

PRICES EFFECTIVE SUNDAY*
DECEMBER 16 THRU SATURDAY
DECEMBER 22, 1990.
**MOST STORES
OPEN SUNDAY**
Check store for Sunday locations and
hours. We reserve the right to
limit quantities to normal family
requirements. Coupon items
limited to two.



**2ND
LAST WEEK**
TO REDEEM SAVER STAMP
BOOKLETS. STAMPS MAY BE
REDEEMED UNTIL SATURDAY
DECEMBER 29TH, 1990.

Holiday Savings

Grade A Large Eggs

.79

WITH COUPON BELOW

FIRST GRADE
**Wildmere
Butter**

1.79

1 lb
package

WITH COUPON BELOW

FANCY, TOMATO JUICE OR
**Heinz
Vegetable Cocktail**

.79

48 fl
oz tin

REGULAR OR DIET
RC Cola

case of 24 - 280 mL tins
(Unit cost 7.4¢ per 100 mL)

4.99

WITH COUPON BELOW

750 mL bottle
(Unit cost 6.5¢ per 100 mL)

.49

PLUS 40¢ PER BTL DEPOSIT

FROZEN, SELECTED FLAVOURS
**Beatrice Classic
Ice Cream**

2 LITRE CONTAINER

2.79

WITH COUPON BELOW

FRESH DAILY
**Beatrice 35%
Whipping Cream**

250 mL CARTON

.99

REGULAR, WHOLE WHEAT OR 50% LESS SALT

**Christie
Ritz Crackers**

250 g BOX

.99

WITH COUPON BELOW

REGULAR OR DIET
**Pepsi-Cola
or 7UP**

750 mL BOTTLE (Unit cost 4.4¢ per 100 mL)

6/1.99

PLUS 40¢ PER BOTTLE DEPOSIT

FULLY SKINLESS, SHORT SHANK, SMOKED, READY TO EAT

**Whole Cooked
Ham**

4.39/kg

1.99

lb

GRADE "A" MIRACLE BASTE,
BUTTERBALL OR GOLDEN DELUXE

**Basted
Turkeys**

1.49

3.28/kg

lb.

WITH THIS COUPON SAVE

FIRST GRADE - 1 lb PACKAGE

**Wildmere
Butter**

1.79

LIMIT 1 package per coupon. Offer valid Sunday* Dec. 16
until Saturday Dec. 29, 1990. (Feature price without coupon 1.99) S.C. #632

WITH THIS COUPON SAVE 90¢

REGULAR, WHOLE, 50% LESS SALT - 250 g BOX

**Christie
Ritz Crackers .99**

LIMIT 1 box per coupon. Offer valid Sunday* Dec. 16
until Saturday Dec. 29, 1990. (Feature price without coupon 1.89) V.C. #

WITH THIS COUPON SAVE \$1.00

REGULAR OR DIET - CASE OF 24 - 280 mL TINS (Unit cost 7.4¢ per 100 mL)

**RC
Cola**

4.99

LIMIT 1 case per coupon. Offer valid Sunday* Dec. 16
until Saturday Dec. 29, 1990. (Feature price without coupon 5.99) S.C. #630

WITH THIS COUPON SAVE 50¢

SUPERB BLEND - 300 g BAG

**8 O'Clock
Bean Coffee 1.49**

LIMIT 1 bag per coupon. Offer valid Sunday* Dec. 16
until Saturday Dec. 29, 1990. (Feature price without coupon 1.99) S.C. #633

WITH THIS COUPON SAVE 70¢

FROZEN, SELECTED FLAVOURS - 2 LITRE CONTAINER

**Beatrice Classic
Ice Cream**

2.79

LIMIT 1 container per coupon. Offer valid Sunday* Dec. 16
until Saturday Dec. 29, 1990. (Feature price without coupon 3.49) S.C. #631

WITH THIS COUPON SAVE \$1.00

REGULAR OR DIET - 2 LITRE BOTTLE (Unit cost 5.0¢ per 100 mL)

**Pepsi-Cola
or 7UP**

.99

LIMIT 1 bottle per coupon. Offer valid Sunday* Dec. 16
until Saturday Dec. 29, 1990. (Feature price without coupon 1.99) V.C. #2336415

**GRADE "A"
LARGE EGGS**

.79

WITH COUPON

LIMIT: 1 DOZEN PER COUPON
OFFER VALID SUNDAY, DECEMBER 16
UNTIL SATURDAY, DECEMBER 29, 1990