It's apple time

It's time to sink your teeth into a crisp, juicy apple (only 75 calories) freshly picked from a local orchard, and at the same time, browse through Paulette Bourgeois' The Amazing Apple Book Suso, it's a kids' book, but you can take a peek and maybe impress your offspring with some amazing apple facts.

. Did you know, for example, that the apple is a member of the rose family and that there are 7000 varieties of apples? Of course, we in North America have our favourites -McIntosh, Golden and Red. Deli-

cious, Spartan, Idared, and Northern

Only crab apples grew in North America before the pioneers arrived with their seeds and saplings of more delicious apples. From the time a sood is planted, 15 years will pass before the tree bears fruit. That must have seemed a long time for the pioneers to wait. They used apples for making juice, cider, apple butter, dried apples, vinegar, and also food

for their livestock. If you have the opportunity to pick your own apples, Ms Bourgeois instructs you on how to correctly remove them from the tree (no yanking, please), and how and where to store them in the refrigerator. An apple left sitting for one day at room temperature will lose one entire week of life.

Johnny Appleseed, William Telland John McIntosh make brief appearances in this book as Ms Bourgeois recounts the apple's place in history. She explains in detail how an apple blossom ends up being an apple and she describes the processes of grafting and budding used by apple growers.

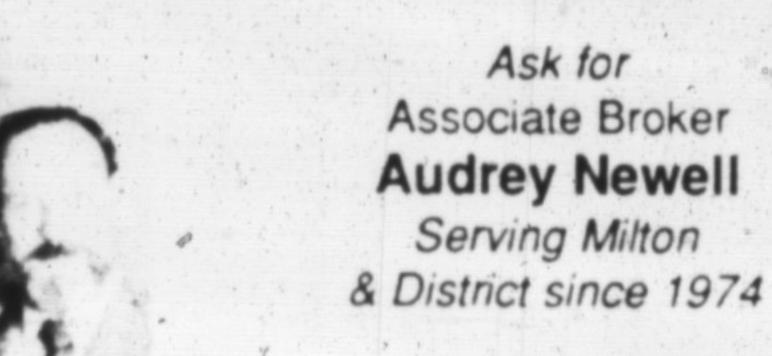
The Amazing Apple Book is published by Kids Can Press in Toronto and can be purchased for \$8.95.



Photo by STEPHEN UHRANEY

Can it!

Milton's Kathryn Harris Initiated a recycling collection at Wheelabrator Canada Inc. while she worked there this summer. Workers, including plant manager David Brunner, pitched in hundreds of cans to be recycled. Ms Harris hopes other companies will do the same.



REDUCED TO 199,900.

1.1 ACRES

Lovely 1.1 acre lot twixt Guelph and Milton with a well maintained, 3 bedroom brick bungalow with air tight stove. Only \$209,900. \$199,900. Call Audrey at 878-5339.

> RE/MAX Miltowne Realty Ltd. 878-2365, Tor. Line 826-1030

Autumn in Halton



Celebrate it at MILTON

Fri. - Sat. - Sun. Sept. 22-23-24

FEATURING:

Leroy Van Dyke in concert Fri 8 p.m. Mercey Bros concert Sat. 2 p.m. Sandra Beech show Sunday 1 p.m. 'Kiddies' pedal tractor pull Sun 2 p m .* Kids' pet show Sat 10 a m. * Barrel Racing Horse Show Sat 11 a m * Junior Hunter horse & pony show Sun. 11 a.m. Ronald McDonald Show Sat. 2 p.m.

PLUS Midway Celebrity cake decorating contest Women's theatre program ' beef and dairy cattle, sheep and swine shows 'kids' petting zoo ' food booths ' arts and crafts ' flower show ' fruits and vegetables poultry show etc.

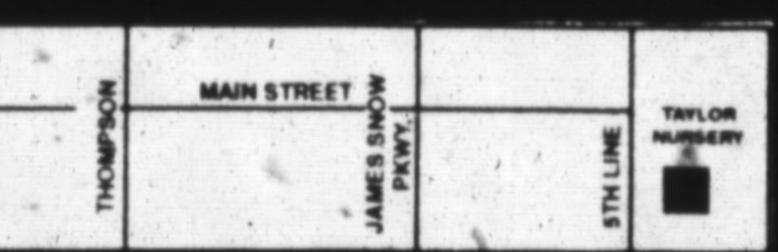
ADMISSION \$4:00 Adult, \$2 child 6-12; Seniors \$2 Sunday. parking \$2,

Information: 878-5689



AUDREY & KEN NEWELL

ASSOCIATE BROKERS:



Taylor Nursery 7429 5th Line Milton 876-4100

> Mon. - Sat. 9-7 Closed Sundays

TRATTORIA



JOIN YOUR HOST CLAUDIO SALIN FOR EXQUISITE CUISINE

REGIONAL ITALIAN CUISINE 395 MAIN STREET MILTON 878-6065

Plenty of Parking at the Front. Fully Licenced. Major Credit Cards.

DAILY BLACKBOARD LUNCH AND DINNER SPECIALS

MILTON S ONLY ITALIAN TRATTORIA

Enjoy our excellent Italian fare featuring pasta, veal, fresh fish seafood and steaks!

DAILY FULL COURSE LUNCHEON SPECIALS FROM \$7.00 Our open kitchen lets you watch our Chef prepare your

favourite dish We also do catering.

CALL



878-6065

395 MAIN ST.

CLOSED MONDAY

MILTON