

# IGA Quality and Value Always

<p>CAFFEINE FREE DIET COKE, COKE CLASSIC OR REGULAR OR DIET</p> <p><b>Coke or Sprite</b></p> <p>750 mL RET. BTL PLUS 40 DEP. PER BTL.</p> <p><b>49</b></p> <p>CASE OF 24 x 280 mL TINS</p> <p><b>5.99</b></p> <p>UNIT COST 8.94 PER 100 mL</p>	<p>ASSORTED COLORS, FACELLE, FLORELLE, 2 PLY</p> <p><b>Royale Facial Tissue</b></p> <p>BOX OF 100 OR 200</p> <p><b>.99</b></p> <p>SAVE 50</p>	<p><b>Duncan Hines Deluxe Layer Cake Mixes</b></p> <p>ASSORTED VARIETIES</p> <p>500 g PKG.</p> <p><b>.99</b></p> <p>SAVE 70</p>	<p><b>Best Buys This Week</b></p> <p>OCEAN'S, CHUNK LIGHT TUNA IN WATER OR</p> <p><b>North Pacific Pink Salmon</b></p> <p>184 - 213 g TIN</p> <p><b>.99</b></p> <p>1/2 price</p>
<p>ASSORTED FLAVORS, DRINK 'N' BOXES</p> <p><b>McCain Juices or Drinks</b></p> <p>3 x 250 mL TETRA BOXES OR CASE OF 9 x 3 x 250 mL TETRA BOXES</p> <p><b>8.79</b></p> <p>SAVE 80</p>	<p>ASSORTED FLAVORS, DRINK 'N' BOXES</p> <p><b>McCain Family Size Juices</b></p> <p>ORANGE, GRAPE OR APPLE</p> <p>1 L TETRA PACK</p> <p><b>.99</b></p> <p>SAVE 30</p>	<p>ALL PURPOSE</p> <p><b>Robin Hood Flour</b></p> <p>10 kg BAG</p> <p><b>7.99</b></p> <p>SAVE 550</p>	<p>EXTRA SMOOTH OR CRUNCHY</p> <p><b>Squirrel Peanut Butter</b></p> <p>750 g JAR</p> <p><b>1.99</b></p> <p>50 IGA coupon value</p>
<p>PROCESS CHEESE FOOD, REGULAR OR MOZZARELLA, 24 SLICE PACKS</p> <p><b>Schnaiders Single Slices</b></p> <p>500 g PKG.</p> <p><b>2.99</b></p>	<p>FROZEN, MICROWAVEABLE TURKEY BEEF OR CHICKEN</p> <p><b>Swanson Pot Pies</b></p> <p>200 g PKG.</p> <p><b>3/1.99</b></p>	<p>ASSORTED VARIETIES</p> <p><b>Green Giant Fancy Vegetables</b></p> <p>12 14-OZ TINS</p> <p><b>.79</b></p>	<p>ASSORTED VARIETIES</p> <p><b>Clark Baked Beans</b></p> <p>14-OZ TIN</p> <p><b>.79</b></p>
<p>ASSORTED VARIETIES OF REGULAR OR DIET</p> <p><b>Sealtest Light 'N' Lively Yogurt</b></p> <p>175 g CUP</p> <p><b>.59</b></p>	<p>FROZEN, CHILLED GREEN BEAN, BEAN &amp; SPRINGS, WHOLE KERNEL, CORN, BEAN, VEGETABLES, PEAS OR PEA &amp; CARROTS</p> <p><b>Fraser Vale Vegetables</b></p> <p>1 kg POLY BAG</p> <p><b>1.99</b></p>	<p>PACKED IN ITS OWN JUICE, ASSORTED CUTS</p> <p><b>Palanda Pineapple</b></p> <p>19-OZ TIN</p> <p><b>.59</b></p>	<p>25% BONUS</p> <p><b>Hainz Ketchup</b></p> <p>125 mL SQUEEZE BTL</p> <p><b>2.99</b></p>
<p>1 LB</p> <p><b>Chofmaster Soft Margarine</b></p> <p><b>.59</b></p>	<p>POWDERED</p> <p><b>ABC Laundry Detergent</b></p> <p>10 L BOX</p> <p><b>5.99</b></p>	<p>LIQUID</p> <p><b>Three Star Fabric Softener</b></p> <p>3.8 L JUG</p> <p><b>1.99</b></p>	<p>450 g BOX</p> <p><b>Nabisco Shredded Wheat</b></p> <p><b>2.29</b></p>

