

SUPERCHOICE Country Markets



BETTER SELECTION
EVERY WEDNESDAY IS SENIORS DAY AT SUPERCHOICE 5% DISCOUNT ON ALL PURCHASES EXCEPT TOBACCO

ORDER EARLY FOR CHRISTMAS
• Fresh Fruit Baskets
• Meat Trays
• Cheese Trays

THE MEAT DEPT.

Cut From Canada Gr. A Beef
CHEF STYLE
PRIME RIB ROAST
3.69 LB.

Fresh Never Frozen
CENTRE CUT PORK LOIN CHOPS
2.49 LB.

Cut From Canada Gr. A Beef
PRIME RIB STEAKS
3.99 LB.

Freshly Ground
LEAN GROUND BEEF
1.89 LB.

TOWN CLUB SWEET PICKLED COTTAGE ROLLS
1.89 LB.

TOWN CLUB DINNER HAMS
2.29 LB.

Fresh Never Frozen
BUTTERFLY PORK LOIN CHOPS
3.69 LB.

Cut From Canada Gr. A Beef
BRAISING RIBS
1.69 LB.

RED ROSE orange pekoe TEA BAGS
Box of 72's
1.99

CARNATION EVAPORATED MILK ON 2%
79¢

MAPLELEAF MINCEMEAT
2.99

OCEAN SPRAY CRANBERRY SAUCE WHOLE OR JELLIED
1.39

FIVE ROSES all purposes FLOUR
10 kg. bag
6.99

AYLMER CANNED TOMATOES
99¢

MOTT'S CLAMATO JUICE
1.99

CAPRI BATHROOM TISSUE
4 roll pkg.
1.29

CLOVER LEAF CHUNK LIGHT TUNA IN WATER OR OIL
1.49

KAL KAN CAT FOOD
69¢

Regular or Diet
COCA-COLA
750 ml. Bottles
Plus 40¢ Bottle Deposit
3/99¢

BUNGAN MIXES CAKE MIXES
99¢

CAMPBELL'S HEARTY NOODLES IN A BOWL
79¢

CRISPER SNACKLING CRACKERS
1.69

WONDER white sliced BREAD
675 g. loaf
79¢

LIBBY'S CANNED PASTA
79¢

GAY LEA CHIP DIP
69¢

NEILSON EGG NOG
1 L. carton
99¢

HOLLANDER HADDOCK FISH & CHIPS
2.49

PEPPERIDGE FARMS PATTY SHELLS
1.49

DELI

Sliced at the Deli
BLUE RIBBON BOLOGNA 50g/100g
2.99 LB.

SCHNEIDERS POPULAR LOAVES 72g/100g
3.49 LB.

GRATED PARMESAN CHEESE 1.18/100g
5.39 LB.

BAKERY

WESTON'S SHORTBREAD COOKIES 300 g
1.99

Baked Fresh Daily, SUPERCHOICE
CHEESE BUNS
4/99¢

Baked Fresh Daily
SUPERCHOICE
FRUIT FILLED DANISH pkg. of 4
1.69

FARM FRESH PRODUCE

Produce of U.S.A.
Can. No. 1 Grade
LARGE SIZE CAULIFLOWER
99¢ EA.

Produce of U.S.A.
Canada Ex. Fancy Gr.
RED DELICIOUS APPLES
69¢ LB.

Produce of U.S.A.
Can. No. 1 Grade
CELERY STALK
79¢ EA.

Produce of U.S.A.
SEEDLESS
NAVEL ORANGES 3.99 8 LB. BAG

Produce of U.S.A.
LARGE SIZE PINEAPPLES
1.99 EA.

Produce of U.S.A.
Can. No. 1 Gr.
FRESH CRANBERRIES
99¢ 12.5 LB.

Produce of U.S.A.
SWEET YAMS
69¢ LB.

Produce of Ont.
PEPPER SQUASH
2/99¢

ALLEN'S Pure APPLE JUICE
1 L. Bottle
69¢

Fresh Never Frozen Family Pack
PORK LOIN CHOPS
Contains 3 rib, 3 tenderloin, 3 centre cut portions
1.89 LB.

Produce of U.S.A.
Can. No. 1 Grade
HEAD LETTUCE
2/99¢

HUMPTY DUMPTY POTATO CHIPS
Assorted Variety
200 g pkg.
99¢

Fully Cooked Boneless and Skinless
FOOTBALL HAMS
Whole
2.29 LB.

Produce of U.S.A.
California (New Crop)
HARTLEY VARIETY WALNUTS
99¢ LB.