

- The Finest Fruits and Vegetables (fruit baskets available)
- Canada Grade A Meat (freezer order and party trays)
- In Store Home Baked Bread and Pastries
- Friendly and Courteous Service
- Everyday Low Prices
- Super Low Specials
- Wide Variety of Groceries
- Appetizing Delicatessen

SUPERCHOICE

Country Markets

CHOICE

FRESH PRODUCE

TENDER JUICY BEEF

Cut from Canada Grade "A" Beef

t-bone steaks **4.39** LB.

Produce of U.S.A.

sweet eating whole watermelons **2.99** EA.

Cut from Canada Grade A Beef

boneless sirloin steaks **3.99** LB.

Fresh Never Frozen

chicken legs (part-back attached) **89¢** LB.

Produce of Ontario

fresh head lettuce **59¢**

Produce of U.S.A.

super sweet fresh corn **4.99**

International **Black Forest bacon** **2.19** 500 g pkg.

Made Fresh hot or sweet **Italian sausage** **1.79** LB.

Produce of U.S.A.

sweet ripe nectarines **99¢** LB.

Produce of U.S.A.

celery stalks **99¢**

Fresh **pork side spare ribs** **1.99** LB.

Cut from Canada Grade A Beef

thick inside cut family steaks **2.99** LB.

Produce of U.S.A.

fresh blueberries **1.99** pint

Produce of U.S.A.

fresh snow peas **1.99** LB.

Great on the Grill **knackwurst sausage** **2.99** LB.

International **dinner hams** **1.99** LB.

Produce of U.S.A.

fresh pineapple **1.99** EA.

Produce of Holland

fresh, red peppers **2.99** LB.

Made Fresh Medium **ground beef** **1.69** LB.

Cut from Canada Grade A Beef

inside round roast **2.99** LB.

Produce of U.S.A.

baking potatoes **29¢** LB.

Produce of U.S.A.

fresh zucchini **69¢** LB.

Niagara 355 mL can frozen pink or white lemonade **3.99** FOR 4

Nelson Famous 2 L Box asst. flavours ice cream **2.99**

Nabob 300 g Fine, Ex. Fine **regular ground coffee** **1.99**

Nabisco 500 g Box **shreddies cereal** **1.79** FREE CEREAL BOWL WITH EVERY BOX PURCHASED

Hawaiian Punch 3 x 250 ml **fruit drinks** **99¢**

Kraft 500 ml Asst. Varieties **salad dressing** **1.99**

Clark's 14 oz tin with pork and tomato sauce **beans** **59¢**

Tide 6 L Box laundry **detergent** **4.99**

White Swan 2 roll pkg **paper towels** **99¢**

Jello 85 g box assorted **jelly powder** **2.88** FOR 3

Kam or Kik 340 g luncheon **meats** **1.69**

Sunlight 1 L liquid **detergent** **1.99**

Old Dutch 36 L liquid **bleach** **1.39**

Spring Farms 24 slices 500 g **cheese slices** **2.49**

Country Oven 48 pack ice cream **cones** **1.99**

Fresh Baked Superchoice **crusty rolls** **1.99** DOZ

Fresh Baked Superchoice **raspberry turnovers** **1.99** PKG. of 4

Sliced at the Deli **roast beef** **3.99** LB.

Sliced at the Deli **eye of the round pastrami** **3.99** LB.

French's 250 ml squeeze bottle prepared **mustard** **99¢**

24 x 280 ml Cans **diet or regular coca cola** **6.99**

Fresh Baked Superchoice **crusty rolls** **1.99** DOZ

Sliced at the Deli **roast beef** **3.99** LB.

Heinz 1 L Squeezable **tomato ketchup** **2.79**

Specials in effect Wed. July 13 thru Sat., July 16, 1988

575 Ontario St. S.
(Corner of Derry Rd. and Highway 25)
We reserve the right to limit quantities.

STORE HOURS:
Monday 9 a.m. - 6 p.m.
Tuesday 9 a.m. - 6 p.m.
Wednesday 9 a.m. - 6 p.m.
Thursday 9 a.m. - 9 p.m.
Friday 9 a.m. - 9 p.m.
Saturday 9 a.m. - 6 p.m.