

The Canadian Champion, Wednesday, May 3, 1989-2

# SUPERCHOICE Country Markets

**BETTER SELECTION**  
EVERY WEDNESDAY IS SENIORS DAY AT SUPERCHOICE 5% DISCOUNT ON ALL PURCHASES EXCEPT TOBACCO

## THE MEAT DEPT.

FRESH PORK SIDE RIBS  
**1.69** LB.

CUT FROM CANADA GRADE 'A' BEEF  
CROSS-RIB ROASTS  
**1.99** LB.

SHOPSY'S ALL BEEF WIENERS  
**1.99** 450 g. pkg.

CUT FROM CAN. GR. 'A' BEEF  
SHORT RIB ROASTS (SEMI-BONELESS)  
**1.79** LB.

FRESH PORK SIDE RIBS SWEET & SOUR  
**1.99** LB.

FRESH FAMILY PACK CHICKEN DRUMSTICKS  
**99¢** LB.

BLACK FOREST MINI HAMS  
**2.99** LB.

BACON ENDS  
**1.19** LB.

ALLEN'S JUICE  
PURE APPLE  
1 L. bottle  
**89¢**

HEINZ KEG O' KETCHUP TOMATO  
1 L. keg  
**2.69**

MOTT'S CLAMATO JUICE REGULAR OR EXTRA SPICY  
48 oz. tin  
**1.99**

POST PEBBLES CEREAL COCOA OR FRUITY  
375 g. box  
**1.99**

KOOL-AID DRINK CRYSTALS SELECTED FLAVOURS  
6 g. pkg.  
**4/99¢**

BRUNSWICK SARDINES SELECTED VARIETIES  
100 g. tin  
**69¢**

SCOTTIES FACIAL TISSUE SELECTED COLOURS  
box of 200  
**99¢**

OLD EL PASO NACHIPS  
450 g. pkg.  
**1.99**

IVORY LIQUID DISHWASHING DETERGENT  
1 L. bottle  
**2.49**

TETLEY TEA  
ORANGE PEKOE  
pkg. of 72  
**1.69**

PREGO SAUCE PLAIN OR MUSHROOM SPAGHETTI  
750 ml. jar  
**1.99**

FRASERVILLE FISH & CHIPS FROZEN  
250 g. pkg.  
**99¢**

BARON CLASSIC JAM BLACK CURRANT, RASPBERRY OR STRAWBERRY  
500 g. jar  
**89¢**

DEL MONTE - WHOLE KERNEL CORN SELECTED VARIETIES VEGETABLES OR SUMMER CRISP  
12 1/4 oz. tin  
**89¢**

APPLESAUCE ALLEN'S SWEETENED OR UNSWEETENED THICK CHUNK  
28 oz. jar  
**1.99**

SCHNEIDER'S MARGARINE  
1 lb. tub  
**99¢**

SILHOUETTE SKIM MILK YOGURT  
500 g. cont.  
**1.49**

GAY LEA REAL WHIPPED CREAM  
325 g. tin  
**1.79**

## DELI

SLICED AT THE DELI COOKED HAM  
666 100g  
**1.99** LB.

PILLER'S ASSORTED SALAMI  
SP 100g  
**4.49** LB.

BY THE PIECE CHEDDAR CHEESE MILD, MED., OR OLD  
886 100g  
**3.99** LB.

## BAKERY

WONDER WHITE SLICED BREAD  
675 g. loaf  
**89¢**

Baked Fresh Daily, SUPERCHOICE  
LARGE KAISERS  
**6/99¢**

Baked Fresh Daily, SUPERCHOICE  
APPLE STRUDEL  
**1.99**

## FARM FRESH PRODUCE

Produce of U.S.A. Can Ex-Fancy Grade  
RED DELICIOUS APPLES  
**79¢** LB.

Produce of U.S.A.  
BROCCOLI  
**79¢**

Produce of Ontario, Can. No. 1 Grade  
LARGE SIZE SEEDLESS CUCUMBERS  
**99¢** EA.

Produce of Argentina Can. Fancy Grade  
PACKEM PEARS  
**89¢** LB.

Produce of U.S.A.  
CELLO RADISHES  
1 lb. bag  
**59¢** EA.

Produce of U.S.A.  
CUT WATERMELON  
**39¢** LB.

Produce of U.S.A.  
GREEN ONIONS  
**3/99¢**

Produce of U.S.A.  
KIWI FRUIT  
**3/99¢**

CUT FROM CANADA GRADE 'A' BEEF  
BLADE STEAKS  
**1.69** LB.

FRESHLY GROUND  
MEDIUM GROUND BEEF  
**1.69** LB.

MCCAIN'S ORANGE JUICE FROZEN CONCENTRATED - UNSWEETENED  
12 oz. tin  
**99¢**

PEANUT BUTTER CHEFMASTER SMOOTH OR CRUNCHY  
500 g. container  
**89¢**

Produce of U.S.A. Can. No. 1 Grade  
HEAD LETTUCE  
**2/99¢**

Produce of U.S.A.  
FRESH STRAWBERRIES  
**99¢** PINT