



SUPERCHOICE

Country Markets



White Swan
paper towels
2 roll pkg. **.99**

made from 100% fresh beef
lean ground beef
1.89 lb.

produce of Canada
10 lb. bag P.E.I.
potatoes
.99

Brookside 450g
white sliced
bread
.59

St. Lawrence
corn oil
3 L cont. **3.99**

fresh whole
chickens
.99 lb.

produce of U.S.A.
romaine lettuce
69¢

Chef Boy Ar Dee
beefaroni, mini ravioli
beef ravioli
15 oz. tin **.99**

Canada gr. A
large
white eggs
.99

fresh from the loin
3 rib, 3 centre & 3 T-loin chops
pork chops
1.99 lb.

produce of U.S.A.
Granny Smith
apples
.99 lb.

Fairies 1 L jar
apple or orange
juice
.99

Liptons lots of noodles
cup a soup 56 g **.99**

fresh parts
country cut chicken lb. **.99**

produce of U.S.A.
honeydew melons **1.29**

Capri 4 roll pkg.
bathroom tissue **.99**

Schwartz 1 kg
peanut butter **2.99**

fresh
hot or sweet
store made
sausage
lb. **2.29**

produce of U.S.A.
green beans **.79** lb.

Monarch large 3.5 kg
all purpose
cake & pastry
flour **2.99**

Pantry Shelf 198 g tin
chunk or flaked
light tuna **.99**

cut from Canada gr. A beef
thick cut
family steaks **3.49** lb.

produce of U.S.A.
snow peas **1.99** lb.

Hills Bros.
instant coffee 227 g jar **4.99**

Libby's 14 oz. tin
beans with pork **.69**

from the hip
tenderized
cube steaks **3.69** lb.

produce of U.S.A.
fresh zucchini **.69** lb.

Neilson's
granola bars 170 g pkg. **1.99**

Monarch 470 g
cake mix **.99**

packed fresh daily
Black Forest
bacon **2.99** lb.

produce of U.S.A.
tangelos **.69** lb.

extra
mandarine oranges **.89**

Pantry Shelf 19 oz. tin
pineapple in own juice **.99**

Boston Blue
fresh fish
fish fillet **2.99** lb.

produce of U.S.A.
kiwi fruit 1 lb. bag **1.99**

Nine Lives
cat food 170 g tin **.39**

Alpine 500 g tin
hot chocolate **1.99**

Schneider's 500 g
all beef
steakettes **1.99** lb.

produce of Ontario
rutabagas **2.99**

Pantry Shelf 340 g tin
corned beef **1.69**

York frozen 8 oz.
chicken, beef, turkey
meat pies **.69**

fresh from our own ovens
crusty rolls **9 FOR .99**

FRESHLY SICED AT THE DELI
eye of the round pastrami **3.99** lb.

Cheer 6 L box
laundry detergent **3.99**

Stouffers 340 g frozen
macaroni & cheese **1.89**

from our own ovens
baked fresh daily
Italian bread **.69**

from our own ovens
baked fresh daily
raspberry jelly rolls **1.39**

sliced fresh
Brandt's
assorted
cold cuts **3.99** lb.

made fresh
12" deluxe pizza **3.99**

Golden Rain 1 L
dishwashing liquid **.99**

York 1 kg bag frozen
green peas **1.99**

from our own ovens
baked fresh daily
cream pies **1.49**

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cream pies **1.49**

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baked fresh daily
cream pies **1.49**

Old Dutch 2 L
fabric softener **2.99**

Farmhouse 12 oz. frozen
cream pies **1.49**

from our own ovens
baked fresh daily
cream pies **1.49**

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cream pies **1.49**

Trend 3.6 L
liquid bleach **.99**

NOW OPEN EVERY SUNDAY 9 am to 8 pm

Store Hours:
MONDAY - 9 am - 8 pm
TUESDAY - 9 am - 8 pm
WEDNESDAY - 9 am - 9 pm
THURSDAY - 9 am - 9 pm
FRIDAY - 9 am - 9 pm
SATURDAY - 8 am - 6 pm
SUNDAY - 9 am - 5 pm

Specialty Market Wed., Nov. 19 9 am - 8 pm, Nov. 20, 1986

