

OLDER ADULT PROGRAMS

A BIT ABOUT OUR SENIORS CENTRE

Milton Senior Citizens Recreation Centre
21 Charles St. Milton L9T 4B6
875-1681



HOURS OF OPERATION
Monday-Friday 9:00 a.m. - 4:00 p.m.
(some evenings for special events)

OUR CENTRE'S PURPOSE
To provide a place where men and women
can meet, get to know each other, learn and enjoy life to its fullest.

Share the best of your life with us.

MEMBERSHIP

January 1- December 31

Single - \$8.00

Couple - \$14.00

SPECIAL EVENTS/TRIPS

ST. PATRICK'S DAY DANCE	Thurs Mar. 19	7:30 p.m. - 11:00 p.m.	\$6.00/person
MAPLE SYRUP EXPERIENCE-Aylmer.	Tues Mar. 24	8:00-6:00 p.m.	\$24.00/person
ANNIVERSARY TEA & VOLUNTEER RECOGNITION	Mon April 13	1:30-4:00 p.m.	No charge
THE GUSÉ FAMILY - Kitchener Humanities Theatre	Thurs. April 30	8:00a.m.-6:00p.m.	\$27.00/person
NIAGARA BLOSSOM TIME	Friday May 8	8:00 a.m. - 6:00 p.m.	\$22.00/person
CASINO NIGHT	Tues. May 12	5:00 p.m.-9:00 p.m.	\$5.00/person
TORONTO BLUE JAYS	Sat. May 30	10:00a.m.-6:00 p.m.	\$26.00/person
PICNIC IN THE PARK-Victoria Park Canada 125	Sun. June 14	11:30 a.m -3:30 p.m.	No charge
5th ANNUAL SHUFFLEBOARD TOURNAMENT	Mon. June 15	1:00 p.m. - 3:00 p.m.	No Charge
STRAWBERRY SOCIAL	Fri. June 26	12:30-1:30 p.m.	\$3.00/person

WE ALSO HAVE A LARGE SELECTION OF OVERNIGHT TOURS

PROGRAMS

MONDAY

PROGRAM	DATE	TIME	MEMBER COST
DUPLICATE BRIDGE	Mondays	9:30 a.m.-12:00 p.m.	\$1.00
INTERMEDIATE TACHI	Mar.23 - June 1	10:00 a.m.-11:00 a.m.	\$18.00/9 wks
BEGINNER TAICHI	Mar. 23- June 1	12:45 p.m.-1:45 p.m.	\$18.00/9 wks
SOUND MIND & BODY	Mar.23 - June 1	11:15 a.m.- 12:15 p.m.	\$18.00/9 wks
FITNESS FOR THE FUN OF IT	Mar. 23 - June 1	1:15 p.m. -2:00 p.m.	\$16.00/9 wks
SHUFFLEBOARD	Mondays	2:15 p.m. - 3:30 p.m.	\$.50 each time
WALKING CLUB	Apr. 27-May 25	1:30 p.m. -4:30 p.m.	no charge

WEDNESDAY

PROGRAM	DATE	TIME	MEMBER COST
FRIENDLY PLASTIC	Mar 25	10:00 a.m.-12:00 p.m.	\$5.00
JEWELLERY MAKING	Wednesdays	9:30 a.m. - 11:30 a.m.	\$1.00 each time
CONTACT BRIDGE	Wednesdays	10:00 a.m. - 12:00 a.m.	no charge
CRAFT CLUB			

FRIDAY

PROGRAM	DATE	TIME	MEMBER COST
BINGO	Fridays	10:00 a.m. - 12:00 p.m.	\$.50 each time
YOGA	Mar. 27 - June 5	9:30 a.m. - 11:30 p.m.	\$1.00 each time
EUCHRE	Fridays	1:30 p.m. - 3:30 p.m.	\$1.00 each time
OIL PAINTING	Mar. 27 - June 5	1:00 p.m.- 4:00 p.m.	\$40.00/10 wks

TUESDAY

PROGRAM	DATE	TIME	MEMBER COST
LUNCH BUNCH	2nd Tues of each month	11:30 a.m. -1:30 p.m.	Cost of meal
NATURE STUDY	Mar. 31 - Apr. 28	1:30 p.m. - 3:30 p.m.	\$21.00/5 wks
EUCHRE INSTRUCTION	Mar. 24 - Apr. 28	10:00 a.m. - 11:30 a.m.	no charge
MICROWAVE COOKING	May 5-May 26	10:00 a.m. - 12:00 p.m.	\$18.00/4 wks

THURSDAY

PROGRAM	DATE	TIME	MEMBER COST
INTERMEDIATE LINE DANCING	Thursdays	10:00 a.m.-11:30 p.m.	\$4.00 each time
BEGINNER LINE DANCING		1:30 p.m. - 3:00 p.m.	\$4.00 each time
COME HEAR	Mar. 26 - May 28	10:00 a.m.-12:00 p.m.	no charge
FRENCH CONVERSATION	Mar. 26 - May 28	11:00 a.m.-12:00 p.m.	\$15/10 wks
DINERS CLUB	4th Thurs. of each month	5:00 p.m. - 8:00 p.m.	cost of meal

NOTE: There is an additional fee for non members

**FOR MORE INFORMATION ON OLDER ADULT SERVICES CALL
THE SENIORS CENTRE AT 875-1681**