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Fathers have role in decreasing violence

By KAREN SMITH

Nurturing boys during their childhood is the key to putting an end to violence, says the author of a new book which addresses the subject.

Myriam Miedzian, who believes men commit violent acts because they have a "masculine identity problem," was the keynote speaker at an Oakville conference co-sponsored by 13 organizations in Halton. "Violence has always been the way of life, and most acts of violence are committed by men," said Ms Miedzian, author of *Boys will be Boys — Breaking the Link Between Masculinity and Violence*.

She said because most children are raised by their mothers, they, by age two or three years, learn to identify with women. But when they realize they're not like mom, they use aggression to prove their masculinity.

Because male role models are stereo-typed through the media as tough guys, she explained, boys believe violence is part of being a man.

In a survey involving elementary school students, Ms Miedzian said, the majority of children chose Arnold Schwarzenegger over Phil Donahue when asked who was more of a man.

She said a solution is making parenting more equal between mother and father. Fathers should nurture their children as mothers do. But she isn't totally blaming fathers. "Some mothers have anger for the father of the children, and they sometimes direct it at them," she added.

Ms Miedzian also believes child-rearing should become part of course curriculum in schools to better prepare students from parenthood as well as discourage child beating.

The conference was co-sponsored by Halton Rape Crisis Centre with assistance from both Halton school boards, Halton police, Halton Crown Attorney's Office, Oakville Chamber of Commerce, Halton Children's Aid Society, Halton Sexual Abuse Program, COHR Family Services, Ministry of the Solicitor General, Halton Women's Place, Halton Family Services and Halton Regional Health Department.

Milton Children and Youth Centre
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It's Your Business

with JANE MULLER

Get a life-saving course

Terry Green has made a business of saving lives.

About 10 per cent of heart attack victims assisted by cardiopulmonary resuscitation (CPR) survive, representing about 8,000 Canadians annually who are saved by the technique. Mr. Green, a 23-year veteran of the Metropolitan Toronto Police Force, has made teaching the technique a part-time business called *Halton Save A Life*.

For the past five years he's offered instruction in CPR to health care professionals as well as the general public. Participants receive certificates issued through the Ontario Heart and Stroke Foundation. The Milton resident sits on the Foundation's emergency cardiac care committee.

Ideally, Mr. Green says, one in five people should know how to administer CPR. That's the goal of his committee.

"You want the odds to be that there is someone around who knows CPR when it's needed," he says.

The training required to reach that goal, according to Mr. Green, can't be handled by one organization. In Milton, CPR training is also conducted by St. John Ambulance.

He offers his "ounce of prevention" to small groups in their homes, to businesses and, about twice a year, to the general public and health professionals through half-day and day-long courses. An upcoming "basic rescuer" course February 22 from 8 a.m. to 5 p.m. is sold out and a course this weekend that will combine the shorter "heartsaver" course and basic rescuer is almost fully booked.

The four-hour heart saver course is set up for non-professionals and covers adult CPR and choking relief techniques, however the longer program is more in demand, he's discovered. The basic rescuer program covers the same procedures but also applies them to children and infants, as well as dealing with the legal aspects of CPR.

While Canada doesn't have 'Good Samaritan' legislation, Mr. Green says those who administer CPR have nothing to fear from the law.

Mr. Green has climbed to the top of the CPR instructional ladder and is qualified to instruct those who teach the teachers. He's also involved in teaching life-saving techniques at Humber College and various medical institutions.

To join the courses being held Saturday, Feb. 1 at Hugh Foster Hall or to find out about at-home programs, contact Halton Save A Life after 6 p.m. weekdays or weekends at 875-3195.

Pull the plug

A workshop co-sponsored by the Mississauga Board of Trade and the Ontario Ministry of Energy will help managers pull the plug on high energy costs. Reducing energy costs is the theme of the forum on Wednesday, Feb. 26 from 8 a.m. to 3 p.m.

Admission is free and a complimentary lunch will be served.

Participants will receive free energy efficient home fixtures

Early registration is advised as space is limited. Call (416) 273-6151.

On the cutting edge

Mike's Barber and Styling got points for more than its hair styling services as the winner of the *Milton Advantage Business of the Week Award*. The nomination mentioned the business's sponsorship of numerous youth projects, especially sports groups. Owned by Mike Boughton, the shop is located at 148 Main St. E.