

RECIPE FILE

Bite into a ripe, juicy frozen peach for a taste of summer

Bite into a ripe, juicy peach bursting with natural flavour and experience the true taste of summer.

This luscious sunshine fruit is the perfect remedy to satisfy a hot summer's day thirst or hunger pang — whether it's eaten fresh out of hand, sliced into a summer salad or baked in a pie.

Peaches have been a favourite dessert ingredient since the first colonists brought them to Ontario more than 200 years ago. Simple crisps, cobblers and cakes have been served again and again as the perfect ending to a summer-time meal.

Inspired by the Italian fresh fruit

ice, cooling Peach Granita is a smooth, frozen fruit puree that makes an elegant finish to a meal.

Serve generous scoops atop fanned, thinly sliced peaches for an ultra-attractive refreshing dessert.

Peach Granita

This fresh-tasting frozen dessert is equally appropriate to end a light summer meal or a hearty backyard barbecue.

- 3 cups (750 ml) sliced peeled peaches;
- 1/2 cup (125 ml) granulated sugar;
- 3 tbsps (50 ml) peach schnapps;

Directions: In food processor or blender, process peaches until

smooth. In small saucepan, combine 1/2 cup (125 ml) of the pureed peaches, sugar and half of the schnapps. Bring to boil and cook, stirring for 1 minute. Combine with remaining peaches in shallow non-metallic dish; freeze until firm but not solid, 1 1/2 to 2 hours.

Transfer to food processor; add remaining schnapps and process just until smooth. (Alternatively, beat in deep bowl with electric mixer at high speed until thickened and smooth.)

Pack lightly into airtight container and freeze until firm or for up to 24 hours. If mixture becomes

too solid, place in refrigerator for 20 minutes before serving time. Makes 4 to 6 servings.

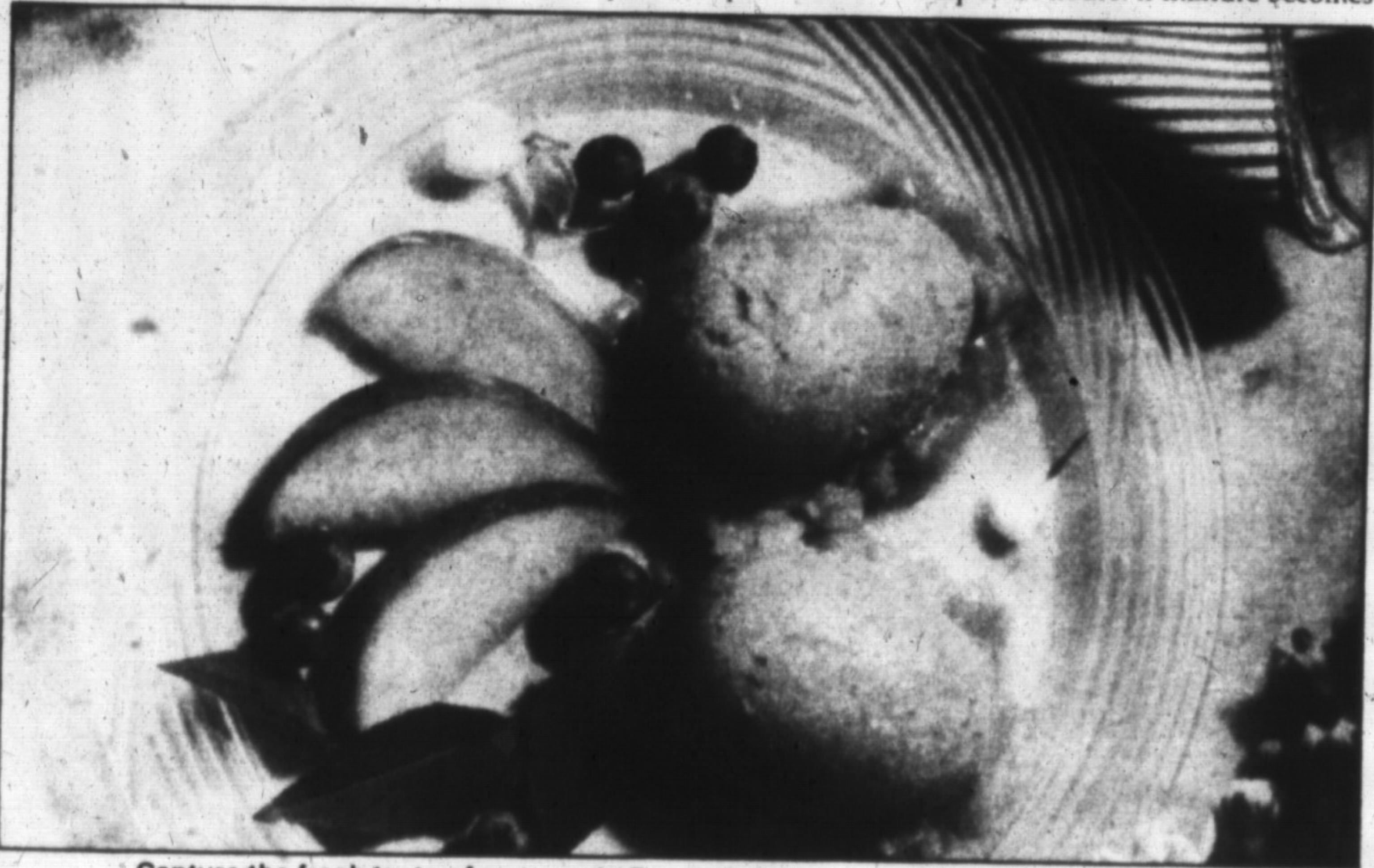
Preparation time: 20 minutes.