<p>AVAILABLE IN MOST STORES</p> <p><b>Deli</b></p> <p>MAPLE LEAF <b>Honey Ham</b></p> <p>399</p> <p>88 100 g</p> <p>SAVE 2.04 lb</p>	<p>CANADA GRADE A 3-LB. AVG.</p> <p><b>Fresh! Chickens</b></p> <p>2.62 kg</p> <p><b>1.19</b></p> <p>SAVE 89 lb</p>	<p><b>Meat</b></p> <p><b>Fresh! Chicken Leg Quarters</b></p> <p>1.74 kg</p> <p><b>.79</b></p> <p>LIMIT 10 LBS PER FAMILY PURCHASE</p> <p>LESS THAN 1/2 PRICE</p>	<p>PROVIMI</p> <p><b>Fresh! Veal Shoulder Chops</b></p> <p>6.59 kg</p> <p><b>2.99</b></p> <p>SAVE 2.20 lb</p>	<p>HIB END</p> <p><b>Fresh! Boneless Pork Loin Roasts</b></p> <p>8.80 kg</p> <p><b>3.99</b></p> <p>SAVE 40 lb</p>
<p>MAPLE LEAF <b>Italian Style Roast Beef</b></p> <p>154 100 g</p> <p><b>6.99</b></p> <p>SAVE 1.08 lb</p>	<p>MAPLE LEAF <b>Wieners</b></p> <p>450 g PKG.</p> <p><b>1.69</b></p> <p>SAVE 1.30 pkg</p>	<p>SLICED</p> <p><b>Maple Leaf Side Bacon</b></p> <p>500 g PKG.</p> <p><b>1.99</b></p> <p>SAVE 1.90 pkg</p>	<p>MAPLE LEAF <b>Boneless Cottage Rolls</b></p> <p>SWEET PICKLED, VACUUM PACKED</p> <p>5.49 kg</p> <p><b>2.49</b></p> <p>SAVE 1.20 lb</p>	<p>MAPLE LEAF COOKED SMOKED <b>Country Kitchen Boneless Hams</b></p> <p>6.59 kg</p> <p><b>2.99</b></p> <p>SAVE 2.72 lb</p>

<p>AVAILABLE IN MOST STORES</p> <p><b>Bakery</b></p> <p><b>White Bread</b></p> <p>450 g</p> <p><b>.79</b></p> <p>SAVE 20</p>	<p>PRODUCT OF U.S.A.</p> <p><b>Fresh Broccoli</b></p> <p>EACH</p> <p><b>.89</b></p> <p>SAVE 60</p>	<p>PRODUCT OF CANADA, CANADA NO. 1 GRADE</p> <p><b>P.E.I. Potatoes</b></p> <p>9.07 kg 20-LB. BAG</p> <p><b>2.99</b></p> <p>SAVE 2.00 bag</p>
<p>Raspberry or Chocolate Swiss Rolls</p> <p>3/1 <b>2.29</b></p>	<p>PRODUCT OF SPAIN</p> <p><b>Clementine Oranges</b></p> <p>2.18 kg</p> <p><b>.99</b></p> <p>SAVE 50</p>	<p>PRODUCT OF WASHINGTON, EXTRA FANCY GRADE</p> <p><b>Granny Smith Apples</b></p> <p>2.18 kg</p> <p><b>.99</b></p> <p>SAVE 30</p>
<p>Bran Muffins</p> <p>6/1 <b>1.99</b></p>	<p>PRODUCT OF ONTARIO, CANADA NO. 1 GRADE</p> <p><b>Rutabagas</b></p> <p>.64 kg</p> <p><b>.29</b></p> <p>SAVE 10 lb</p>	

Variety is very important. Most customers want a choice. It's our job to provide the best choices available. Over time, our customers trust our judgement and grow with us.

at **IGA** **We Really Care**

PRICES EFFECTIVE FROM MON. JAN. 15 TO SAT. JAN. 20, 1990. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. ALL SAVINGS ARE BASED ON OUR REGULAR PRICES.

**People Come First at IGA**

**IGA MILTON IGA**

327 Bronte St., White Oaks Plaza

HOURS  
Mon.-Fri. 8-9  
Sat. 8-6