

A&P When The Stars Come Up, Prices Come Down!

Reach For The Stars And Save!



You could WIN a trip for two to Toronto Baseball '91 Spring Training in Florida compliments of A&P

Monday & Tuesday Only

<p>WITH THIS COUPON VALID UNTIL TUESDAY</p> <p>AP SAVE</p> <p>GRADE "A" Large Size Eggs DOZEN</p> <p>.77</p> <p>LIMIT: 1 dozen per coupon. Offer valid Monday & Tuesday June 11th & 12th, 1990. (Pay regular price without coupon.) S.C. #620</p>	<p>WITH THIS COUPON VALID UNTIL TUESDAY</p> <p>AP SAVE</p> <p>GRADE "A" Large Size Eggs DOZEN</p> <p>.77</p> <p>LIMIT: 1 dozen per coupon. Offer valid Monday & Tuesday June 11th & 12th, 1990. (Pay regular price without coupon.) S.C. #620</p>
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<p>TOWELS CHAMPION® by STEVENS</p> <p>DOUBLE STAMPS MONDAY & TUESDAY</p> <p>Start saving your FREE stamps now! You'll receive two saver stamps with each \$10.00 purchase you make Monday & Tuesday. Twenty saver stamps fill a saver book. Then redeem it and start another book to get more first quality towels.</p>	<p>EXTRA LARGE Bath Towels 30" x 24"</p> <p>6.99</p> <p>WITH ONE FILLED STAMP SAVER BOOK. Everyday low retail without saver stamps is only \$9.99 each.</p>
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Monday thru Saturday

<p>WITH THIS COUPON</p> <p>AP SAVE \$1.11</p> <p>SELECTED FLAVOURS, ROYAL CROWN COLA OR Yukon Club Beverages</p> <p>case of 24 - 250 ml. size (Unit cost 5.9¢ per 100 ml.)</p> <p>3.88</p> <p>LIMIT: 1 case per coupon. Offer valid thru June 16th, 1990. (Feature price without coupon 4.99) S.C. #624</p>	<p>SELECTED VARIETIES, ROYAL CROWN COLA OR Yukon Club Beverages</p> <p>750 ml. BOTTLE (Unit cost 5.9¢ per 100 ml.)</p> <p>2 / .89</p> <p>PLUS 40¢ PER BOTTLE DEPOSIT</p>
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<p>SELECTED FLAVOURS</p> <p>Good Humor Ice Cream</p> <p>2 LITRE CARTON</p> <p>1.29</p> <p>LIMIT: 3 CARTONS PER FAMILY PURCHASE</p>	<p>WITH THIS COUPON</p> <p>AP SAVE 30¢</p> <p>WHOLE BEAN Bokar Bean Coffee</p> <p>300 g. bag</p> <p>1.69</p> <p>LIMIT: 1 bag per coupon. Offer valid thru June 16th, 1990. (Feature price without coupon 1.99) S.C. #621</p>
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<p>WITH THIS COUPON</p> <p>AP SAVE \$1.11</p> <p>WHITE Cashmere Bathroom Tissue</p> <p>pkg of 8 rolls</p> <p>1.88</p> <p>LIMIT: 1 pkg per coupon. Offer valid thru June 16th, 1990. (Feature price without coupon 2.99) S.C. #625</p>	<p>JANE PARKER</p> <p>Fibre Bread</p> <p>675 g. LOAF</p> <p>.59</p> <p>LIMIT: 4 LOAVES PER FAMILY PURCHASE</p>
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<p>Unico Sunflower Oil</p> <p>3 LITRE JUG</p> <p>3.97</p> <p>LIMIT: 2 JUGS PER FAMILY PURCHASE</p>	<p>SELECTED VARIETIES INCLUDING DRINKS</p> <p>Allen's Apple Juice</p> <p>3 - 250 ml. TETRA PAK</p> <p>.99</p> <p>LIMIT: 2 PKGS PER FAMILY PURCHASE</p>
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<p>FRESH, GRADE "A", Eviscerated, 4-4 1/2 AVERAGE</p> <p>Roasting Chickens</p> <p>3.37/kg</p> <p>1.69</p> <p>JUMBO SIZE lb</p>	<p>PRODUCT OF CALIFORNIA, NO. 1</p> <p>Sweet Juicy Peaches</p> <p>2.18/kg</p> <p>.99</p> <p>lb</p>
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AP COMMITTEE FOR FAIR SHOPPING When it comes to Sunday Shopping the real issue is Fairness. And your Right to Choose.

PRICES EFFECTIVE THRU SATURDAY, JUNE 16TH, 1990, EXCEPT WHERE INDICATED

A&P

WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO NORMAL FAMILY REQUIREMENTS. SAVINGS SHOWN IN THIS AD BASED ON CURRENT METROPOLITAN TORONTO A&P RETAIL.

A&P FOOD STORES

Portraits of nature's panorama

This week's selection of books from the Milton Public Library demanded that I, go beyond their jackets and discover the wonders within. They are the grown-ups' answer to children's picture books.

Rather than repeat myself, I'll tell you right now that the photographs in all of these books are beautiful, fascinating, exciting, amazing. But I won't go on. You get the idea.

Unless you are an avid scuba diver, you are not likely to plunge into the depths of the one, continuous interlocking sea that floods seven-tenths of our planet. The National Geographic Society's *The Ocean Realm* takes you around the world — or rather under the world — to the mountains, valleys, plains and forests. Earth's ocean wilderness is something to behold.