Freezing time: 2 to 2 hours and 30 minutes.

Quick idea: No chutney or relish in the house? Make a fresh one with firm ripe peaches. Combine 1 cup (250 ml) diced peeled peaches with

1/2 cup (125 ml) diced cucumber, 1 tbsp (15 ml) chopped fresh mint, 1 tsp (5 ml) each lime juice and granulated sugar and a dash or two of hot pepper sauce. Serve with grilled lamb or pork chops, fish or chicken.

Nutrition information: One serving (when recipe makes six servings): Carbohydrate: 29.0 grams. Calories: 116.



Capture the fresh taste of summer in Peach Granita — a smooth frozen peach ice.

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LS3—The Canadian Champion, Wednesday, July 11, 1990

RELIGIOUS SERVICE DIRECTORY

MILTON GOSPEL HALL
306 Ontario St. S.
878-2022
10:00 a.m. — Breaking Bread
11:45 a.m. — Sunday School
7:00 p.m. — Gospel Service
Wednesday 7:30 p.m.
Prayer and Bible Reading
*"We pray you, in Christ's stead, be ye reconciled to God."
2 Cor. 5:20*

MILTON ALLIANCE CHURCH
2850 DERRY RD.
Pastor: Rev. Errol Rempel
Minister to Youth
Rev. Mark Kotchapaw
878-5664
9:45 a.m. Family Sunday School
11:00 a.m. Morning Worship Service
6:30 p.m. Evening Service
Nursery Facilities at all Services

First Community Church of Milton
Sunday Services and Church School 10 a.m.
Halton Centennial Manor Auditorium
Enter from Childs Drive
Everyone Welcome
A Caring Community
Pastor: Emrys Jenkins
Church Office: 878-0354
581 McGeachie Drive Unit #5
Milton, Ontario

MILTON BAPTIST CHURCH
900 Nipissing Road
875-1626
CANADIAN BAPTIST FEDERATION
Pastor: Rev. Terry Laing
Sunday, July 15, 1990
Morning Worship: 10:00 a.m.
Junior Church and Nursery
Wheelchair Accessible
A warm welcome awaits you!

HOLY ROSARY ROMAN CATHOLIC PARISH
139 Martin St., Milton
878-6535
Mass Times:
Sat. - 7:15 p.m. Sun. - 9:00 a.m., 10:30 a.m., 12 noon
OUR LADY OF VICTORY
Milton Heights
Mass at 10:30 a.m. Sunday
ST. PETER'S CHURCH
9th Line Trafalgar
Mass at 9:00 a.m. Sunday
Revs. Earl Talbot, Donald Wilhelm, Harold Bedford, S. J.



EPIPHANY LUTHERAN CHURCH
LUTHERAN CHURCH CANADA
at Robert Baldwin Public School
180 Wilson Drive (at Woodward)
F. Schmitt, Vacancy/Pastor 873-0264
9:00 a.m. — Worship Service
No Sunday School During Summer
Nursery Available
Contact: Andrew Willoughby Chairman
878-1278
*For God so loved the world,
that he gave his only begotten son.
John 3:16*

GRACEWAY BAPTIST CHURCH
Pastor: Walter H. Isank
878-2298
We welcome you to meet with us at:
407 Pine Street
Next to Milton Library
10:00 a.m. — Sunday School
11:00 a.m. — Morning Worship
6:30 p.m. — Evening Service
Thursday 7:00 p.m. — Bible Study
Nursery and interpretation for the hearing impaired provided for all services.
"The Church That Cares For You!"

THE PRESBYTERIAN CHURCH IN CANADA
KNOX, MILTON
170 Main St., E. 878-6066
Minister — The Rev. Noble Dean
Diocesan Minister — Miss Terrie-Lee Hamilton
SUNDAY, JULY 15, 1990
10:00 a.m. — Morning Worship
— Church School (Ages 4-7)
— Nursery (Infants up to 3 years)
"All Welcome"
Please call 878-6066 to arrange for Wheelchair Access

GRACE ANGLICAN CHURCH
317 Main St., Milton, Ont.
878-2411
8:00 a.m. — Holy Eucharist
10:30 a.m. — Holy Eucharist

SALVATION ARMY MILTON
All church services held in Royal Canadian Legion Hall - Charles Street
Services held every Sunday at 7:00 p.m.

ST. PAUL'S UNITED CHURCH
123 Main St. at James
878-8895
Rev. Robert Hyde
Rev. Elaine Longland
SUNDAY, JULY 15, 1990
10:30 a.m. Worship Service
Sermon Title: "Petty Crimes and Misdemeanours"
Lessons: Exodus 2: 11-22
Psalm 69: 6-15
Matthew 13: 1-9, 18-23
Nursery up to 2 years
Supervised care for older children available
Sanctuary wheel chair accessible

WHO IN HELL CARES?
No one.
But God in Heaven cares Very Much
Think about it.
OMAGH CHURCH OF CHRIST (Milton)
1412 Britannia Rd. (at 4th Line)
875-3345
Bible Study — 9:45 a.m.
Worship — 11:00 a.m.
"Where the Bible is preached"

BAHA'I FAITH
P.O. BOX 13
MILTON, L9T 2Y3
878-3098
"If any differences arise amongst you, behold Me standing before your face, and overlook the faults of one another for My name's sake..."
Thurs. July 12 FIRESIDE—friendly, informal introductory
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Call for details
International Youth Conference
Ottawa — Carlton University
July 27-29 Ages 15-29 years
Theme: Environment of Peace