Triathlon is national championship

By JEFF PASQUALE

It is rare that two national championships are going to be held in the same town, let alone on the same weekend, but this is exactly what will be happening to Milton later this

The first and most publicized championship will be the Chipwich Under-14 National Tennis Championships at the Milton Tennis Club. The second is the first-ever Canadian National Triathlon Championships being held at Kelso on Sunday, July 31.

The triathlon will consist of a one kilometre swim, 40 km bike ride and a 10 km run.

According to Bob Falle, the program and marketing supervisor of Kelso, the event will be one of the largest in the park's history.

"We're expecting between 1,200" and 1,500 competitors for the event and up to 2,000 spectators. It will even be busier than a top-notch ski weekend," said Falle.

The triathlon, which is being used as a qualifier for the World Championships being held in Kelowna, B.C.; later this year, is open to anybody who wants to enter according to Graham Fraser, the promoter of the event.

"Anybody who is in decent shape and can swim," he added. "There will be competitors from all across the country. The event is going to be broadcast on national television, CTV's Wide World of Sports."

Falle wasn't shy about explaining why Milton's Kelso was chosen to host the championships.

'Right now we're on the Royal LePage triathlon circuit. The site has been a favourite of the competitors on the circuit for quite a while," \explained Falle. "It has a very scenic running course, a tough cycling section and the lake is a bonus. It's close to the airport and there are a lot of accommodation facilities in the area. Everything about it is perfect."

Fraser also said it was no problem for Milton to win the right to hold the

'Tri-Can, the sports governing body, decided they were going to hold the championships in Ontario this year. I sat down and decided Milton was the best of the courses we use on our tour. We put together a proposal to host the event outlining

the high points, the access to airports and the quality of the course. When the vote was taken, we got every one of them. It was a unanimous decison," he said.

The estimate on spectators isn't a number pulled out of the air by Falle.

Each of the competitors will bring at least one guest, their mother. father, husband or wife, and when we figure the amount of people who will just come and watch, the number gets up near 2,000."

The entry fee for competitors is \$50 and that includes more than just running in the event.

For \$50 the competitors get two meals, a long-sleeved shirt, a medallion, a screened water bottle and swimming cap, and their park entry,"said Fraser.

The top-ranked triathletes from across the country will be at the event according to Fraser.

"Richard Browne Willowdale will be there as will Vince Beretta from London. From B.C. will be David Kirk and Steve McMurda. It's going to be a very competitive event."

The one thing Fraser is still looking for is volunteers from Milton. In addition to seeing the event and lending a hand, volunteers will get a meal and a T-shirt. All those interested should attend a volunteer meeting being held Tuesday, July 19, at Milton Memorial Arena at 7:30

For more information regarding either competing in or volunteering for the triathlon, call 945-2615.



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Roxul becoming

T-ball dynasty If scientists want to do a test on whether constant winning breeds boredom, they would never have a better subject than the Milton Roxul Senior T-Ball team. 'So far this year, Milton has entered five tournaments and won them all, never dropping a single game along the way. Milton coach Frank Haydar even admits sometimes it is difficult to keep the players from getting over-confident

and to keep them motivated. "Our biggest job right now is to fight complacency. We try all kinds of little tricks to keep them motivated. At this tournament we dedicated it to the team moms and before the tourney started I went and borrowed the tournament trophy. Milton had won this tournament the previous two years and I told the boys that we should make it three in a row," said Haydar.

Milton came up against arch-rival Clarkson in the finals of the tourney, and thanks to something that had happened earlier in the week, they didn't need much motivation.

"Last Wednesday Clarkson beat us 20-19 in a league game so we were up for them," he said. "Before the final game in the Martin Grove Tournament, Clarkson said they wanted to start beating us on Sunday's (when most tournament finals are held). We just told the boys we better beat Clarkson."

Milton did just that to Clarkson, downing them 23-9 in a game stopped after just four innings. After two innings the score was 10-8 in favour of the locals, but it was the third inning that decided the contest. Milton scored seven runs and held Clarkson to none, to give Milton a 17-8 lead

they were never to reliminish.