Six hundred miles off the coast of Ecuador lie the Galapagos Islands. First made famous by Darwin's exploration in 1835, David W. Steadman and Steven Zousmer take us in *Galapagos* on a modern voyage of discovery. Steadman's artist brother,

Bookmark
with ESTHER CALDWELL

Lee, accompanied them to study the wildlife, the result of which is the first field guide to the Galapagos with 51 watercolour plates.

Lee Steadman's first impression of the Galapagos was "an unqualified jolt", he says. Expecting a little "tropical enchantment", he found instead an "unrelieved vista of charred volcanic rock".

Whenever I think of China, I visualize a country seething with humanity, with not a bit of land to spare. How wrong I was.

Chinese journalist and naturalist Tang Xiyang reveals to us the *Living Treasures* he found in China's nature reserves, of which there are more than 300, stretching over hundreds of thousands of acres in five different climatic zones. The People's

Republic of China made a long-term commitment 30 years ago to establish these reserves to protect rare plant and animal species and unusual geological sites.

Sir David Attenborough considers the Mediterranean area *The First Eden*. Initially, Sir David saw the book as a natural history, but as the project evolved, more and more archeology and history crept in as the author attempted to describe how our attitude to the natural world, and our treatment of it, has changed over the centuries and has produced the living communities we see today.

"Great God! This is an awful place". Those were the words of Captain Robert Scott. This observation, no doubt echoed by so many other explorers, did not in any way discourage a few thousand men from undertaking some 300 hazardous expeditions to Antarctica.

Antarctica, published by Reader's Digest, tells the many stories of the victories and heartaches that accompanied the explorers to this vast continent.

parkshore
Homes



THE WORD IS SPREADING!
Unquestionable value and distinctive quality and design speak for themselves at Riverwalk in Carlisle. This weekend view two unique and strikingly different residences.

WHAT AN INCREDIBLE OPPORTUNITY!
Grasp it now and move into this stunning, 3,750 sq. ft., Californian-style residence as soon as you lie. There will never be a better time for a chance like this! Offered at \$689,000 with terms.

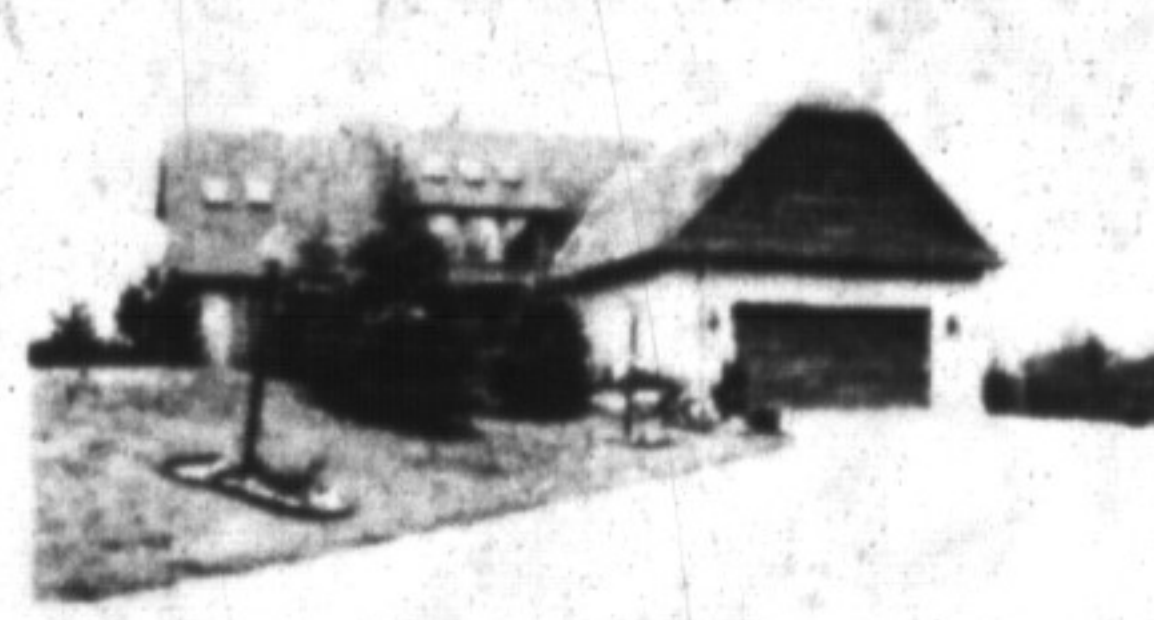
AT LAST - THE AFFORDABLE DREAM!
2,300 sq. ft. of delightful, one-floor elegance, offering practical space and charming layout. You won't believe the price - \$395,000 with terms.

PARKSHORE SALES OFFICE OPEN SAT., SUN., WED. 1-5 P.M.

(North on Hwy. 6, east on Carlisle Road or west on Hwy. 5, north on Cedar Springs, west on Kilbride Street.)



LAURA ASHLEY WOULD BE HAPPY HERE!
Gleaming, warm and overflowing with a cosy, country ambience, this beautiful, 2 yr. old, Victorian-style residence, boasts almost an acre of property and every luxury feature. Excellent Carlisle value in the \$400s call for information.



OVERLOOKING THE GOLF COURSE IN ANCASTER
Dramatic contemporary residence by Parkshore surrounded by parklands; on private fenced half-acre w/inground pool, hot tub, sauna, 3-1/2 baths, two fireplaces, ten skylights, oak, ceramics, plus, plus, plus! Wonderful value at \$679,900. Call LYNN WALKER, Sales Rep. 549-9101 or 648-4451.

FOR INFORMATION CALL LYNN WALKER OR JACQUIE TEMPLETON, REPRESENTATIVES OF R. KRONAS REAL ESTATE, REALTOR 549-9101/333-4744