

TOWN OF MILTON

DEPARTMENT OF LEISURE SERVICES

SPRING PROGRAMS



CHILDREN & YOUTH PROGRAMS

Toddlers Morning Out

— For children 2 to 3 years
— Half Day Morning Program
— Simple Play, Crafts, Games, Stories
— New Toys to play with and a chance for your child to socialize with other children.

Location: Campbellville Lions Club Hall
Dates: Fridays, April 4 to June 6, 1986
Time: 9:00 to 11:00 p.m.
Code: YS5490751
Fee: \$35.00

Pre-School Playshops

— For children 3 to 5 years
— Recreational Program
— Crafts, Storytime, Sing Songs, Games, Creative Play, Special Events, Trips.

Location: Campbellville Lions Club Hall
Dates: Every Monday & Wednesday April 2 to June 11, 1986
Cancelled: May 19, 1986
Time: 9:00 a.m. to 11:30 a.m.
Fee: \$70.00
Code: YS5150711

Brookville Area

Location: Brookville Community Centre
Dates: Every Tuesday & Thursday, April 1 to June 5, 1986
Time: 9:00 a.m. to 11:30 a.m.
Code: YS5160621
Fee: \$70.00

Trampoline Course

— Beginners Program
— Instructor: Ian Stoker, 876-1324
— British Trampoline Champion

Location: Sam Sherratt Public School
Dates: Mondays, March 17 to May 12, 1986
Cancelled: March 31, 1986
Time: 8:30-10:00 p.m.
Code: YS5660811
Fee: \$30.00

Dance Lessons

— Lessons available in Ballet and Modern Jazz
— Under direction of Audrey Meredith Dance Centre
— C.D.T.A.

Location: Martin Street Public School
Dates: Wednesdays, April 2 to May 21, 1986
Fee: \$30.00

Pre-School Ballet

Ages: 3 to 5 years
Time: 5:30 to 6:15 p.m.
Code: YS5141231

Ballet

Ages: 5½ and over
Time: 6:15 to 7:00 p.m.
Code: YS5141232

Modern Jazz

Ages: 7 years and over
Time: 7:00 to 7:45 p.m.
Code: YS5141233

ADULT PROGRAMS

Your New Image

— Co-operative Program with "Kiss & Make-Up"
— Basic introductory course for the "New You"

Location: John Tonnell Community Room
Dates: Wednesdays, March 19 to April 30, 1986
Cancelled: April 9, 1986
Time: 7:30 to 9:00 p.m.
Code: AS5720431
Fee: \$50.00 (includes make-up supplies)
Instructor: Donna Simpson

Basic Refinishing Course

— Learn how to refinish your old furniture
— Hand stripping, proper sanding, staining technique, application of final finish, basic repairs

Location: Rotary Park Community Room
Dates: Thursdays, March 20 to May 8, 1986
Time: 7:30 to 10:00 p.m.
Code: AS5730841
Fee: \$35.00

Trampoline Course for Adults

— Beginners Program
— Instructor: Ian Stoker, 876-1324
— British Trampoline Champion

Location: Sam Sherratt Public School
Dates: Wednesdays, March 19 to May 7, 1986
Time: 8:30 to 10:00 p.m.
Code: AS5661531
Fee: \$30.00

Watercolor Course

— Learn the basics of watercolor

Location: Lions Club Hall
Dates: Tuesdays, March 18 to May 6, 1986
Time: 7:30 to 10:00 p.m.
Code: AS5682621
Fee: \$37.00
Instructor: Bonnie Coulter

Drawing

— Class for youth 12 to 15 years & adults
— Learn to develop your drawing skills

Location: Rotary Park Community Centre
Dates: Wednesdays, March 19 to May 7, 1986
Time: 7:00 to 10:00 p.m.
Code: AS5590831
Fee: \$34.00
Instructor: Roisin Nelson

Young at Heart

— Easy Yoga Exercises for the older person
— Simple stretching & breathing exercises

Location: Rotary Park Community Centre
Dates: Wednesdays, April 2 to May 21, 1986
Time: 10:00 to 12:00 noon
Code: YS5530631
Fee: \$25.00

Badminton

— Meet new friends
— Enjoyable and challenging Sport

Location: Milton District High School
Dates: Wednesdays, March 19 to May 28, 1986
Cancelled: April 23/30, May 7, 1986
Time: 7:30 to 9:30 p.m.
Code: AS5241131
Fee: \$28.00

