

# IGA BEEF ROUNDUP

<p><b>IGA</b> 60 Coupon Value</p> <p>REGULAR PRICE .43</p> <p><b>6/198</b></p> <p>Campbell's Tomato Soup</p> <p>10-OZ. TIN</p> <p>PLU 2159 5-83211-10455</p>	<p>Save 1.10</p> <p>WHITE ONLY</p> <p><b>White Swan Bathroom Tissue</b></p> <p><b>2.99</b></p> <p>8-ROLL PKG.</p>	<p>1/2 price</p> <p>FROZEN</p> <p><b>Minute Maid Orange Juice</b></p> <p>ASSORTED VARIETIES</p> <p><b>.99</b></p> <p>12.5-FL. OZ. TIN</p>	<p>Save 50</p> <p>FROZEN</p> <p><b>Five Alive Citrus Beverage</b></p> <p>ASSORTED VARIETIES</p> <p><b>.99</b></p> <p>355 mL TIN</p>	<p><b>Best Buys This Week</b></p> <p>Save 1.20</p> <p><b>Gold Seal Red Sockeye Salmon</b></p> <p><b>2.79</b></p> <p>7.5-OZ. TIN</p> <p>LIMIT: 2 TINS PER FAMILY PURCHASE</p>
<p><b>IGA</b> 30 Coupon Value</p> <p>REGULAR PRICE 1.29</p> <p><b>.99</b></p> <p>Cordon Bleu Stews</p> <p>680 g TIN</p> <p>PLU 2160 5-8300927</p>	<p>Save 50</p> <p><b>White Swan Facial Tissue</b></p> <p>ASSORTED COLORS</p> <p><b>.79</b></p> <p>BOX OF 150</p>	<p>Save 1.20</p> <p>ASSORTED VARIETIES</p> <p><b>Colonial Cookies</b></p> <p><b>1.79</b></p> <p>CASH for KIDS</p> <p>400 g BAG</p>	<p>1/2 price</p> <p>FROZEN</p> <p><b>Cavendish French Fries</b></p> <p>COUNTRY, STRAIGHT, SHOESTRING OR CRINKLE</p> <p><b>.99</b></p> <p>1 kg POLY BAG</p>	<p><b>IGA</b> 1.25 Coupon Value</p> <p>CASE OF 9 x 3 x 250 mL TETRA BOXES</p> <p>ASSORTED FLAVORS</p> <p>Feature price without coupon <b>8.24</b></p> <p><b>Allen's Fruit Juices or Granny Smith Apple Juice</b></p> <p><b>.99</b></p> <p>OR 3 x 250 mL TETRA BOXES</p> <p>PLU 2161 5-56432-10016</p>
<p>ASSORTED VARIETIES REGULAR OR DIET MINUTE MAID OR A&amp;W</p> <p><b>Schweppes Soft Drinks</b></p> <p>OR CAFFEINE FREE DIET COKE COCA-COLA CLASSIC OR REGULAR OR DIET</p> <p>750 mL PET BTL PLUS 40 DEP PER BTL</p> <p><b>.49</b></p> <p>Coke or Sprite</p>	<p><b>Green Giant Vegetables</b></p> <p>ASSORTED VARIETIES</p> <p>14 OZ TIN</p> <p><b>.79</b></p>	<p>POWDERED</p> <p><b>Cheer Laundry Detergent</b></p> <p>16 L BOX</p> <p><b>6.99</b></p>	<p>PROCESS CHEESE FOOD VELVETA OR REGULAR 16 SLICE PACKS ONLY</p> <p><b>Kraft Singles</b></p> <p>CASH for KIDS</p> <p>500 g PKG</p> <p><b>2.99</b></p>	<p>ASSORTED VARIETIES</p> <p><b>Gay Lea Swiss Style Yogurt</b></p> <p><b>4.99</b></p> <p>SLEEVE OF 12 x 175 g CUPS</p> <p>OR 175 g CUP</p>
<p>ASSORTED VARIETIES REGULAR OR DIET MINUTE MAID OR A&amp;W</p> <p><b>Schweppes Soft Drinks</b></p> <p>OR CAFFEINE FREE DIET COKE COCA-COLA CLASSIC OR REGULAR OR DIET</p> <p>750 mL PET BTL PLUS 40 DEP PER BTL</p> <p><b>6.99</b></p> <p>Coke or Sprite</p>	<p>ASSORTED VARIETIES</p> <p><b>Clark Baked Beans</b></p> <p>14 OZ TIN</p> <p><b>.79</b></p>	<p>MACARONI &amp; CHEESE</p> <p><b>Catelli Dinner</b></p> <p>225 g PKG</p> <p><b>3.99</b></p>	<p>ASSORTED FLAVORS</p> <p><b>Sealtest All Natural Ice Cream</b></p> <p>2 L PLAST TUB</p> <p><b>3.99</b></p>	<p>ORANGE PEKOE</p> <p><b>Red Rose Tea Bags</b></p> <p>BOX OF 72</p> <p><b>2.99</b></p>

