

**SUPERCHOICE**

# Country Markets



**BETTER SELECTION**  
we've added over 1000 new products to our grocery department

• Party Trays made to order  
• We specialize in Fruit Baskets  
Order yours today.

## THE MEAT DEPT.

Cut from Can. Grade A Beef  
**INSIDE ROUND STEAK**  
Rouladen  
Thin sliced  
**3.49** LB.

FRESHLY GROUND  
**LEAN GROUND BEEF**  
**1.99** LB.

Cut from Can. Grade A Beef  
From the Sirloin Tip  
**STIR FRY MEAT**  
**3.99** LB.

MAPLE LEAF  
**SLICED SIDE BACON**  
500 g pkg  
**1.99**

MAPLE LEAF  
**WIENERS**  
REGULAR OR BBQ  
454 g pkg  
**1.99**

FAMILY PACK  
**FRESH CHICKEN DRUMSTICKS**  
**99¢** LB.

MAPLE LEAF  
**HAM STEAKS**  
175 g pkg  
**1.99**

STORE PACK  
**BREAKFAST SAUSAGE**  
**1.19** LB.

MEALTYME  
WHITE SLICED  
**BREAD**  
69¢

KLEENEX  
FACIAL TISSUE  
Selected Colours  
Box of 200's  
**99¢**

PURITAN  
FLAKES OF  
HAM OR TURKEY  
6.5 oz tin  
**1.49**

AUNT JEMIMA  
PANCAKE FLOUR  
1 kg bag  
**1.79**

REGULAR OR DIET  
PEPSI OR 7-UP  
Large 2 L Plastic  
**1.79**

CAVENDISH  
HASH BROWN POTATOES  
750 g bag  
**69¢**

HIGH LINER LIGHT TONIGHT  
DINNER  
Selected Varieties  
270-280 g pkg  
**2.99**

9-LIVES  
CAT FOOD  
Selected Varieties  
170 g tin  
**3/99¢**

NEILSON'S  
ORANGE JUICE  
1 L carton  
**99¢**

DANONE  
YOGOURT  
Selected Flavours  
500 g cont  
**1.49**

MAXWELL HOUSE  
INSTANT COFFEE  
regular  
200 g jar  
**3.99**

CHEFMASTER  
PEANUT BUTTER  
Smooth or crunchy  
500 g jar  
**99¢**

UNCLE BEN'S  
CONVERTED RICE  
2 kg bag  
**3.99**

CULVER  
BEANS  
In tomato sauce, with pork  
396 ml tin  
**59¢**

RED ROSE  
ORANGE PEKOE  
TEA BAGS  
BOX OF 72  
227 g  
**2.29**

AUNT JEMIMA  
PANCAKE SYRUP  
Regular or Butter Flavour  
750 ml  
**2.59**

COUNTRY CROCK  
DIET MARGARINE  
680 g tub  
**1.79**

CHEF BOYARDEE  
PASTAS  
Assorted Varieties  
425 g tin  
**99¢**

HEINZ  
DILL PICKLES  
Selected Varieties  
1 L jar  
**1.99**

HEINZ  
Vegetable Cocktail or Tomato JUICE  
48 oz tin  
**1.39**

## DELI

LINK'S  
POLISH SAUSAGE COIL  
55' 100g  
**2.49** LB.

SLICED AT THE DELI  
PRIMO MORTADELLA  
85' 100g  
**2.99** LB.

BY THE PIECE  
SWISS CHEESE  
85' 100g  
**4.49** LB.

## BAKERY

MEALTYME  
WHITE SLICED BREAD  
675 g loaf  
**69¢**

Baked Fresh Daily SUPERCHOICE  
ASSORTED DANISH PASTRY  
Pkg of 4  
**1.59**

Baked Fresh Daily SUPERCHOICE  
ITALIAN PANINI ROLLS  
**6/99¢**

## FARM FRESH PRODUCE

Produce of U.S.A. Can. No. 1 Grade  
**GRANNY SMITH APPLES**  
**59¢** LB.

Produce of U.S.A. Can. No. 1 Grade  
**BRUSSEL SPROUTS**  
**79¢** LB.

Produce of New Zealand  
**KIWI FRUIT**  
1 lb. bag  
**99¢** EA.

Produce of U.S.A. Can. No. 1 Grade  
**FRESH BUNCH CARROTS**  
**79¢** EA.

Produce of Chile Can. No. 1 Grade  
**RED SEEDLESS GRAPES**  
**1.69** LB.

Produce of U.S.A.  
**GREEN ONIONS**  
**3/99¢**

Produce of U.S.A.  
**CELLO RADISH**  
1 lb. bag  
**69¢** EA.

Produce of Ontario Can. No. 1 Grade  
**LARGE SIZE GREEN CABBAGE**  
**99¢** EA.

Cut From Canada Grade A Beef  
**OUTSIDE ROUND ROAST**  
(eye removed)  
**2.79** LB.

Cut From Canada Grade A Beef  
**INSIDE ROUND STEAK**  
**2.99** LB.

**CAMPBELL'S TOMATO SOUP**  
18 OZ. TIN  
**2/89¢**

**CHAPMAN'S ICE CREAM**  
assorted flavours  
2 L  
**1.69**

Produce of California  
SUNKIST SEEDLESS  
**NAVEL ORANGES**  
5.5 lb. doz.  
**99¢** DOZ.

Produce of U.S.A. Canada No. 1 Grade  
**LARGE SIZE CAULIFLOWER**  
**99¢** EA.

**HOURS:** 9:00 am - 7:00 pm (Closed on Wednesdays)  
Specials in effect from Tues. Jan. 31/89 to Sat., Feb. 4/89  
We reserve the right to limit quantities.  
**575 Ontario St., South (Corner of Derry Rd. & Highway 25)**