

Bousfield, Dickens battle to break losing skids

from GOLIGER'S on page 17
14-6 after three frames but the Poolmen found some life and scored 13 times in the fourth to take the lead, which they refused to relinquish. The final: Halton Pool 26, Key Centre 15.

Leading the charge for the Poolmen were Craig Sharp (two doubles, homer), Bob Castrucci (double), Ian Grant (double), Jim Crutcher, Rich Hierman (three doubles, homer) and Jeff Crewson (double) who all went four for five on the night.

Hector Campbell of the Key Centre went five for five in a losing

cause, including a double and triple. Teammate Lorne Greenwood was also a perfect four for four, all singles.

Drumquin Park was the scene for Fat Freddy's match against Milton Colour on Thursday evening.

Milton Colour was looking to end a four game winless streak. The top of the fifth saw Fat Freddy's score six times to tie the game at eight and give the Fat ones some momentum. They scored another five in the seventh to take the lead for the first time and held on to win 19-17.

A perfect four for four night by Freddy's Don Simpson, all singles, accounted for five RBIs. Yvan Poulin had a double in his four hit night and Ken Brown chipped another four hits including two doubles, while teammate Paul Cameron clubbed a two run homer. Sounders Pat Grant (double, triple), Brian May (two doubles, homer) and Chile Clark (double) each supplied four hit nights. Courtney Forester had a homer and double in his three hit evening.

Thursday's second match saw Re/max lose for only the second time this season, at the hands of Bousfield Auto 20-14. Knotted at

five, Re/max struck for five in the fifth to take a 10-8 lead, but the Auto workers scored seven in the seventh to go ahead for good.

Moon Mullins of Bousfield had a five for six night including a home run and a double. Bob Comport (two doubles, homer), Brian Hall (double)

and Murray Van Wart contributed four hits each and Barry Fletcher hit a two run homer. For Re/max Ben Nyholt, Merv Ball, Rick Jeffery (double) and John Burtwistle (double) each had three hits.

Hollywood's Spotlight: I was deeply saddened last week to learn

of the passing of an old friend, Ben Anderchuk. Benny, as he was known to our league, was a founding father, tireless, gentle, and one of the most respected men I know. It was a treat to play on the same field as this man. He will be missed. Our deepest sympathy to his family.

An overview of golfing difficulties

It's time for a quick overview of golfing problems.

Inconsistency: You are probably not complying to some combination of the four basic fundamentals.

Balance: your weight should land squarely on the inside of your rear heel on your backswing and the outside of your front foot on your follow through. Anything else is out of balance.

Posture and Extension: your body should not move vertically in the swing. This leads to a series of compensating moves which are inconsistent to perform. Keep your rear knee flexed as it was at address until the top of your swing.

Pre-shot routine and mental game: consistency starts with a well thought out pre-shot routine. You should never hit a shot without it.

Rhythm and Timing: when you are playing it's time to leave mechanics alone. I suggest you slow down at the top of your backswing and finish with a slow stretch of your shoulders, turning them to the maximum.

Slice: You are striking the ball with an open clubface for some combination of the following reasons.

Reverse Weight Shift: caused by an inadequate weight shift and shoulder turn during backswing. You

IN THE SWING

with DAN WEBB

are hitting and falling back not driving through the ball.

Improper Hitting Sequence: your arms are initiating the downswing and are approaching the ball from outside the target line. Your lower body should start the downswing allowing your arms to get in an inside path close to the body.

Improper Grip: Your grip must relate to the type of swing you have, if it is faulty it can be the source of many problems.

Faulty Address Position: It can be argued that 80 per cent of your problems are due to an improper starting position.

Lack of Distance: Distance is the result of club head speed, squareness of contact and weight of the club head. You achieve these conditions by:

Proper coil: Your rear knee has not bent or rotated backwards. Your shoulders have turned back behind the ball and have rotated at least twice as many degrees as your hips. Your forward arm has remained extended.

Aggressive Weight Shift: Assuming you make this move in balance and rhythm, the faster you transfer your weight from your back foot to the front the farther you will hit it. Your forward weight shift is initiated with your lower body and measured by the speed of your hip turn.

Three Putting: The emphasis here should be on distance and not line. At address your eyes should be directly over the ball.

Putt with your shoulders swiveling around your spine. Your arms and hands are quiet.

Take the putter back a short ways and accelerate through the ball.

Greenside Bunkers and Chipping: A sand wedge and creativity around the green are mandatory.