Third baseman Adam Bertoli was voted the MVP in the final game and won a Lloyd Moseby glove for his trouble. The other standout for Milton was Chris Scherer in cen-

trefield, who not only played spec-

tacular defense but also hit five homeruns on the weekend, including two in the deciding game against Clarkson.

· Others hitting homeruns for Milton were Ryan Ricci with three, Mike Roy and Bertoli with two and Denis Bell, Kevin May, John Nadalin, Mini Haydar and Trevor Gillies, all with singles.

To get to the finals Milton knocked off Bloor 20-10, Waterloo 21-9 and Guelph 16-6.

"Getting beat by Clarkson last Wednesday was probably the best thing that could have happened to us," said Haydar. "It showed the guys they aren't going to win a game just by showing up. They still have to go out there and play ball."

Samuel has Regal Intentions

A win is a win is a win. . This is the view Milton's Ernie Samuel, owner of Sam-Son Farms, will probably be taking when he sits down to reflect on Sunday's 129th running of the Queen's Plate, held at Woodbine Race Track in Toronto.

The Samuel's horse most people thought would win the race. Regal Classic, finished second, but not too worry. Regal Intention, the other Sam-Son entry, managed to win the race.

The winning time was only 2:06 1/5, a very slow time considering the extremely fast track the race was run on.

The Queen's Plate win was the first for Samuels in seven tries with 14 horses. Also celebrating his first win was the horses' trainer, Jim Day, who was in his sixth race with 13 horses.

The win, with jockey Jack Lauzon on board, was the ninth career victory for Regal Intention in 15 starts. For his trouble, he earned \$199,497 to push his career earnings to more than \$514,000.

The future of the two horses is still up in the air. Originally, Samuels intended to run Regal Classic in the Prince of Wales Stakes in two weeks at Fort Erie and Regal Intention was slated for the Western Canada Derby Series which bigins in a few weeks. Sunday's race may change a few plans for the horses though.

Royals get much needed time to heal

Milton last week.

By JEFF PASQUALE

Renee Ross shows the proper form on the tennis

court during a practice at the Milton Tennis Club on

Monday. Rende was out with her sister and parents en-

Major League Baseball is currently in the midst of its All-Star break, an annual event where the teams all get a three-day break from the rigors of the daily grind of playing

The Milton HJM Insurance Royals are also in the midst of the equivalant of their mid-season break; a 10-day lull in the schedule, coming right after the toughest stretch of the season.

With the season now two-thirds of the way completed, Milton goes into their break with a 10-11 record, far surpassing manager Glenn Turner's expectations.

"I'm very pleased with our record so far. This break comes at exactly the right time, it will give all of our little aches and pains time to heal. We haven't got anything planned for the break, just a lot of rest," said the playing manager

Future star

The Royals go into the break with a six game streak of winning a game; then losing a game. This pattern held true in its two games played last week.

Saturday afternoon Milton hosted one of the top teams in the league, the St. Catharines Metros, and downed them 13-11.

The big bats were wielded by Glenn and John Turner, both of

whom hit three- run homeruns early in the St. Catharines game. The other big blow was a two-run double by Brian Marks.

joying (?) the hot and humid weather that came through

Photo by JOHN WARREN

Gerry Milne threw five innings. allowing nine runs on eight hits, four walks and five strikeouts. George Moore pitched the sixth through eighth innings; holding the Metros to two runs, while Doug Anderson pitched a flawless ninth inning to pick up the save.

'The pitching went almost exactly to the plan," said Turner. "We started Gerry, hoping to get four or five innings out of him. George pitched three innings in the middle, and Doug really did a good job in the

ninth, he never gave St. Catharines any life."

Monday's game at Oakville was a whole different story as Milton was missing five starters and dropped a laugher, 12-2.

"We were never in it, and on top of that it started to rain in the eighth inning, so the game was called, although that didn't matter too much because we weren't coming back," said Turner.

Turner attributes the team's good play of late to solid pitching and the fact that with all the new faces on the team this year, it took a while until the guys gelled and started to play

well together.