

Every Wednesday is **SENIOR'S DAY**
5% Discount on all purchases except tobacco.

SUPERCHOICE



Never Frozen
CHICKEN THIGHS
(Part back attached)
1.09
LB.

Atlantic
PAPER TOWELS
2 roll pkg.
49¢

Post
FRUITY OR COCOA PEBBLES CEREAL
375 g
1.49
With coupon below
Without coupon pay only 2.49

Nabob
TRADITION COFFEE
300 g vac pack
1.29
Regular Fine or Extra Fine Grind
With coupon below
Without coupon pay only 1.59

Cloverleaf
SOCKEYE SALMON
213 g
1.77

From the Tropics
BANANAS
39¢
LB

THE MEAT DEPT.

Freshly Ground
LEAN GROUND BEEF
1.77
LB.

Cut from Canada Grade 'A' Beef
INSIDE ROUND ROASTS
2.99
LB.

Prod. of U.S.A. No. 1 Grade
RED OR WHITE POTATOES
39¢
LB.

FARM FRESH PRODUCE

Produce of U.S.A. No. 1 Grade
CAULIFLOWER
98¢
EA.

Cut from Can. Gr. 'A' Beef
OUTSIDE ROUND ROASTS
2.79
LB.

Cut from Can. Gr. 'A' Beef
THICK CUT FAMILY STEAK INSIDE ROUND
2.99
LB.

Cut from Can. Gr. 'A' Beef
EYE ROUND ROAST
3.99
LB.

Black Forest
MINI HAMS WHOLE OR HALF
2.99
LB.

Town Club
SLICED SIDE BACON
1.59
500 g.

Town Club
WIENERS
1.39
450 g

HEINZ
TOMATO SOUP
10 oz. tin
3/99¢

MAGIC MOMENTS
PUDDING CUPS
4 X 142 g
BUY 2 GET 1 FREE
SPECIAL RETAIL 1.99 With coupon

KRAFT
PEANUT BUTTER
500 ml
1.59
With coupon below
Without coupon pay only 1.89

DIETRICH
100% WHOLE WHEAT BREAD
675 g loaf
99¢

Prod. of Florida
INDIAN RIVER RED GRAPE-FRUIT
5/1.99

Prod. of Ont. Can. No. 1 Gr.
SEEDLESS ENGLISH CUCUMBERS
97¢
EA.

Prod. of Chile Can. Ex. Fancy Gr.
GRANNY SMITH APPLES
99¢
LB.

Prod. of Ont. Can. No. 1 Gr.
CELLO CARROTS
69¢
1 LB. BAG

Prod. of California
SEEDLESS NAVEL ORANGES
1.99
DOZEN

Prod. of U.S.A. No. 1 Grade
CELERY STALKS
99¢
EA.

CATELLI
PASTA - SELECTED VARIETIES
900 g
99¢

KOOL-AID
KOOLERS
3 X 250 ml.
99¢

QUAKER
DIPPS
175-195 g
1.99

VALLEY FARMS
FRENCH FRIES
1 kg
79¢

Prod. of Chile Can. Ex. Fancy Gr.
GRANNY SMITH APPLES
99¢
LB.

PRIMO
VEGETABLE OIL
3 L.
2.99

EVERFRESH
FRUIT DRINKS
1 L.
99¢

BEATRICE
COTTAGE CHEESE
500 g
99¢

ASTRO
FRUIT BOTTOM YOGOURT
175 g
2/89¢

Prod. of Ont. Can. No. 1 Gr.
CELLO CARROTS
69¢
1 LB. BAG

FLEECY
FABRIC SOFTENER
5 L.
3.99

9-LIVES
DRY CAT FOOD
500 g
1.29

SWANSON
FROZEN DINNERS
240-326 g
2.29

HIGHLINER
FISH & CHIPS
700 g Family Size
2.99

Prod. of U.S.A. No. 1 Grade
CELERY STALKS
99¢
EA.

PURINA
DOG CHOW
4 kg
5.99

DELI
Cooked Ham
375/100 g
1.69
LB.

DELI
Brand's Assorted Salamis
1.10/100 g
4.99
LB.

DELI
Capicollo Hot or Sweet
55/100 g
3.99
LB.

Baked Fresh Daily Superchoic
Crusty Rolls
6/1.09

Baked Fresh Daily Superchoic
BAKERY
Apple Strudel
300 g
1.39

Weston's Cherry
Pound Cake
340 g
1.99

Redeemable only at Superchoic Country Markets
SAVE \$1.00
ON THE PURCHASE OF ONE 375 G PKG. OF POST FRUITY OR COCOA PEBBLES CEREAL
PLU 1060
A.C. Nielsen. Coupon expires Sat. April 11/92.
Coupon Code 34033164

Redeemable only at Superchoic Country Markets
BUY 2 GET 1 FREE
4 X 142 G PACKAGES OF MAGIC MOMENTS PUDDING CUPS
PLU 1025
A.C. Nielsen. Coupon expires Sat. April 11/92.
Coupon Code 34033180

Redeemable only at Superchoic Country Markets
SAVE 30¢
ON THE PURCHASE OF ONE 500 G JAR OF KRAFT PEANUT BUTTER
PLU 1045
A.C. Nielsen. Coupon expires Sat. April 11/92.
Coupon Code 34032389

Redeemable only at Superchoic Country Markets
SAVE 30¢
ON THE PURCHASE OF ONE 300G VAC PACK OF NABOB TRADITION COFFEE
PLU 1020
A.C. Nielsen. Coupon expires Sat. April 11/92.
Coupon Code 92065

575 ONTARIO ST., SOUTH
(Corner of Derry Rd. & Highway.25)
HOURS: MON. 9 A.M. - 8 P.M. WED. 9 A.M. - 9 P.M. FRI. 9 A.M. - 9 P.M.
TUES. 9 A.M. - 8 P.M. THURS. 9 A.M. - 9 P.M. SAT. 8 A.M. - 6 P.M.
SPECIALS ARE IN EFFECT FROM TUES. APR. 7/92 TO SAT. APR. 11/92
WE RESERVE THE RIGHT TO LIMIT QUANTITIES