

RECIPE FILE

Flower pot sundaes

Whipped cream helps ice cream grow

If children's birthday parties or family get together are part of your summertime plans, keep Ice Cream Flower Pot Sundaes in mind. They're perfect anytime you want to put some fun into the menu.

It's a good idea to keep lots of ice cream on hand. Combined with a little imagination there's no end to the easy fun-filled desserts you can create. But plain or fancy, ice cream's a great way to "lick the heat".

Ice Cream Flower Pot Sundaes

- Small clay or plastic flower pots;
- Whipping cream;
- Icing sugar;
- Chocolate strawberry or vanilla ice cream;
- P'Nutty Chocolate or Strawberry Sauce;
- Chocolate shot or assorted nonpareils;
- Wooden, artificial or fresh flowers;
- Assorted butter cookies.

Directions: Line flower pots with aluminium foil. Whip cream until softly stiff. Beat in sugar. Fill flower pots three quarters full with ice cream.

Top with P'Nutty Chocolate or Strawberry Sauce. Heap with whipped cream and sprinkle with chocolate shot and nonpareils. Place in freezer until ready to serve. Wrap stems of real or artificial flowers with foil or plastic wrap. When ready to serve, stick a flower or two into each pot. Garnish with a butter cookie.

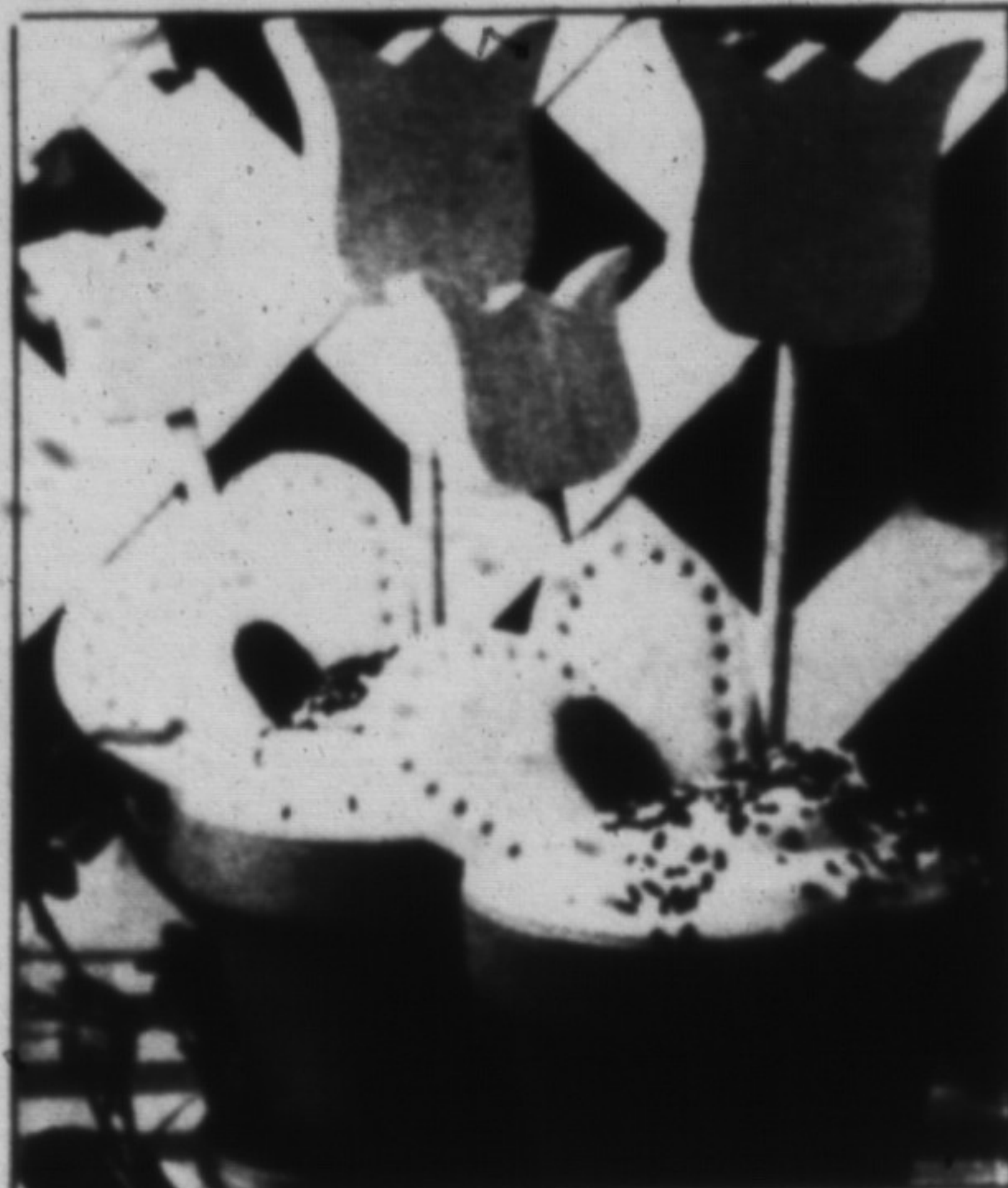
P'Nutty Chocolate Sauce

Thoroughly combine:

- 1 cup (250 ml) chocolate sauce;
- 1/2 cup (125 ml) peanut butter;
- 2 Tbsp (30 ml) milk;
- Makes about 1 1/2 cups (375 ml).

Strawberry Sauce

In medium saucepan combine:



Ice cream flower pot sundaes are sure to be a big hit at birthday parties as well as family gatherings.

- 1 Tbsp (15 ml) sugar;
- 1 Tbsp (15 ml) corn starch;
- 1 Pkg (425 g) frozen sweetened sliced strawberries thawed;

Directions: Cook and stir over medium heat until mixture boils and thickens. Cool; chill. Makes about 1 2/3 cups (400 ml).

**CHURCH DIRECTORY
SUNDAY
AUGUST 20, 1989**



HOLY ROSARY - ROMAN CATHOLIC PARISH
139 Martin St. Milton
878-6535
Mass Times:
Wed. - 7:15 p.m. Sun. - 9:00 a.m.
10:30 a.m., 12 noon

OUR LADY OF VICTORY
Milton Heights
Mass at 10:30 a.m. Sunday

ST. PETER'S CHURCH
(8th Line Trafalgar)
Mass at 9:00 a.m. Sunday