<p><b>Deli</b> AVAILABLE IN MOST STORES</p> <p>Save 2.22 lb</p> <p>BITTNER'S <b>Roast Beef</b></p> <p><b>4.99</b> lb</p> <p>1.10 100 g</p>	<p>Save 90 pkg</p> <p>BURNS SLICED</p> <p><b>Side Bacon</b></p> <p><b>2.29</b></p> <p>500 g PKG</p>	<p>Save 1.80 lb</p> <p>CUT FROM CANADA GRADE A BEEF, BONELESS OUTSIDE CUT</p> <p><b>Round Roasts</b></p> <p><b>2.89</b> lb</p> <p>6.37 kg</p>	<p>Save 1.78 lb</p> <p>CUT FROM CANADA GRADE A BEEF</p> <p><b>Round Steaks</b></p> <p><b>2.99</b> lb</p> <p>6.59 kg</p> <p>BONELESS FULL OR OUTSIDE CUT</p>	<p>Save 3.00 lb</p> <p>CUT FROM CANADA GRADE A BEEF</p> <p><b>T-Bone Steaks</b></p> <p><b>3.99</b> lb</p> <p>8.80 kg</p> <p>TAIL REMOVED</p>
<p>Save 73 lb</p> <p>BURNS COIL</p> <p><b>Polish Sausage</b></p> <p><b>1.99</b> lb</p> <p>.44 100 g</p>	<p>Save 1.50 lb</p> <p>Fresh!</p> <p><b>Pork Tenderloin</b></p> <p><b>5.49</b> lb</p> <p>12.10 kg</p>	<p>Save 2.30 lb</p> <p>CUT FROM CANADA GRADE A BEEF</p> <p><b>Sirloin Steaks</b></p> <p><b>3.69</b> lb</p> <p>8.13 kg</p>	<p>Save 90 pkg</p> <p>BURNS, REGULAR OR BBQ</p> <p><b>Wieners</b></p> <p><b>1.49</b></p> <p>450 g PKG</p>	<p>Save 1.40 lb</p> <p>BURNS</p> <p><b>Boneless Vintage Hams</b></p> <p><b>3.49</b> lb</p> <p>7.69 kg</p> <p>COOKED, SMOKED, VACUUM PACKED</p>

<p><b>Bakery</b> AVAILABLE IN MOST STORES</p> <p>Save 20</p> <p><b>Whole Wheat Bread</b></p> <p><b>.79</b></p> <p>450 g</p>	<p>Save 1.00 lb</p> <p>PRODUCT OF ONTARIO</p> <p><b>Mushrooms</b></p> <p><b>.99</b></p> <p>227 g 8-OZ PKG</p>	<p>Save 1.50 lb</p> <p>PRODUCT OF CHILE, NO. 1 GRADE</p> <p><b>Red or Green Seedless Grapes</b></p> <p><b>.99</b> lb</p> <p>2.18 kg</p>
<p>Save 40</p> <p>Oat Bran Muffins</p> <p>6 PKG OF</p> <p><b>2.29</b></p>	<p>Save 50 lb</p> <p>PRODUCT OF U.S.A.</p> <p><b>Green Onions or Radishes</b></p> <p><b>3.99</b></p> <p>170 g 6-OZ PKG</p>	<p>Save 50 lb</p> <p>PRODUCT OF MEXICO</p> <p><b>Brussels Sprouts</b></p> <p><b>.99</b> lb</p> <p>2.18 kg</p>
<p>Save 30</p> <p>Chocolate Chip Cookies</p> <p>10 PKG OF</p> <p><b>1.99</b></p>	<p>Save 30 lb</p> <p>PRODUCT OF U.S.A., FANCY GRADE</p> <p><b>Anjou Pears</b></p> <p><b>.99</b> lb</p> <p>2.18 kg</p>	

**YOU COULD WIN "YOUR WEIGHT IN T-BONE STEAKS"**

• 200-LBS MAXIMUM • ONE PRIZE AMONG ALL STORES • SEE STORE FOR COMPLETE DETAILS • COURTESY OF IGA

**at IGA We Really Care**

INVITES YOU TO HELP DO YOUR PART BY RE-USING YOUR SHOPPING BAGS

**IGA REDUCE WASTE**

3¢ CREDIT FOR EACH BAG RE-USED

PRICES EFFECTIVE FROM MON., FEB. 12 TO SAT., FEB. 17, 1990. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. ALL SAVINGS ARE BASED ON OUR REGULAR PRICES.

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