



**OPEN SUNDAYS**  
**SUNDAY, MONDAY & TUESDAY**

*Specials*

<b>2% MILK</b> <b>2.89</b> <small>4 L. BAG</small>	<b>I.G.A.</b> <b>WHITE BREAD</b> <b>.69</b>	<b>VALLEY FARMS</b> <b>FRENCH FRIES</b> <b>.79</b> <small>1 Kg BAG</small>
<b>Hot House</b> <b>TOMATOES</b> <b>.99</b> <small>LB.</small>	<b>Regular Ground</b> <b>BEEF</b> <b>1.29</b> <small>LB.</small>	<b>Deli Special</b> <b>COOKED HAM</b> <b>.44</b> <small>per 100 grams</small>

**ALL WEEK** *Specials*

<b>Reg. or Diet</b> <b>COKE OR SPRITE</b> <small>With \$1.00 Coupon</small>	<b>5.99</b> <small>24/280 ml</small>	<b>HEINZ</b> <b>Canned Pasta or Baked Beans</b> <small>With .20¢ Coupon</small>	<b>.49</b>
<b>Hunt's</b> <b>Spaghetti</b> <b>Sauce</b> <small>With \$1.00 Coupon</small>	<b>3/2.99</b>	<b>GOLD SEAL</b> <b>SOCKEYE</b> <b>SALMON</b>	<b>2.69</b> <small>7.5 oz. TIN</small>
<b>PRIME RIB</b> <b>STEAKS</b>	<b>2.99</b> <small>Lb.</small>	<b>RED/GREEN</b> <b>GRAPES</b>	<b>.89</b> <small>LB.</small>

PRICES EFFECTIVE FROM SUN., JULY 29 TO SAT., AUGUST 4, 1990  
 COME AND SEE OUR RENOVATED PRODUCE AND FROZEN FOOD DEPARTMENTS

WE RESERVE THE RIGHT TO LIMIT QUANTITIES  
 \* FLYER WITH COUPONS WILL BE AT THE STORE LIMIT 1 PER CUSTOMER

ALL SAVINGS ARE BASED ON OUR REGULAR PRICES

**People Come First at**

**MILTON IGA**      327 Bronte St., White Oaks Plaza      **HOURS**  
 Mon.-Fri. 8-9  
 Sat. 8-8  
 We Open on Sundays 10-5