Competitive gymnastics is not for everyone. It requires strength, power, flexibility, confidence, courage and discipline. The Milton Springers Gymnastic Club have found five new members who show ability in these areas.

Jessica Deshaw, Sarah Green, Lyndsay Richardson, Kathenne Russell and Jennifer Smith have all passed the rigorous tryout procedure. First there is an initial screening and a tryout. Those accepted are then on a six week probation with the club.

Under the eye of coach Vicky Lansborough and assistants Lisa Boylan and Amy Newall the girls are evaluated for their strengths and weaknesses and their progress is assessed.

The club has changed in the 14 that head coach Janet Campbell has been involved. The Springers have grown from about 35 children to close to 250 per session. Instead of one class per week at a

## Springer Notes

school, the club now has its own facility and offers classes virtually all day, every day.

Campbell believes there are various reasons for the club's growth. They include community interest, a wide choice in terms of program times and skill levels, as well as the opportunity for fun and fit-

All coaches are certified in first aid with the Red Cross and senior coaches have a level one certification in the National Coaching Certification Program. In addition they spend substantial time at seminars and clinics, which continue to enrich the Springer program.



Photo by JOHN WARREN

New members of the Milton Springers competitive team must pass a rigorous evaluation and undergo a six week probation prior to being accepted into the club. This year Jennifer Smith (left), Jessica Deshaw and Lyndsay Richardson, all six years old, passed the test and pose with assistant coach and former Springer Amy Newell. Also accepted into the club were Sarah Green and Kathenne Russell.

## Armbro Justify wins division

. from SOPHOMORE on page 15 Armbro Justify, a Legal Notice filly, paced a 1:58.6 victory in the second division, overtaking pacesetter Alliston Star, for trainer-driver and part owner Greg Drew. The win was number eight in 11 starts and increased her purse account to \$72,642.

Abby Harbor took the third division in 2:00.6 for driver Terry Kerr and trainer Mike Brown. It was Abby Harbor's first career win.

Little Black Book, also a Legal Notice filly, scored her first win with a 1:59.5 mile for driver Dr. John Hayes in the fourth division. She was a two-and-a-half length winner over Island Fund and Lisa's Reality.

Soft Light captured his third Free For All win in his last four outings in the \$22,000 event for driver Mike

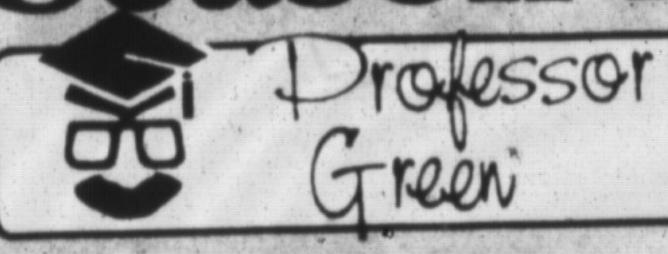
Saftic and trainer Garth Cordon. It was his seventh win in 17 starts and gave him \$76,775 on the year. Soft Light paced the mile in 1:54.5, a half length over Baby Boomer and Tamarama Rip.

Eagle Speaker (who was claimed in February for \$27,500), paced a 1:55.2 mile effort in a \$14,000 claiming event (claiming tag \$75,000) for trainerdriver and part owner John Holmes.

It was win number 12 in 30 starts and gives the four year old gelded. son of Conquered purse earnings of 5124,944 on the year.

Proprietor's Choice took the \$16,500 three-year-old open in 1:54.8 for trainer-driver John Kopas. Proprietor's Choice has \$301,927 in purse earnings and 13 wins in 18 starts for Marvin and Jeanne Buff of New York.

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Parents - report cards were mailed to the homes Wed., Nov. 7th, 1990 Parent Interview evening will be held

November 14th, 1990 630 pm - 930 pm

- PARENTS NIGHT

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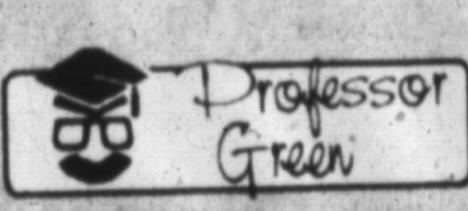
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