Revs. Earl Talbot, Donald Witheim, Harold Bedford, S. J.

MILTON ALLIANCE CHURCH
Sam Sherratt
Public School
649 Laurier Ave.
Pastor: Errol Rampal
Minister to Youth
Mark Kotchapaw
878-9584

9:45 a.m. Family Sunday School
11:00 a.m. Morning Worship Service
Nursery Facilities at all Services
11:00 a.m. Service interpreted for the hearing-impaired

Church of Christ

1412 Britannia Rd.
at 4th Line
Harold & Sharon Ellis
878-7565

"Extending our hands to you"
10:00 a.m. - Bible School for all ages
11:00 a.m. - "Breaking of Bread"
7:00 p.m. - Teaching the Word
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23 Main St. at James
878-8895
Rev. Robert Hyde, Pastor
Rev. Elaine Longland

SUNDAY August 20, 1989
10:30 a.m. Worship Service

Sermon Title:
"Afflicting the Comfortable"
Jeremiah 20:7-13
Luke 12:49-56
Nursery up to 2 years available

THE PRESBYTERIAN CHURCH IN CANADA KNOX, MILTON

170 Main St., E. 878-6066
Minister - The Rev. Noble Dean
Diocesan Minister - Miss Terrie-Lee Hamilton
878-6879

SUNDAY, August 20, 1989

10:00 a.m. - Morning Worship
- Church School (Ages 3-7)
- Nursery (Infants up to 2 yrs.)

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TRINITY BAPTIST CHURCH

P.O. Box 506, Burlington
4272 Appley Line
Rev. W. E. Payne

634-4879

SUNDAY, August 20, 1989

9:45 a.m. Bible School with classes for all ages

11:00 am & 6:30 p.m.
Services of Worship, Praise and Bible Teaching

Wednesday, 7:45 p.m.
PRAYER MEETING & BIBLE STUDY
Proclaiming God's Sovereign Grace

MILTON BAPTIST CHURCH
900 Nipissing Road
875-1626 or 878-7636

Rev. Max De Wolf
Interim Pastor

Sunday, August 20, 1989
10:00 a.m. Morning Worship

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Independent-Fundamental
Pastor: Walter H. Isak
876-2298

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11:00 a.m. - Morning Worship
6:30 p.m. - Evening Service
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306 Ontario St. S.
878-2022

10:00 a.m. - Breaking Bread
11:45 a.m. - Sunday School
7:00 p.m. - Gospel Service

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1 TIM 1:15

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