Sand: Assume an open stance, play the ball off the front instep, open the blade, work your feet into the sand and keep you head and hips still.

Hit the ball one inch behind the ball and make a smooth accelerating pass through the sand.

Greenside chipping: set up with an open stance and your feet close together. Keep you hands ahead of the ball and make a short quick stroke keeping your wrists locked.

Dan Webb is the Director of Golf at Executive Fairways in Milton and at its sister course in Guelph.

Service Club Slo-Pitch League

Division One	W	L	Pt
Legion Two	6	0	12
Sportsmen	6	0	12
Knights Col.	3	3	6
Kinsmen	3	3	6
Lions Club	2	4	4
Optimists	0	6	0
Division Two			
Fire One	4	1	8
Legion One	2	3	4
Fire Three	2	3	4
Jaycees	0	5	0

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30,000 Island Cruise	July 7	New England/Cape Cod
"Sea" Niagara	July 16	Agawa Canyon
African Lion Safari	July 18	Dollywood/Smokies
Move Over Mrs. Markham	July 23	Nashville
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Bobcaygeon. Boat Cruise	July 28	AND MORE!

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Milton Red Sox Late Boxscores

Erindale 8		Red Sox 4	
ab	r h bi	ab	r h bi
Groves c	5 1 1 1	Blasko 2b	4 1 2 0
Caccaro 3b	4 0 1 0	Schouten rf	2 0 0 0
Marrott ss	4 2 1 0	Casarin cf	1 0 0 0
McKenna cf	3 2 2 1	McTrach 1b	4 1 2 0
Howell p	5 2 1 0	Hyatt lf	4 0 1 1
Stodulski rf	3 0 0 0	Currie c	4 2 1 1
Reid 2b	4 1 3 2	Turner 3b	4 0 0 0
Williams 1b	4 0 1 1	Kempster pr	0 0 0 0
Blanchard lf	3 0 1 1	McCutcheon ss	4 0 3 0
		Dunn rf	3 0 1 2
		Chapman dh	2 0 0 0
		Gadd p	2 0 0 0

Erindale	100	200	041	- 8
Red Sox	100	200	001	- 4

E - Caccaro, McTrach, McCutcheon, Currie. LOB - Erindale 6, Red Sox 5. DP - Red Sox 2, Erindale 2. 2B - Reid. HR - Groves. SB - Marrott. SF - Dunn.

Erindale	IP	H	R	ER	BB	SO
Howell (W)	9	10	4	4	0	6
Red Sox	IP	H	R	ER	BB	SO
Moore	6	6	3	3	2	1
McCutcheon (L)	1.1	2	4	0	1	0
Gadd	1.2	3	1	0	0	2

BK - Howell. WP - Moore. HBP - Stodulski by Moore 2.

Red Sox 9		Burlington 11	
ab	r h bi	ab	r h bi
Corradetti cf	5 1 2 0	Missions cf	3 0 0 0
McCutcheon ss	5 1 2 1	Dillou cf	0 1 0 0
Blackadar dh	3 0 0 0	Wood lf	1 1 0 0
Hyatt dh	2 1 1 1	Lack lf	3 0 0 0
Currie c	3 2 1 1	Reynolds 3b	3 3 1 2
Davidson 3b	5 1 3 1	Dockman dh	3 2 2 4
Schouten rf	3 0 1 1	Barrett 1b	3 0 2 2
Casarin 2b	3 1 0 0	Coles c	5 0 2 2
McCutcheon lf	3 1 1 2	Laffeur 2b	2 0 0 0
Turner	1 0 0 0	Benaick 2b	1 1 0 0
Chapman 1b	4 1 2 1	Rogers rf	2 0 0 0
McTrach 1b	1 0 0 0	Gibson 1b	2 2 2 0

Cherwaty ss 3100
Red Sox 040 014 000 - 9
Burlington 200 000 04x - 11
E - Laffeur, Cherwaty, Chapman. LOB - Red Sox 10, Burlington 6. DP - Burlington 1, 2B - Dockman. SB - Wood. S - Dillou.

Red Sox	IP	H	R	ER	BB	SO
Dairou	6.2	6	7	7	6	4
Kempster (L)	1	3	4	4	4	0
Moore	0.1	1	0	0	0	0
Burlington	IP	H	R	ER	BB	SO
Ritchie	5.1	8	7	6	4	1
Evelaigh (W)	3.2	5	2	2	1	2

WP - Ritchie, Kempster, Dairou. HBP - Currie by Ritchie.