

Drury's Stevenson places seventh at OFSSA wrestling

E.C. Drury's John Stevenson led Milton wrestlers at the provincial high school championships last week at the University of Windsor with a seventh place finish.

Stevenson came up with his best effort of the season to become only the fifth Drury wrestler to ever crack the top eight at the Ontario Federation of Schools Athletic Association championships.

After an impressive rookie season last year, Stevenson struggled at times this year in his new weight class (90 lb.) but put it together at OFSSA as he fell just short of the final round.

Advancing to round two with an opening bye, Stevenson won a solid victory over Sarnia's Chris Beda. In the quarterfinals he lost a close 5-3 decision to Stuart Mungham of Chinguacousy to send him into the consolation round.

Stevenson rebounded with a win over Rob Sheddon of St. Catharines before being eliminated by Brad Lister of Amherst Secondary School. Mungham went on to win the bronze while Lister placed fourth overall.

For the other Milton wrestlers, all attending their first OFSSA meet, the tournament turned

out to be a valuable learning experience as only E.C. Drury's Chris Spence found the winners' circle.

Bishop Reding's Tat Zanatta bowed out in round two with a shoulder injury as did E.C. Drury's Brent Pickett. Pickett had the misfortune of getting a tough draw in the 84-pound division.

Spence went 1-2 in his matches, with one of his losses coming against eventual silver medalist Trevor Hogg of St. Jeromes.

Overall, Halton and the Golden Horseshoe Athletic Association finished high in the stand-

ings as GHAC placed in the top five associations, with Hamilton's Bishop Ryan taking the overall team title. Oakville's White Oaks also placed in the top 10 in team standings, with Shawn Stipich becoming Halton's first OFSSA champ since Georgetown's Tim Dixon in the mid-1980s.

Former Sam Sherratt wrestler Sandeep Sharma, now at J.A. Turner in Brampton, won his second OFSSA title. Former Drury wrestlers Steve Dodd, now in Ottawa and Marcus Henry, now in Scarborough, also qualified out of their districts but did not place provincially.

15—The Canadian Champion, Wednesday, March 14, 1990

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THE RACER'S EDGE



A local rink has qualified for the Ontario Ladies Intermediate Curling Championship in Gananoque Mar. 22-25. Noreen Hurren (left), Jennifer Harmark, Hazel Stewart and skip Marian Whalen won the southern Ontario crown after first winning the Zone Nine Championship, which qualified them for Region Three play. The rink's victory at the Region Three Championship advanced them to the southern Ontario finals.

Wins southern Ontario

Ladies' curling team advances to Ontario intermediate finals

A rink out of the Milton Curling Club has advanced through local and regional competition to the Ontario Intermediate Ladies Championship in Gananoque beginning March 22.

The rink consists of skip Marian Whalen, vice Hazel Stewart, second Jennifer Harmark and lead Noreen Hurren. They initially advanced from the Milton club to zone nine competition, which includes rinks from Orangeville, Brampton, Burlington and Chinguacousy.

After winning the zone nine, Milton advanced to the Region Three Championship in Burlington. Region Three includes rinks from west Toronto, Guelph and Brantford. The seven rinks involved played a round-robin format with each entrant facing all other teams to determine playoff berths.

The Milton rink won Region Three, which qualified them to advance to the southern Ontario Championship in Ilderton. The first three finishers advance to the Ontario finals. Again the format was a round-robin for all eight rinks involved.

Milton finished first, Oshawa second and Penetanguishene third. "We were just tickled to get that far," said vice Hazel Stewart. "We knew once we reached the finals that we were going to the Ontario finals so there was no pressure. It's just a nice feeling to do this well."

The Ontario finals in Gananoque will have the top ladies intermediate rinks from all across the province in another round robin arrangement.

Only one other Milton rink has gone as far in championship play. The senior ladies rink of

skip Ruby Childs, vice Grace Duncan, second Jean McDuffe and lead Merne Childs won the southern Ontario championship in 1979.

