

"I can't believe I ate all of the Nutri/System food and still lost 63 lbs.! I've never felt better about myself and keeping it off is easy!"



*"I've never been able to stay on a diet longer than 6 weeks, but I must say I'm a little bit sad at having to cut down on my Nutri/System food. I've never felt so healthy as I do now after learning new eating behaviours."*

*Sandy Cheevers*



Our comprehensive weight loss program will help over ONE MILLION clients this year.

It includes:

- Safe, easy and permanent weight loss
- Professional supervision
- No calorie counting
- No gimmicks

\*OVER 1600 CENTRES WORLDWIDE\* ®

**nutri/system**  
weight loss centres

*Milton client,  
Sandy Cheevers  
lost  
63 lbs.*

**3 Weeks for \$49<sup>00</sup>\***

CALL TODAY FOR A FREE NO-OBLIGATION CONSULTATION

**878-4117**

465 Main St.E., Milton – Across from Milton Mall

\* Does not include cost of exclusive NutriSystem food. Offer valid at participating centres. New clients only.