

- The Finest Fruits and Vegetables (fruit baskets available)
- Canada Grade "A" Meat (freezer order and party trays)
- In Store Home Baked Bread and Pastries
- Friendly and Courteous Service
- Everyday Low Prices
- Super Low Specials
- Wide Variety of Groceries
- Appetizing Delicatessen

SUPERCHOICE Country Markets



CHOICE
FRESH
PRODUCE
TENDER
JUICY
BEEF



Cut from Canada
MARINATE & GRILL

Produce of U.S.A.
PRODUCE

Fresh Never Frozen
great on the grill chicken breast
1.99 LB.

Fresh Never Frozen
chicken drumsticks
GREAT B.B.Q. **99** LB. ^c

Produce of Ontario
fresh broccoli
69 BUNCH ^c

Produce of U.S.A.
extra large tomatoes
69 LB. ^c

Cut from Canada Grade A Beef
short rib semi-boneless roast
1.69 LB.

Fresh boneless
pork butt roast
1.79 LB.

Produce of U.S.A.
fresh cantaloupe
69 EA. ⁺

Produce of Ontario
large head green or red leaf lettuce
2/99 FOR ⁺

Packed Fresh Daily broken sliced
rindless side bacon
99 LB. ^c

Packed Fresh Daily small link
breakfast sausage
1.29 LB.

Produce of Ontario
fresh bunch spinach
69 ^c

Produce of U.S.A.
fresh mangoes
99 EA. ^c

Maple Lodge 450 g pkg.
skinless wieners
99 ^c

Made Fresh From 100% Beef
lean ground beef
1.79 LB.

Produce of U.S.A.
slicing cucumber
2/99 FOR ^c

Produce of U.S.A.
fresh peaches
79 LB. ^c

Cut from Canada Grade A Beef
cross cut steaks
2.79 LB.

Fresh From the Butt
pork chops
1.39 LB.

Produce of U.S.A.
fresh green onions
3/99 FOR ^c

Produce of U.S.A.
fresh roasted peanuts
1.29 LB.

Flavorful
ANGLO PINE

Flavorful
ANGLO PINE

Aylmer 1 L
tomato ketchup
1.99

Tide 6 L Box
laundry detergent
4.99

Niagara 12 oz. tin frozen concentrated
orange juice
99 ^c

8 Kg Bag Purina
dog chow
9.99

White Swan 2 roll pkg
paper towels
99 ^c

Sunlight 1 L liquid
detergent
1.99

White Swan Box of 150
facial tissues
99 ^c

Primo 28 oz. tin
spaghetti sauce
99 ^c

Primo 900 g pkg. ready cut
Spaghetti, spaghetti
pasta
99 ^c

Old Dutch 36 L Jug liquid
bleach
1.39

Home's 500 ml barbeque
sauce
1.69

Thirst Aid 660 g tin drink
crystal
1.99

Great Escapes Frozen
entrees
1.29

Baked Fresh Superchoice
cinnamon sweet buns
1.59 PKG. OF 6

Baked Fresh Superchoice
white bread
59 ^c

Sliced Fresh
cooked ham
1.79

Fresh at the Deli
potato salad
1.39

Avon 19 oz. tin sliced PE.1
potatoes
99 ^c

Baked Fresh
Superchoice egg buns
1.68 DOZ.

Baked Fresh Superchoice
white bread
59 ^c

Sliced Fresh
cooked ham
1.79

Fresh at the Deli
potato salad
1.39

Country Harvest 675 g loaf
all varieties bread
99 ^c

STORE HOURS:
Monday 9 a.m. - 6 p.m.
Tuesday 9 a.m. - 6 p.m.
Wednesday 9 a.m. - 6 p.m.
Thursday 9 a.m. - 6 p.m.
Friday 9 a.m. - 6 p.m.
Saturday 9 a.m. - 6 p.m.

Specials in effect Wed., July 6 thru Sat., July 9, 1988
575 Ontario St. S.
(Corner of Berry St. and Highway 20)
We reserve the right to limit quantities.

