



A hot time

Judging by the turnout at this year's Caribbean Night, it looks like Milton District Hospital will receive an electrocardiograph machine.

Although the final dollar count isn't in, organizers are optimistic the popular social occasion raised enough money to help purchase the equipment.

The fourth annual event at John Tonelli Sports Centre featured steel band music, Tonka Dancers and Caribbean-style food and drink.

Led by the special guest master of ceremonies Roger Ashby of CHUM FM, participants dressed appropriately for the island theme.

Reg Desilets won a trip for two to Jamaica, supplied by Bruce Hood's Milton Travel.

Various dancers, both amateur and the pros pictured in this photo essay, obviously had a good time.

Photos by John Warren



Watch your waste, Milton!



Composters transform kitchen scraps, grass and leaves into a natural garden conditioner. Composting is good waste management. If you presently receive Town Garbage Collection you can order your composter by completing the form in the paper on September 21st. Application forms will also be available at Town Hall.



MILTON FALL FAIR FRIDAY, SATURDAY, SUNDAY SEPTEMBER 21, 22, 23

Some of the Admission Prices in our 1990 Prize List were incorrect, here are the correct prices:

ADMISSION PRICES

Gates open Friday at 10:00 a.m.

Adults — Weekend Pass, 4 admissions.....	\$12.00
Adults, Friday.....	\$ 4.00
Adults, Saturday till 4 p.m.....	\$ 4.00
All day pass, Saturday only.....	\$ 7.00
Bearer of this ticket may re-enter the grounds with appropriate stamp on ticket and hand.	
Adults Saturday, after 4 p.m. and all day Sunday.....	\$ 5.00
Children 6 yrs. - 12 yrs.....	\$ 2.00
Children under 6 yrs.....	FREE
Automobiles.....	\$ 2.00
Senior Citizens Sunday Special.....	\$ 2.00

NOTICE

No refund on any tickets
Re-entry to grounds — Regular Admission

OVER 19 YEARS OF WEIGHT LOSS SUCCESS

"Nutri/System is a sure way to lose weight. I lost 83 lbs. and feel 10 years younger."

"I knew from my first visit to Nutri/System that the program would be effective. Everything about it made sense—great food, caring people I could lean on, light activity, even a maintenance program."

They had everything I needed to lose weight and keep it off. Now, I feel younger than I have in years. If ever there was a sure thing, it was Nutri/System."

Rebecca J. Jenkinson

- Our Comprehensive Weight Loss Program will help over **ONE MILLION** Clients this year. It includes:
- Safe and effective weight loss
 - Nutritionally balanced meal plans
 - Nutritional Supervision
 - No calorie counting

OVER 1,700 CENTRES WORLDWIDE
nutri/system
weight loss centres



HURRY
Offer Ends
Saturday,
Sept. 22, 1990

SAVE 75% *

CALL TODAY FOR A FREE NO-OBLIGATION CONSULTATION

878-4117

OPEN HOUSE & TASTING PARTY
Saturday, Sept. 22nd, 1990
9:00 a.m. to 5:00 p.m.
Bring a friend or relative and join the party!

- Sample our delicious foods and beverages
- Free Weight Analysis
- Free 60-sec. 20-lb. program (food not included)
- Meet successful clients
- Free individual consultation
- See our Centre

AT PARTICIPATING CENTRES

465 Main St. E., Milton — Across from Milton Mall

* Special Offer does not include cost of exclusive Nutri/System food, Videos and Maintenance Programs. Offer valid at participating centres. New clients only.