation title match, CMI beat Bill Currie Royals 16-12.

In novice action, the Halton Women's Teacher Association downed

Autogenics 20-5 to earn the championship. In consolation playoffs, Halton Community Credit Union beat the Knights of Columbus 15-11.

John's Mobile defeated Jackson's Barn 15-8 for the bantam crown. Creative Memorials shaded the Kinsmen 21-15 for the consolation honours.

Selects get past semi-final

Milton Bantam Selects brought home another trophy, this time from Barrie on Sept. 12.

In the first game of their sixth tournament Milton played Oakville for the second time this year. The last time these teams played was at the Oakville Championship when Milton won easily 13-2.

Chris Browning got things started with a single in the second inning. He then stole second and Devin Richardson doubled to bring Browning home. That was it until the fourth when Jay Black took a fielder's choice single and Paul Stewart followed with a walk.

Coach Scott Anders called for a double steal when a wild pitch scored Black from third and Cory Bourgon singled home Stewart for a three-run lead. Devin Richardson took a two-out walk and stole second to be put in scoring position for Lonny Hunt's two-run single to give Milton a 5-0 lead.

In the bottom of the fifth Milton gave up two runs to Oakville and in the sixth Oakville made it a little tense with two out and bases loaded. The Oakville batter drilled a hit into centre field but Jay Black made a shoe string catch to hold onto the win for Milton.

Milton's second game was a little easier. They won 12-7 against Kitchener but had to come from behind to get the win.

In the first inning Black singled, Bourgon followed with a walk and Browning loaded them up when he was hit by a pitch. Richardson then hit a two-run double.

Kitchener came back in the bottom and shut Milton down in the second and third but Milton got three runs to take the lead. In the fourth, Milton's Hunt singled, Brian Nykoruk battled for a walk and Neil Bagley drove them in on his single. Jimmy Stelter kept the inning alive with his single but Milton left three men on with a third out pop-up.

In the fifth Kitchener got one more for a 6-5 lead but in the sixth Milton exploded. Browning walked, Hunt hit a two-run single, Nykoruk contributed a one-run single, Bagley and Stelter recorded back-to-back walks followed by Gerry Gollin's one-run single and Walker's two-run single to give Milton a 12-7 win.

Guelph was the team to beat in the third game when Jay Black singled in the first inning and Paul Stewart's one-run single sent Black home. Guelph got back the run in the second but Milton's Brian Nykoruk walked, Bagley singled, followed by Stelter's single, and a Gollin walk before Black singled to drive in Stelter. Milton's lead was 4-1 when they struck again in the third on Stewart and Bourgon walks. Browning's first run single, followed by Brett Lewis RBI sacrifice fly put Milton up 6-1. In the sixth Milton gave up a double and a single for Guelph's second and final run of the game.

In the semi-finals Milton and Clarkson met for the second time this year and the first run was for Clarkson in the third. Milton evened it up to one apiece in the fifth when Richardson singled followed by Hunt's single to send in Richardson. In the bottom of the sixth with the game tied Nigel Harding walked, stole second and third and Gerry Gollin singled Harding home to advance Milton to the Championship.

The final game was against Oakville and Milton was home team. Oakville struck quickly and knocked Milton for five runs. Milton came back when Jay Black had a lead-off triple. The game fell apart after Milton pitchers combined to give up 12 runs in the top of the sixth and coaches challenged the umpire.

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What's News At The Milton Senior Citizens Recreation Centre
By Robin McPhail, Co-ordinator,
Milton Senior Citizens' Recreation Centre, 875-1681.

Proper nutrition is something we are all more concerned about these days. If you are not concerned about your own nutrition maybe you should be. Being unconcerned about what you put into your body and how it affects you is good as saying you don't care whether you continue to stay healthy or not.

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There is an exceptional program being offered at the Senior Citizens Recreation Centre this fall called "Eating For Excellence" which covers a vast array of nutritional topics that are of interest to adults 55 and over.

In a fun and entertaining manner Leslie DePodesta, a local registered professional dietitian, will be focusing the class on, food preparation for one; dietary fibre and constipation; food fads and fallacies; potassium and diuretics; chewing difficulties; osteoporosis; salt and fat in the diet; lactose intolerance; vitamin and mineral supplementation; weight control; shopping; food safety; and snacking. The course outline is flexible enough to accommodate personal interests that participants are concerned about as well. Don't miss out on this one!

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"Eating For Excellence" is offered on Tuesdays for four weeks from October 20 to November 10. For more information regarding price and registration procedures, call the Milton Senior Citizens Recreation Centre (21 Charles St., Milton) at 875-1681, Monday to Friday from 9 am to 4 pm.

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