Continued from page 14

Manitoba last summer. Ontario beat Alberta for the title.

She also plays in the Golden Horseshoe League on the Oakville team. She has been playing soccer for nine years and recently was named rookie of the year at Queen's University in Kingston where she is a first-year biology major.

Sandra Stephanson won her award for excellence in rowing but could not be reached for comment.

'Ontario is gaining a strong reputation for athletic excellence on the national and international fields competition," said Ontario Minister of Tourism and Recreation Hugh P. O'Neil

"This could not have been done without the dedication, drive and

achievement of these athletes. We are proud to offer back to them this small part of the recognition they have gained for us."

More than 1,000 1987 Athlete Achievement Awards will be given to individual and team athletes from the Central Ontario region. Awardees include sprinter Ben Johnson of Scarborough, the world's fastest man.

Presentation of athletic achievement awards and other sports awards to volunteers and corporate sponsors will take place April 15 at the 21st annual Sports Awards Banquet, to be held at the Sheraton Centre in Toronto.

The banquet and presentations are being put on by the Ministry of Tourism and Recreation.



Milton's Ed Whitlock, winner of an international cross-country race, want to find more time to run.



Cathy Redshaw, rookie of year winner at Queen's, is again playing soccer for Oakville:



King, Sipkes OFSAA bound

Continued from page 14

She said poor tumbling kept her from a possible gold Friday. She has set modest goals for OFSAA.

"I just want to place other than last," said King. Campbell thinks both gymnasts will do well at OFSAA.

She said this could be the year Sipkes places in the medals after coming fourth two years in a row. King is an "underdog" for a medal, but could win one in floor because of her strong dancing routine.

The high school has had an off and on program when it comes to gymnastics, but interest has been strong enough in the last three years to form a team and compete at GHAC.

The club is made up of first-year athletes along with those from the Milton Springers gymnastics club. King and Sipkes are Springers.

Angela Barrow came fifth overall in intermediate vault and just missed going to the provincials.

Competitors had to place in the top four for a trip to Chatham.

Marni Bissonnette, Pauline Campbell, Angela Andrews and Nicola Cason rounded out the team.

They are beginning gymnasts and earned respect from Campbell and McPherson for their gutsy performances.

"All did extremely well for their first time in competitons," said McPherson.

The high school team trained at the Milton Springers' headquarters in the mornings before school started. Morning practices were about two times a week.

McPherson appreciated use of Springer equipment and Campbell's help. Both coaches will be in Chatham.

McPherson; a former physcial education_teacher and now principal, explained his coaching skills are musty and gave Campbell much of the credit for the Milton's strong showing Friday.



HALTON SPORTSMEN'S ASSOCIATION 8th ANNUAL BREAKFAST

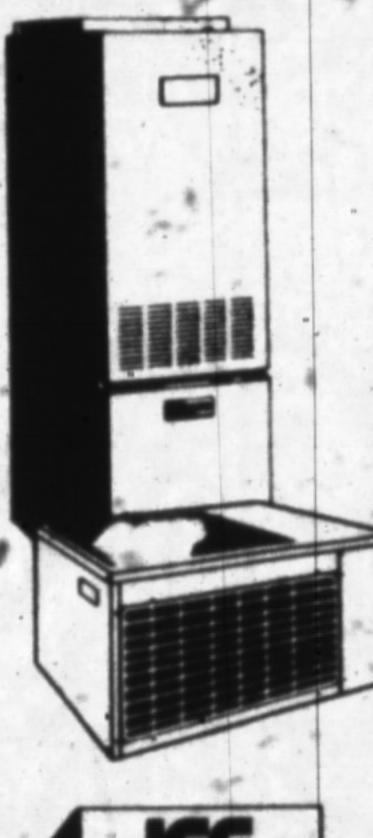
SATURDAY, APRIL 16th, 1988

6 a.m. till noon at

CLUB HOUSE ON STEELES AVENUE ALL PROCEEDS TO MILTON DISTRICT HOSPITAL

FACTORY REBATES UP TO \$350°00

OF FREE 5 YEAR PARTS AND LABOUR WARRANTY



CENTRAL AIR FURNACES

Convert to a combination of a natural gas furnace, central air and accessories to receive up to \$350.00 in FACTORY REBATES or receive a FREE 5 YEAR PARTS AND LABOUR WARRANTY on ICG furnaces and central air. (Normal warranty for most home comfort products is one year.) Ask your ICG dealer about low-cost utility financing.

Limited time offer April 1 to May 15/88.

Only available from participating dealers.



... Comfort You Can Count On

BAILEY HEATING & COOLING A DIVISION OF BAILEY PUELS MILTON LTD.

R.R. 43, MILTON, ONTARIO L9T 207 PHONE: 878-4821



FROM

REAR DRUM

most domestic cars

FROM FRONT DISC

most domestic cars

(semi-metallic pads extra)

In a perfect world, your brakes would never be a problem. But the world's not perfect. So it pays to take preventative

measures. And it pays to have your brakes looked at by a qualified Midas Brake Specialist. He'll make your brakes his priority, and fix them right the first time.

HERE'S WHAT HE'LL DO: Perform a free, no obligation

brake system inspection.

REAR DRUM

resurface your brake drums

 install premium quality brake shoes



- resurface your brake rotors
- install premium quality disc
- clean and repack front wheel bearings

Midas disc brake pads and brake shoes are guaranteed for as long as you own your car. **

*The cost of additional components and labour required to restore brake system to its proper operation is not included.

Service charge of \$9.95 per axle Guarantee does not cover the cost of additional brake system com ponents and labour required to restore the brake system to its proper operation. If you do not authorize this service, you will receive non-installed, non-

guaranteed replacement brake shoes or disc brake

MIDAS®

420 Steeles Ave. E., Milton 876-4663