Summer sports school at Appleby College

Oakville's Appleby College will run its Summer Sports program from late July until the end of August.

The program consists of three separate schools; an in-depth tennis camp for beginners or advanced players, a hockey school and a more generalized "Exploring the Sports" program including swimming, softball, volleyball, soccer and co-operative games.

Organized by David Jenner, Appleby's director of athletics in the junior school, the week-long sessions are aimed at boys and girls from 7-16 years of age who are interested in a fun-filled way to learn more about their favourite sports.

Parents are free to choose one or more weeks of each school and each subsequent choice is subject to a reduced rate. The fee for one week is \$139 and for each successive week an additional \$100. Those interested in information or registration can call David Jenner at 845-4681.

Triathlon seminars to help athletes prepare for meets

Royal LePage is launching a series of triathlon training seminars to increase awareness of the sport.

The real estate company sponsors a summer triathlon circuit throughout southern Ontario, including a stop at Milton's Kelso Conservation Area.

There will be 10 seminars across Ontario to provide basic information for people who have never entered a triathlon, as well as briefings on state of the art techniques for those more experienced.

A seminar will be held at the University of Guelph on March 21 at 7 p.m. More information is available by phoning Mike Salisbury at (519) 836-1353.

Toronto seminars will be held on March 12 at the Bloor Valley Fitness Center (information line: 961-4695), at The Fitness Institute in Willowdale on March 19 (491-5830), at Seneca College on March 31 (833-3333), and at the downtown YMCA on April 8 (921-5171).

"We've found that there are many people who would like to complete a triathlon, but have the misconception that they have to finish

the grueling Hawaii Ironman (2.4 mile swim, 112 mile bike, and 26.2 mile run)," says Bob Benson, public relations manager for Royal LePage.

"The seminars will show that with proper training and instruction most reasonably fit people can complete the popular sprint triathlons (75 km swim, 20 km bike and 5 km run)."

Topics covered will include an audio-visual introduction to the triathlon, physiology, nutrition and the development of scientifically based training programs.

The seminars will be conducted by Barrie Shepley and Kevin Mackinnon. Shepley has been coaching nationally ranked triathletes for five years and Mackinnon has completed three Ironman events, with a personal best of 9:20:34.

The seminars are free to any members of the sponsoring clubs. Admission for others is \$10 and \$5 for students. The Seneca College seminar is a day long event with individual analysis of swimming, cycling, and running techniques. The cost is \$50 and information can be obtained by calling 529-9345.

Club shows well

Maratovich swims personal bests at Ancaster masters competition

The Milton Masters Swim Club showed strongly at an Ancaster competition on the weekend which attracted 28 clubs from the United States and Canada.

Noreen Bush-Culver placed second in the 50 metre breaststroke, took third in the 400 freestyle and fifth in the 50 freestyle.

Harry Barnes earned a second in the 100 freestyle, a third in the 50 breaststroke, a second in the 100 breaststroke and a second in the 50 freestyle.

