

SUPERCHOICE Country Markets



BETTER SELECTION
we've added
over 1000 new
products to our
grocery department.

• Party Trays
made to
order

• We specialize in
Fruit Baskets.

Order yours today.

THE MEAT DEPT.

FRESHLY GROUND
LEAN GROUND BEEF
1.99
LB.

PIK 'A' FRESH
**GOURMET SLICED
SIDE BACON**
250 g. pkg.
99¢

FROM THE LEG
**FRESH PORK
ROAST**
1.49
LB.

FROM THE LEG
**PORK
CUTLET**
2.99
LB.

SHOPS'S DELI FRESH
REGULAR WIENERS
450 g. pkg.
1.69

MINI
**BLACK
FOREST HAMS**
2.99
LB.

**BACON
ENDS**
1.19
LB.

FRESH
**BREAKFAST
SAUSAGE**
1.19
LB.

30¢ NECESSARY ONLY AT SUPERCHOICE STORES 30¢

SAVE 30¢

ON THE PURCHASE OF ONE 675g PACKAGE OF
Kellogg's CORN FLAKES*

*For redemption visit us at Harvest A, White Ltd., P.O. Box 2140, Toronto, Ontario M8Z 1Y1. Offer requires Code 78 on coupon dated 01/18/89. Offer valid 01/18/89 to 01/21/89. Coupon Code 488883. Coupon Expires Sat. Jan. 21/89.

KELLOGG'S
**CORN
FLAKES**
675 g. pkg.
1.69
WITH COUPON
without coupon pay only \$1.99

HEINZ
**TOMATO
SQUEEZE
KETCHUP**
1 L. plastic bottle
2.99

CLARK
BEANS
Selected varieties
in Tomato Sauce
79¢

WHITE SWAN
**PAPER
TOWELS**
2 roll pkg.
Selected colours
99¢

KRAFT
**REAL
MAYONNAISE**
750 ml. jar
3.49

WHITE SWAN
**BATHROOM
TISSUE**
White roll pkg.
2.99

TETLEY
**ORANGE PEKOE
TEA**
2.49

ORVILLE REDENBACHER
Selected varieties
microware
POPCORN
285-309 g. pkg.
2.99

KEN-L-RATION
DOG FOOD
Selected Varieties
2 kg. pkg.
3.99

DELI

SLICED AT THE DELI
**BLACK FOREST
STYLE HAM**
100g.
3.99
LB.

LIK'S ASSORTED
**COLD
CUTS**
100g.
2.99
LB.

BY THE PRICE
**HAVARTI
CHEESE**
100g.
4.49
LB.

CARNATION
**EVAPORATED
MILK**
385 ml. tin
69¢

NIAGARA
**ORANGE
JUICE**
341 ml. tin
FROZEN, CONCENTRATED
UNSWEETENED
99¢

CHRISTIE
**PREMIUM PLUS
SODA
CRACKERS**
450 g. box
SALTED & UNSALTED
1.59

FROM NEILSON'S DAIRY
**DANONE
YOGURT**
175 ml. tub
2/99¢

NEILSON'S
**2% COTTAGE
CHEESE**
500 ml. tub
1.49

NEILSON'S
**FAMOUS
ICE CREAM**
2 L. container
2.99

SWANSON
**MEAT
PIES**
8 oz. pkg.
FROZEN BEEF, CHICKEN, OR TURKEY
79¢

SAVARR
**FROZEN
DINNERS**
11 oz. pkg.
Selected Varieties
1.69

TOTINOS
PIZZA
360-385 g. pkg.
Selected Frozen Varieties
2.49

BAKERY

WONDER
White Bread
or 80% Whole Wheat
675 g. loaf
89¢

Baked Fresh Daily SUPERCHOICE
**LARGE
KAISERS**
6/99¢

Baked Fresh Daily SUPERCHOICE
**BANANA NUT
MUFFINS**
Pkg. of 6
1.99

FARM FRESH PRODUCE

Produce of Florida
**INDIAN RIVER
RED OR WHITE
GRAPEFRUIT**
10/1.99

Produce of U.S.A., Canada No. 1 Grade
**BRUSSEL
SPROUTS**
79¢
LB.

Produce of U.S.A., Canada Fancy Grade
**ANJOU
PEARS**
89¢
LB.

Produce of U.S.A.
BROCCOLI
99¢
BUNCH

Produce of U.S.A., Can. No. 1
**FRESH BUNCH
CARROTS**
69¢
BUNCH

Produce of Ontario, Can. Fancy Grade
**MACINTOSH
APPLES**
3 lb. Bag
1.59

Produce of U.S.A.
**CELLO
RADISH**
1 lb. Bag
79¢

**FRESH
COLESLAW**
8 oz. Package
2/99¢

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Out From Canada Gr. 'A' Beef
From the Chubb
**BLADE OR
SHORT RIB
ROAST**
1.79
LB.

Out From Canada Gr. 'A' Beef
**CROSS RIB
STEAKS**
2.29
LB.

**SCHNEIDER'S
CHEESE
SLICES**
100g. pkg.
2.79

**CAMPBELL'S
CREAM OF
MUSHROOM SOUP**
10 oz. tin
39¢

Produce of California
Size 138
**NAVEL
ORANGES**
99¢
DOZ.

**HEAD
LETTUCE**
79¢

HOURS:

Monday 9 a.m.-6 p.m.
Tuesday 9 a.m.-6 p.m.

Wednesday 9 a.m.-6 p.m.
Thursday 9 a.m.-6 p.m.

Friday 9 a.m.-6 p.m.
Saturday 9 a.m.-6 p.m.

Specials in effect from Tues. Jan. 17/89 to Sat., Jan. 21/89

We reserve the right to limit quantities.

575 Ontario St., South

(Corner of Derry Rd. & Highway 25)

