

# Town's Roy Main reads for self improvement

Most of the time, Roy Main seeks out books that pertain to personal growth and self-help.

One of his favourite authors is lecturer Dennis Waitley.

"I've given Waitley's tapes to all of the department heads," said Mr. Main, the Town of Milton's administrator.

He has read Waitley's latest — *Being the Best*.

"About 40 per cent of the book was a repeat of his other books, but that's okay because it refreshes my memory."

*Deeds of Greatness* was another of Waitley's books that he mentioned.

What is Waitley's message, I asked Mr. Main?

## Who's Reading What? with ESTHER CALDWELL

"I guess it would have to be 'if you're good to yourself you don't have to succeed through stepping on others.'"

He has also read Napoleon Hill's *Think and Grow Rich*.

"And when he says 'rich', Hill means rich in all ways," added Mr. Main.

"I frequently refer to a series of books by David J. Schwartz. They all

have 'magic' in the title." (Mr. Main got back to me later with the names: *The Magic of Thinking Big*, *The Magic of Self-Direction* and *The Magic of Getting What You Want*.)

"I recently re-read *Reinventing the Corporation* by John Naisbitt. Even though it was written several years ago, it is still timely. Naisbitt talks about missions and visions that corporations should have. They should be consumer-oriented rather than product-oriented. He talks about how to inspire staff too."

Another book Mr. Main has read for a second time is Gail Sheehy's *Passages*.

"It's a great book. It's about self-evolution through different periods of time in a person's life."

A magazine that Mr. Main highly recommends is *Success*, a publication for executives.

"I get a lot of practical advice from *Success*."

A golfer and tennis player, Mr. Main reads two magazines related to those sports — *Tennis* and *Golf Digest*.

Right now he is in the middle of two books: *Strategic Planning for Public and Non-Profit Organizations* by John Byson and *Watership Down* by Richard Adams.

"I really strayed from my norm with that one. I'd heard about *Watership Down*, then last December when I saw it in a used book sale, I scooped it up. It's got a lot of meaning in it."

## Beauty pageant coming

The Heart and Stroke Foundation together with Carolyn's Modelling Agency will present the Mrs. Mississauga Halton-Peel Region Pageant and Fashion Show at the Meadowvale Theatre.

The event takes place May 30 and begins at 8 p.m.

The entry deadline is April 15. Those wishing to enter, or to sponsor the event, can obtain more information by calling 949-0244.

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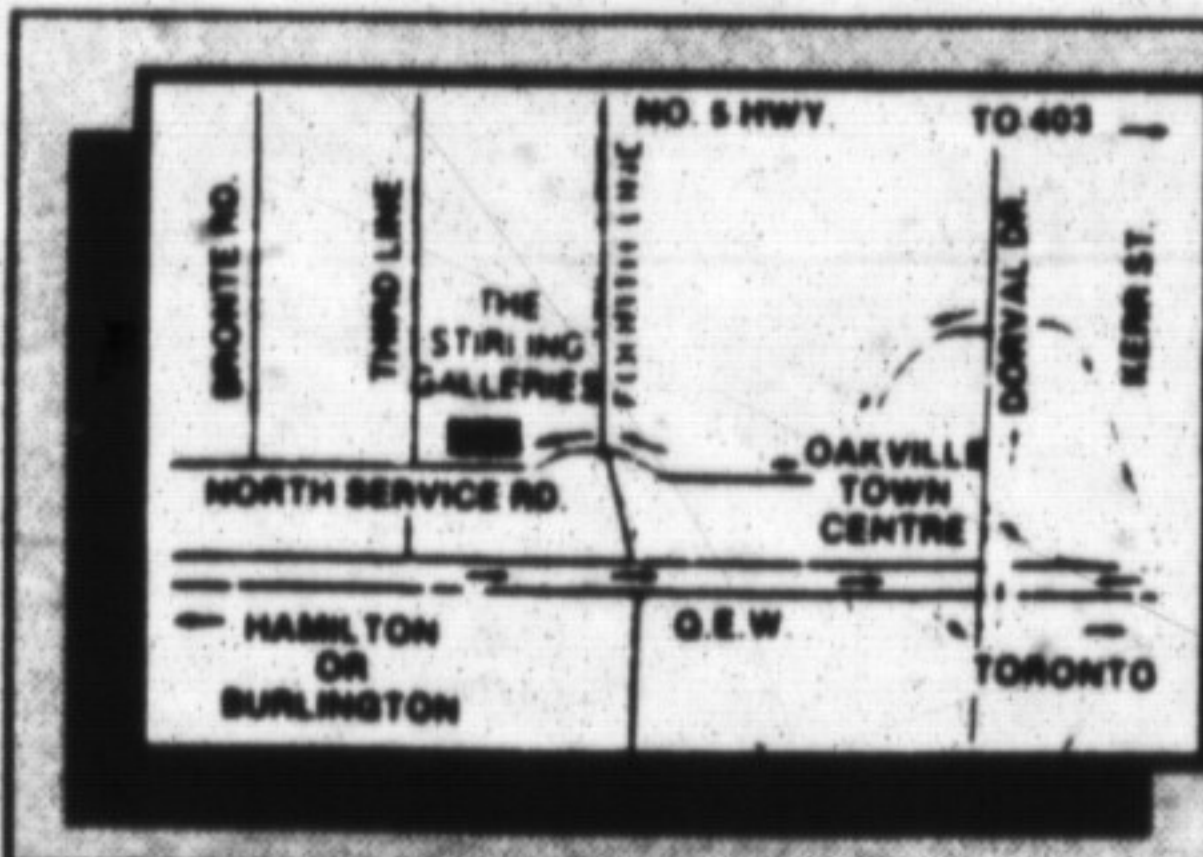
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