Recycle the holidays and dispose of January blahs

The best part of holidays is reliving or "Recycling" the memories with pictures of the day, and warm conversation.

With any MAIN EVENT comes a letdown period. Begin a new tradition in your family with an "Undoing" party. Begin the party by asking the guests to wear something old and something new. Design and decorate a Christmas Box to keep all the family decorations in.

Prepare a Friendship Pizza for dinner, where everyone prepares part of the pizza. Little ones can grate cheese, older ones can cut meat and tiny tots can spread ingredients.

January Blahs need not be contagious. Plan some family adventures, it will be fun and minimize the effects of the Holiday Blues that hit us all, big or small,

Below are some suggestions to RECYCLE holiday throwaways and leftovers.

SONG: "Sliding"

(Reinforces: Patterning, Rhythm, Sequence) Sung To: "Row, Row, Row Your Boat" Crunch, crunch, crunch, crunch, crunch, Up the hill we go.

Sliding, sliding, sliding, sliding, Down the hill we go!

RECIPE: "Mock Champagne"

(Reinforces: Traditions of New Year's,

KidsPlay



Measuring.) NEED:

· 12 oz. can unsweetened apple juice concentrate

32 oz. bottle club soda

 3 cups of water (two apple juice cans full) Stir together all ingredients in a pitcher. Makes 17, four ounce servings.

GAME: "Christmas Lotto"

(Reinforces: Visual Discrimination, Patterns, Shapes, Fine Motor)

NEED: - Wrapping Paper with simple pictures (Birthday or Christmas paper), Con-Tact Paper, Cardboard, Scissors.

PREPARATION: To make the playing board from a piece of cardboard (approximately 14 X 14 inches), place a piece of wrapping paper over the cardboard and cover both with clear Con-Tact paper. Cut individual pictures out of an identical piece of wrapping paper and cover with clear Con-

Tact paper. Cut around the pictures to make plastic-covered playing pieces.

GAME: Have the child or children (make a board for each one) use the game board and match up the individual pieces to the pictures on the game board.

Fine Motor: "Sewing Cards"

(Reinforces: Fine Motor, Listening) NEED: -old Christmas Cards, wool, and a hole puncher.

PREPARATION: Take your child's favorite Christmas card. Take the single hole puncher and punch holes around the outside of the card. You can also punch around a shape on the card for older children. Then tie one end of a piece of yarn to one of the holes in the card and wrap the other end of the yarn with a small amount of tape to form a needle.

If you are working with school-age children you could use a bobby pin for a needle. Let the children use the taped ends as needles to sew in and out of the holes.

Language: "Thank You Notes"

(Reinforces: Letter writing, printing or tracing, letter shapes)

NEED: -embossed greeting cards (the kind with a raised picture), some plain paper, pencils and crayons.

PREPARATION: -Give the children embossed greeting cards. Fold the piece of paper in half to form a card. Have the child lay the half of the piece of plain paper over the raised picture and rub a crayon sideways over it to make the embossed design appear like magic. The picture will become the outside of the card and can be decorated or colored.

On the inside print for your child a THANK YOU message to a friend or relative. If the child is old enough have then trace over your writing or write their own message.

MATH: "Shapes"

Shapes, Creativity, Visual Matching Oral Language.)

NEED: Lightweight cardboard gift boxes,

PREPARATION: Cut lightweight cardboard boxes into different-sized shapes such as large, medium and small circles, triangles, rectangles, diamonds, and squares, hexagons.

GAME: -Let your children use the shapes to make interesting and imaginative pictures. A variation on this game would be to have the children sort the different shapes that are the same and the shapes that are different.

(Adapted from: Seasonal Fun 1987.)

Attention: Parents of Grade 8 Students in Milton Schools

W.I. Dick Middle School St. Peters Separate School Sam Sherratt Public School Our Lady of Victory Separate School Holy Rosary Separate School **Brookville Public School**

PARENT INFORMATION EVENING 7:00 p.m. - Wednesday, January 17th E.C. Drury High School School Auditorium

All parents of students planning to attend E.C. DRURY HIGH SCHOOL in September 1990 are invited to hear more about the variety of courses offered, course levels, diploma requirements, etc.



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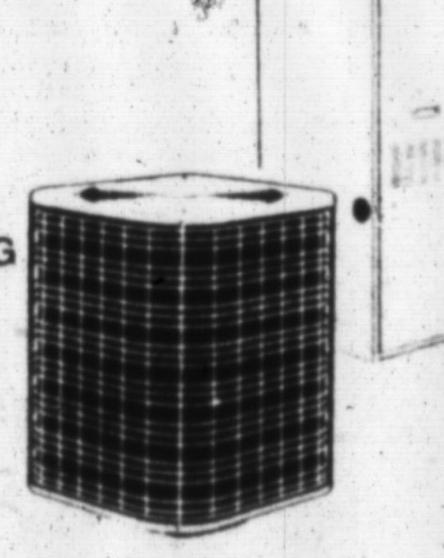
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Photo by JOHN WARREN

Welcome to Milton

Milton Mayor Gord Krantz welcomed Canadian Home Therapy to town recently during its official opening. The medical supply company has found a home at 348 Bronte St. St., Unit 13. From left to right are: Michelle Zammit, Mr. Krantz, Shane Donaldson and Shawn Kenny.



The Great Atlantic & Pacific Company of Canada recently presented it's 1989 United Way Campaign Cheque for \$95,000.00 on behalf of A&P and Dominion Food Stores employees.

On hand for the presentation were: (from the left) Peter Diakopolous, Operations Manager and Chairman of the company's campaign; Bob Baines, area director of United Way, A&P President and CEO John P. Dunne; and Bill Corriek, United Way's Greater Toronto Campaign Director.

Spanish Serenade next concert

The Hamilton Philharmonic Orchestra will serenade Miltonians Friday, Jan. 26.

Conducted by Boris Brott, the orchestra will perform the music of Spain at the new Milton Baptist Church located on the corner of Thompson and Nipissing roads. It's the second in the three-part subscription series but individual tickets are still available.

Presented by Milton Arts Productions, the 8 p.m. concert, called Spanish Serenades, features harpist Marie Lorcini. Musical selections will represent the works of composers including Arriaga, Turina, Rodrigo and De Falla.

The final concert in the three-part series that was kicked off in October, is titled "The German Baroque" Boris Brott will again conduct the orchestra and the featured performer will be violinist Lance Elbeck. Concertos by J. S. Bach and Handel comprise the Friday, Mar. 2 concert being held at the same location.