

SUPERCHOICE

Country Markets



BETTER SELECTION
 EVERY WEDNESDAY IS SENIORS DAY AT SUPERCHOICE 5% DISCOUNT ON ALL PURCHASES EXCEPT TOBACCO.

NOW OPEN

OUR GARDEN CENTRE IS NOW OPEN WITH A WIDE SELECTION OF EVERGREENS, SHRUBS, SOIL AND FERTILIZERS. OUR FRESH PRODUCE DEPARTMENT IS NOW OPEN SUNDAYS. 10 A.M. - 5 P.M.

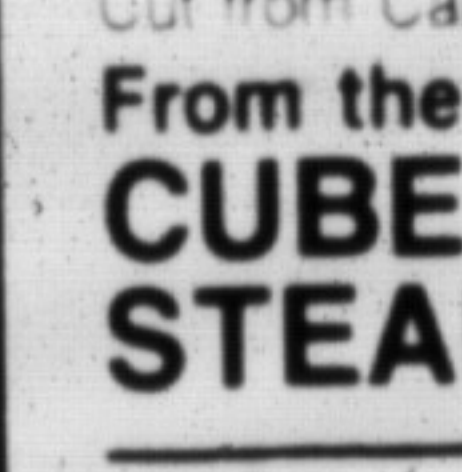
THE MEAT DEPT.

FRESHLY GROUND
LEAN GROUND BEEF
 **1.89**
 LB.

SCHNEIDERS
CELLO STEAKETTES
 **1.99**
 454 g. pkg.

Cut from Canada Gr. A Beef
SIRLOIN TIP STEAK
 **3.49**
 LB.

SCHNEIDERS
SLICED SIDE BACON
 **1.99**
 500 g. pkg.

Cut from Canada Gr. A Beef
From the Hip CUBE STEAK
 **2.99**
 LB.

Fresh Never Frozen
CHICKEN THIGHS
 (part back attached) **1.09**
 LB.

Store pack FRESH Hot or Sweet
ITALIAN SAUSAGE
 **1.99**
 LB.

From our Gourmet Counter For the Bar-b-que
BEEF KABOBS
 **3.99**
 LB.

McCain
ORANGE JUICE
 12.5 oz. tin
 frozen, concentrated unsweetened **99¢**

JELL-O
JELLY POWDERS
 3.5 g. pkg. **3/99¢**

AYLMER
TOMATO KETCHUP
 bottle **1.99**

STOKELY VAN CAMP
VEGETABLES
 12-14 oz. tin
 SELECTED VARIETIES **79¢**

MAZOLA
CORN OIL
 bottle **2.49**

PRIMO
PASTA SAUCE
 750 ml. jar **1.69**

KAL KAN
CAT FOOD
 170 g. tin
 SELECTED VARIETIES **3/99¢**

ALCAN
ALUMINUM FOIL
 roll **1.29**

WISK
LIQUID LAUNDRY DETERGENT
 bottle **2.99**

WHITE SWAN
PAPER TOWELS
 2 Roll pkg. **89¢**

McCain
FRUIT JUICE
 3 x 250 ml. bottles
 PURE **99¢**

RIVIERA
PIECES & STEMS MUSHROOMS
 10 oz. tin **99¢**

FIBRE GOODNESS
WHITE OR 100% WHOLE WHEAT BREAD
 645 g. loaf **89¢**

LAURA SECORD
PUDDING
 4 x 142 g. PKG. **1.99**

HORNE'S
BAR-B-QUE SAUCE
 500 ml. bottle **1.69**

KELLOGG'S
EGGO WAFFLES
 312 g. pkg. **1.69**

GOLDEN GATE
100% SOYA MARGARINE
 2 lb. **1.69**

KELLOGG'S
COMMON SENSE OAT BRAN
 425 g. CEREAL WITH WHEAT **2.69**

DELI

SLICED AT THE DELI CLEARVIEW FARMS
TURKEY BREAST
 1.29/100g **5.85**
 LB.

CLEARVIEW FARMS
ASSORTED TURKEY COLD CUTS
 66¢/100g **2.99**
 LB.

CLEARVIEW FARMS
TURKEY POLISH COIL
 58¢/100g **2.68**
 LB.

BAKERY


FIBRE GOODNESS
WHITE OR 100% WHOLE WHEAT BREAD
 675 g. loaf **89¢**


Baked Fresh Daily, SUPERCHOICE
CRUSTY ROLLS
6/99¢

Baked Fresh Daily, SUPERCHOICE
APPLE TURNOVERS
 pkg. of 4 **1.59**

FARM FRESH PRODUCE

Produce of U.S.A. or Ontario
ROMAINE LETTUCE
 **69¢**
 EA.

Produce of South America
HONEYDEW MELON
 **99¢**
 EA.

Produce of U.S.A. - Can. No. 1 Grade
CUCUMBER
 **2/99¢**

Produce of Argentina
 Can. Fancy Grade
GRANNY SMITH APPLES
 3 LB. BAG **1.99**

Produce of U.S.A.
FRESH LIMES
8/99¢

Produce of Mexico
MANGOES
69¢
 EA.

Produce of U.S.A.
FRESH COLE SLAW
 8 oz. pkg. **2/99¢**

Produce of U.S.A.
CHERRY TOMATOES
99¢
 PT.

Produce of U.S.A. Canada No. 1 Grade
LARGE SIZE CAULIFLOWER
99¢
 EA.

Produce of U.S.A. Canada No. 1 Grade
FRESH PEACHES
69¢
 LB.

PEPPERIDGE FARMS
CHIFFON CAKE
 frozen selected varieties
 255 g. pkg. **99¢**

CUT FROM CANADA GR. A BEEF
SIRLOIN TIP ROAST
2.99
 LB.

SCHNEIDERS
RED HOT or SKINLESS WIENERS
 450 g. pkg. **1.99**

Regular or Diet
COKE
 2 L. plastic **1.69**

HOURS:

575 Ontario St., South

(Corner of Derry Rd. & Highway 25)

