

# Drivers with a lunch hour to spare are in demand

The donation of a lunch hour each week could help keep Milton's Meals on Wheels program in motion.

Mary Cooke, who has been directing the program for the past 12 years, has come up with an idea to solve the desperate need for volunteers. She's hoping employers might allow staff to occasionally take an extra half hour lunch break and spend the hour and a half delivering

meals to local seniors and disabled persons.

There is currently a volunteer contingent of between 15 to 20 who take the meals from Halton Centennial Manor to the 40 meal recipients. The program runs five days a week however and more volunteers are needed to man the delivery routes, especially Monday and Friday. There are between 10 and 12 clients on each route. Some of the meal recipients are visited

every day of the week, others order meals less frequently. The cost is \$2.50 per meal.

In addition to receiving a hot nutritious lunch, meal recipients also get a visit.

"Sometimes the volunteers are the only people they see," Mrs. Cooke explains.

"When people get older they sometimes give up cooking. If they do cook a meal they're too tired to eat it," she says.

The program, explains the local director, helps seniors stay in their homes longer, avoiding institutional care.

"They feel better because they are eating better," said Mrs. Cooke.

Anyone interested in delivering meals — even just one day a month — should contact Mary Cooke at 878-6639. Volunteers receive a small allowance for gas expenses.

**YOU ABSOLUTELY LOVED IT LAST YEAR!  
YOU ASKED FOR IT AGAIN THIS YEAR!**

**YOU'VE GOT IT!**

**BIGGER AND BETTER THAN EVER!**

**TOMORROW, SATURDAY, FEB. 1<sup>ST</sup>**

**8:00 AM SHARP - TIL 8:00 PM** **12 HOURS OF BEDLAM!**

**LOCATION: EVERY CORRIDOR THROUGHOUT THE MASSIVE, HOME INTERIORS PROMENADE!**

**3/4 MILLION DOLLAR FURNITURE SELL-OFF!**

**BIGGEST SELL-OFF EVER!**

**EXAMPLES OF THE 1-OF-A-KIND VALUES!**

Model #	Everyday Low Price	NOW
05	\$599	\$249
50	\$638	\$288
83	\$623	\$276
551	\$1,320	\$347
069	\$899	\$293
302	\$1,099	\$242
528	\$1,299	\$586
290	\$1,098	\$394
520	\$1,199	\$548
08	\$727	\$363
418	\$1,247	\$784
309	\$964	\$599
69	\$640	\$394
897	\$2,870	\$1,874
666	\$3,419	\$2,253
391	\$3,233	\$2,089
288	\$2,398	\$1,569
529	\$1,126	\$694
333	\$3,924	\$2,189
730	\$4,957	\$3,194

**THE HALLWAYS OF THE ENTIRE MALL ARE JAMMED WITH 1-OF-A-KIND FURNITURE ITEMS!**

• Manufacturers Showrooms of the Newest Home Fashions

• Ends of Lines

• Odds 'n Ends

• CUSTOMER CANCELLATIONS

• Makers Overstocks

• DISCONTINUED ITEMS

**SEE LOCATION & MAP ABOVE!**

CENTRALLY LOCATED IN CAMBRIDGE

**SALE CONDUCTED BY**



... WHILE YOU'RE HERE... BE SURE TO ALSO SEE THE EXCITING VALUES IN SMITTY'S SHOWROOM... IT'S THE FINAL DAY OF THEIR EXCITING JANUARY CLEARANCE!

**HERE'S ONE EXAMPLE!**

**Traditional 36" x 36" Coffee Table**

Elegant design of fancy oak veneers and solid beaded legs, accented with wood overlay carving on apron

F.M.V. \$262  
S.E.L.P. \$195

LESS THAN 1/2 PRICE

**\$97**

**GST INCLUDED ON ALL PRICES**



**JUST NORTH OF THE 401 HWY. Take Hwy. 24 North (Exit 282) to Goebel Avenue, follow to Holiday Inn Drive. CAMBRIDGE**

THE BEST PART OF THIS SALE IS THE QUALITY OF THE FURNITURE.

**DIRECT FROM THE TORONTO FURNITURE SHOW!**

**Smitty's**

**BOUGHT SEVEN (7) MANUFACTURERS' SHOWROOMS AT A FRACTION OF THE NORMAL COSTS!**

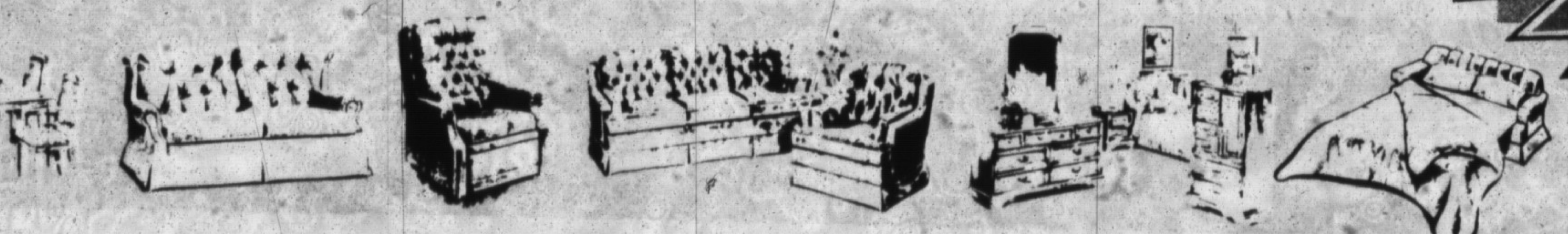
IT'S THE **B-I-G** SALE WITH THE MIGHTY REASON!

**DON'T MISS OUT... TODAY ONLY!**

**35 TO 70% OFF**

**NORMAL SELLING COSTS! MANY-MANY-MANY BELOW WHOLESALE PRICES!**

BRING YOUR TRAILER OR TRUCK AND TAKE THE SAVINGS WITH YOU DUE TO THE NATURE OF THIS SPECTACULAR EVENT... ALL ITEMS ARE SOLD AS-IS! ALL SALES FINAL! ALL SUBJECT TO PRIOR SALE! VISA, MASTERCARD, CASH OR CHEQUE PERSONAL SHOPPING ONLY PICK-UP PRICES... DELIVERY EXTRA!



The first price shown (Fair Market Value) is shown as a value guide only. The 2nd price shown is Smitty's Everyday Low Price and the 3rd price is exceptional sale price.