

RECIPE FILE

Simple to make

# White chocolate is in season

Chocolate is undoubtedly the world's most popular and luxurious flavour. It was brought to Europe by the Spaniards who discovered it in Mexico in 1519 and its use spread quickly throughout the continent. For centuries, it was primarily enjoyed as a beverage, and fashionable chocolate houses appeared throughout Europe. Chocolate is still a popular drink in Spain today.

It wasn't until the 19th century that the Swiss developed a method of making solid eating chocolate. And since then, our insatiable craving for chocolate has soared.

What better time to indulge in the delicious decadence of pure chocolate than the festive season. But this Christmas, you can create spectacular chocolate sensations with a brand new look with Baker's new 100% pure white chocolate.

Made from only the cocoa butter extracted from the cocoa bean, and not the cocoa solids portions of the bean, white chocolate is a sweet, creamy confection bakers and chocolate lovers will soon become addicted to.

### White Chocolate Almond Bark

- 6 squares white chocolate;
- 1/2 cup (125 ml) whole blanched toasted almonds\*;

**Directions:** Partially melt chocolate over hot not boiling water, stirring constantly until chocolate is two-thirds melted. Remove from heat and continue stirring until completely melted.

Stir in almonds. Spread on waxed paper-lined baking sheet. Chill until firm. Break into pieces. Store in refrigerator. Makes about 8 oz (250 g) bark.

\* Or use the same amount of toasted pecans, hazelnuts, mixed nuts or dried fruit.

### White Chocolate Truffles Royale

- 1/4 cup (50 ml) whipping cream;
- 6 squares Baker's white chocolate, each square cut into 4 pieces;
- 1 tbsp (15 ml) soft butter;
- 1 tbsp (15 ml) orange liqueur, optional;
- 6 squares white chocolate;



White chocolate almond bark and other simple to make chocolate confections are ideal for chocoholics on your Christmas list.

**Directions:** Bring cream to a boil over medium heat then reduce to low heat. Add white chocolate, butter and liqueur; stir until melted. Freeze mixture until firm enough to handle, about 3-4 hours. With a teaspoon, form mixture into small balls; freeze 20 minutes. Partially melt remaining white chocolate over HOT not boiling water. Toss each ball in melted chocolate. Place on a waxed paper-lined cookie sheet and chill until firm. Makes about 18 truffles.

### White Chocolate Dessert Cups

- 6 squares white chocolate each square cut into 4 pieces;

**Directions:** Partially melt chocolate over hot NOT boiling water. Remove from heat and stir rapidly until entirely melted. With the back of a small spoon, lightly coat the insides of 6-8 large paper or foil muffin cups with chocolate, making sure surface of each cup is evenly covered. Freeze 10 minutes. Repeat

with a second thin layer. Freeze at least 1 hour. Peel off paper, one at a time, and store in freezer.

**To serve:** Fill with ice cream, sorbet, mousse or whipped cream and fruit.

**Tip:** Place cups in freezer for 15 minutes before coating with chocolate. Place coated cups in muffin tins to help keep their shape. Store in air tight container in freezer. Can be made in miniature cups and filled with liquors to serve with coffee.

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