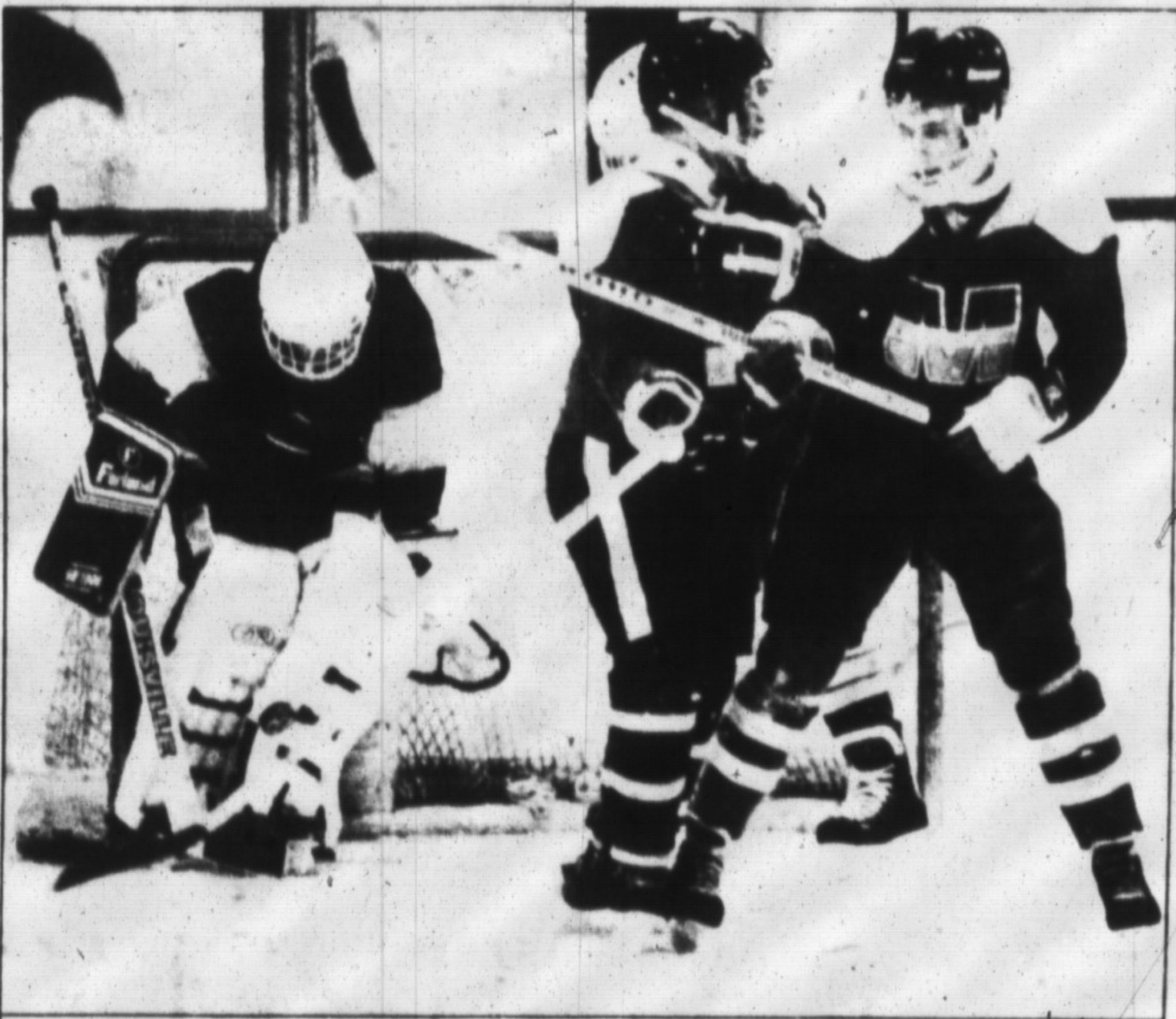
Courtney Warner managed a fourth in the 100 freestyle, a second in the 50 breaststroke, a second in the 100 breaststroke and a fifth in the

50 freestyle.

Vic Maratovich set personal bests for each event he entered, collecting a third in the 50 breaststroke, a third in 50 fly, a first in the 100 breaststroke and a second in the 50 freestyle.

Carol Roselle took a fourth in the 100 freestyle, a second in the 50 breaststroke, a first in the 50 backstroke and a fourth in the 50 freestyle.

Frank Scanlon finished second in the 50 breaststroke and added a third in the 50 fly, another third in the 100 breaststroke, a fourth in the 50 backstroke and a first in the 50 freestyle.



Excuse me

Photo by JON BLACKER

The fourth annual Karmax House League Tournament is underway. Teams were playing even before the official opening date last Friday. Action was the name of the game in the bantam contest between Stella Parton Realty and Halton Community Credit Union. The championship games for the various divisions begin Saturday at 1 p.m. at the John Tonelli Sports Centre on Laurier Avenue.