

# Milton Swim Team novices at Stoney Creek meet

The novice swimmers of the Milton Swim Team travelled to Stoney Creek on March 2 to compete against four other local swim clubs. Milton swimmers did well, with many attaining top standings.

In the girls nine and 10 year old division, Jennifer Dumencu led the way with strong placings in all events entered. Dumencu took first in the 50 metre freestyle and 50 metre backstroke and placed second in a close 50 metre breaststroke.

Christina Swainson also made an impact in this age group by swimming to second place in the 50 metre freestyle and backstroke and finishing sixth in the 25 metre butterfly.

Kendra Miller did well in this group too, with a third place in the 50 metre breaststroke and fourths in

the 50 metre freestyle and the 50 metre backstroke. Also turning in good showings in this division were Laura Delorey, Kim Mitchell and Kathleen Charko.

In the girls 11 and 12 year old division Katie Williams and Jana Mountain were consistent, placing highly in all events. Williams took second in the 50 metre breaststroke and thirds in the 100 metre individual medley and the 50 metre backstroke.

Mountain took thirds in the 50 metre backstroke and the 50 metre butterfly and a fourth in the 50 metre freestyle. Also swimming well in this group were Rebecca Mills, Lindsay Heeg and Diana Kellner.

On the boys side, aged eight and under, Matthew Ishoy and Sam

MacLean were Milton's only representatives but they did well, placing second and third respectively in the 25 metre freestyle.

Greg Armstrong led the way for nine and 10 year olds, with fine performances also coming from Peter Jokic and Brendan Coulombe in the 200 metre medley relay. Armstrong took second place in the 50 metre breaststroke and sixth place in the 50 metre freestyle and backstroke. Jokic took fourth place in the 50 metre breaststroke.

Among the high calibre swimmers in the 11 and 12 year old division, brothers Nick and Andre Popovic performed well. Nick placed third in the 50 metre backstroke, fourth in

the 50 metre breaststroke and fifth in the 50 metre freestyle, while Andre took a third in the 50 metre breaststroke and sixth in the 50 metre backstroke.

Milton proved to be strong in the boys 13 and over category with swimmers Ivan Popovic, Scott Mills, Gavin Kearns and Matthew Crisci taking second place in the 200 metre medley relay.

Popovic also took second place in the 200 metre individual medley, third in the 100 metre freestyle and third in the 50 metre butterfly. Mills had a fine day, with a first place in the 100 metre backstroke, second in the 50 metre butterfly and third in the 100 metre breaststroke.

Other individual honours in this group went to Kearns, with a fourth in the 100 metre freestyle and 100 metre breaststroke, and Crisci with fifth in the 100 metre freestyle and backstroke events.

In the relays, the girls under 10 medley team of Christine Swainson, Jennifer Dumencu, Kim Mitchell and Kendra Miller claimed first. The boys under 10 medley team of Sam MacLean, Peter Jokic, Greg Armstrong and Matthew Ishoy finished second, as did the over 13 boys team of Ivan and Nick Popovic, Matthew Crisci and Scott Mills. In the girls 11 and 12 division Jana Mountain, Diane Kellner, Rebecca Mills and Katie Williams finished third.

## Communication important

### Success measured not just on field

from COACHING on page 16 wanted to put something back into the sport that I enjoyed so much."

The short six week season hampers his ability to improve his team on the field, because he said the best way to learn is to play.

Walker estimated that he puts in about 10-12 hours a week during the season, as well as a lot of work in the pre-season.

"I don't see myself giving it up," he said.

"I'd like to see a three team system with a midget, junior and senior progression. My intentions are to stay with the team for a least a couple of years."

As for the coaching specifics, both Walker and Johnson said good communication with the students is es-

sential. "You have to be able to communicate with the kids to be successful and success isn't all on the field," Walker said.

Johnson said mutual respect is important. "The kids don't respond to

being talked down to." Walker got help from Frank Green and Mike Ennis, both of whom would like to spend more time with the team but can't, he said.

Both coaches encourage others to take up the mantle of coaching.

### Coaches needed at MDHS to staff three soccer teams

Milton District High School needs coaches.

According to Bryan Camani, head of physical education, the school is in desperate need of soccer coaches. Of the four teams the school fields in the sport only one, the junior girls, is staffed.

In addition, track and field is short of coaches and all other sports, though covered, could use help.

Camani said an aging staff and a widening sports base are making it difficult to find enough coaches.

He says many other schools, especially those in south Halton, have been using substantial numbers of outside coaches for years.

"We are one of the few schools in the county still going with (school) staff at almost all positions," Camani said.

"Some of the Burlington schools are 50-50."

Camani said that if sufficient numbers of coaches aren't found the school will have to cut some teams.

Anyone interested should contact Camani at the school. The number is 878-2839.

#### CORRECTION NOTICE

Due to the manufacturer's inability to supply, in today's (this week's) Shoppers Drug Mart flyer on page 2, HEAD & SHOULDERS 2 IN 1 SHAMPOO 250mL + 100 mL will not be available.

Shoppers Drug Mart apologizes for any inconvenience this may have caused our customers.



#### CORRECTION NOTICE

Due to a print error in today's (this week's) Shoppers Drug Mart flyer, on page 3, the picture shows Doritos 300 g. The correct size should be 200 g at \$1.19 pkg.

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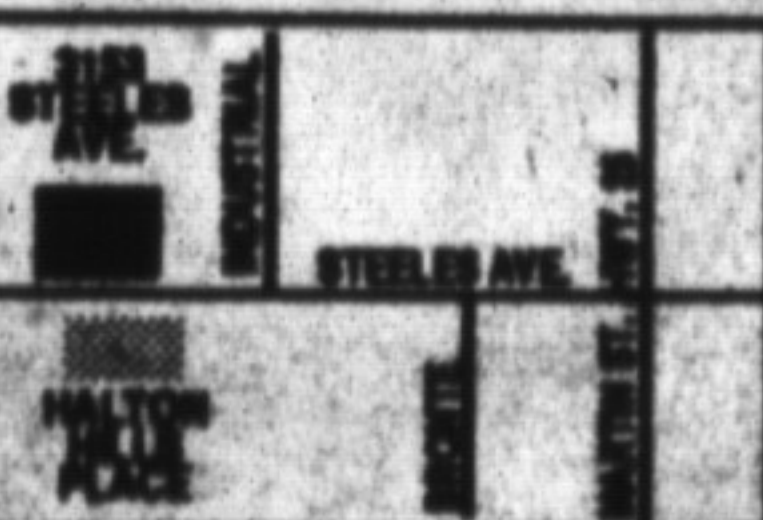
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#### FRIDAY MARCH 20th CENTRAL ONT. JR. B. FINALS

8:00 Winner of Barrie & Aurora vs Milton  
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#### ERI. & SAT. MARCH 20th & 21st

Kids of all ages, come marvel at  
Martial Arts demonstrations, courtesy of  
Karate World, Gym & Aerobics Centre.  
Centre Court will be the place to be on  
Friday, March 20th, at 7:00 pm  
& Saturday, March 21st, 11:30 and 1:30.

\*Further Series Information in  
Friday's Champion