The Finest Fruits and Vegetables (fruit baskets available)

Capada Grade "A" Meet

Canada Grade "A" Meat (freezer order and party trays)

In Store Home Baked
 Bread and Pastries

- Friendly and
   Courteous Service
- Everyday Low Prices
- Super Low Specials
- Wide Variety of Groceries

ety of • Appetizing

Delicatessen

tessen

MARINATE

Rodice of U.S.A.

Sylvatine Bing (1966)

Given Head (1966)

Given Head

great on the grill chicken breast

chicken drumsticks

GREAT B.B.Q.

Fresh Never Frozen

Chicken

GREAT

Chicken

Chick

fresh broccoli

6 9 BUNCH

extra large tomatoes

Cut from Canada
Grade A Beef
short in semi-bonolos 4 69
LB.

Packed Fresh Daily small link

Fresh

LB

Produce of U.S.A. fresh cantaloupe 6 9 EA

Produce of Ontario fresh bunch spinach

Produce of Ontario Day of Day

Produce

of U.S.A.

broken sliced rindless side bacon

Maple Lodge

Packed Fresh Daily

450 g pkg.

wieners

Made Fresh From 100% Beef Jean ground

beef

Fresh

179

Produce of U.S.A. allcling cucumber 2/99

Produce of U.S.A. 2FOR Q C

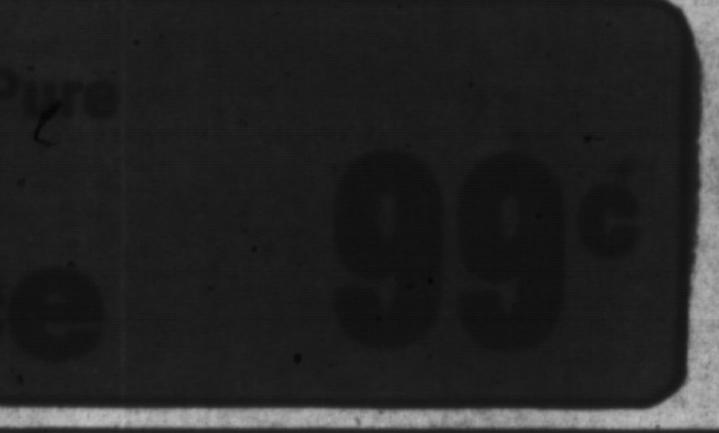
Produce of U.S.A.

Produce of U.S.A. fresh roasted peanuts 129 LB.

Cut from Canada
Grade A Beef
cross cut
steaks

LB

From the Butt chops



MARKET MA

Ayimer

1 L
tomato
ketchup

**Great Escapes** 

Frozen

Tide
6 L Box
laundry
deterge

499

Niagara 12 oz. tin frozen concentrated orange juice

8 Kg Bag
Purina
dog
chow

Primo 900 g pkg. ready cut 'Spaghetti, spaghettin' 999

Old Dutch 36 L Jug
figuid

Box of 150
facial tiesues
Home's 500 mi
barbeque

99

hirst Aid 660 g tin 198 arystell 98 arystell 98 arystell 98 argument of the second of

Baked Fresh
Superchoice 46

cinnamon sweet buns

Baked Fresh Superchoice white bread

cooked potato ham salad

Avon 19 oz. tin sliced PE.I. potatoes Country Harvest 675 g loaf

Primo 28 oz. tin

spaghetti

6

STORE HOURS: Monday 9 a.m.-4 p.m. Tuesday 9 a.m.-6 p.m. Wednesday 9 a.m.-6 p.

Thursday 9 a.m. - 9 p.m. Friday 9 a.m. - 9 p.m. Saturday 8 a.m. - 6 p.m. 575 Ontario St. S.
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