Knitting and Crocheting Course

— Learn to knit or crochet or improve your skills

Location: Rotary Park Community Centre
Dates: Mondays, March 17 to May 12, 1986
Cancelled: March 31, 1986
Time: 7:30 to 9:30 p.m.
Code: AS5650811
Instructor: Sheila Sargent

Beginner Golf Clinics

— Co-operative program with Indian Wells Golf Course
— Basic skills will be taught in grip, stance, posture and swing

Location: Indian Wells Golf Course
Fee: \$35.00

Clinic 1

Dates: Mondays, May 5 to June 2, 1986
Cancelled: May 19, 1986
Time: 6:15 to 7:15 p.m.
Code: AS5392011

Clinic 2

Dates: Mondays, May 5 to June 2, 1986
Cancelled: May 19, 1986
Time: 7:15 to 8:15 p.m.
Code: AS5392012

Clinic 3

Dates: Thursdays, May 8 to May 29, 1986
Time: 10:00 a.m. to 11:00 a.m.
Code: AS5392013

Attention coaches

National Coaching Certification Program — Level II

Location: Boyne Community Centre
Date: Sundays, May 11, 18, 25, 1986
Time: 9:00 to 4:00 p.m.
Code: AS5442361
Fee: \$20.00

Aerobics

— Instructor: Pat Erskine, 878-8302

Personal Best

— Workout is suitable for beginners
— Terrific Workout for those who enjoy intense toning

New "non-impact" aerobics that offer you the least possibility of injury or strain

— Cardio-vascular conditioning

— Weight loss

— Energetic Good Time

Location: W.I. Dick Public School — Mondays
Milton District High School —

Wednesdays

Dates: Every Monday & Wednesday — March 24 to June 18, 1986

Cancelled: March 31 and May 19, 1986

Time: 7:00 to 8:00 p.m.

Code: AS5341311

Fee: \$53.00

Max-Aerobics

— More than Aerobics
— Much more than jogging, it's joyful, continuous movement

— Lose weight and/or increase energy

Location: W.I. Dick Public School — Mondays

Milton District High School —

Wednesdays

Dates: Every Monday & Wednesday — March 24 to June 18, 1986

Cancelled: March 31 and May 19, 1986

Time: 8:15 to 9:15 p.m.

Code: AS5341312

Fee: \$53.00

Friday Night Workout

— Suitable for both Max-Aerobic and Personal Best participants

Location: Milton District High School

Dates: Fridays, March 21 to June 13, 1986

Cancelled: March 28, 1986

Time: 7:00 to 8:00 p.m.

Code: YS0050252

Fee: \$2.00/per class/payable to instructor at Program

AQUATICS — AQUATICS INFORMATION

Adult Recreational Swimming

— Thursday evenings 8:15 p.m.-9:30 p.m.
Cancelled: March 13, May 8, 15, 22 and June 5

Public Recreational Swimming

— Friday evenings 8:45 p.m.-10:00 p.m.
— Saturday afternoons 2:15-3:30 p.m.
— Saturday evenings 7:00 p.m.-8:30 p.m.
— Sunday afternoons 1:30 p.m.-3:30 p.m.

Admission

Children (12 years and under) \$.75
Students & Adults \$ 1.25
Family Rate \$ 3.00
Yellow \$.75
Senior Citizens \$.75

March Break Public Swimming Schedule

Regular Schedule in Effect to March 9, 1986.
Monday, March 19 every day to Saturday, March 15 — 1:30 p.m.-3:00 p.m. and 7:00 p.m.-8:30 p.m.
Regular Schedule will Resume Sunday, March 16, 1986.
Recreational Swimming will End Sunday, June 15, 1986.

Easter Holiday Public Swimming Schedule

Good Friday, March 28, 1:30 p.m.-3:00 p.m. and 8:45 p.m.-10:00 p.m.
Easter Monday — March 31, 1:30 p.m.-3:00 p.m.
also Victoria Day, May 19, 1:30 p.m.-3:00 p.m.

Please Note: The pool capacity will allow the first 75 patrons only during each swim period. Please arrive early to avoid disappointment. Leave valuables at home, Milton Department of Leisure Services NOT responsible for any lost goods.

Adult Swim Instruction

1. Session Only — Thursday, March 20-April 17 (5 weeks)
Code: Beginners — AS0140241
Junior — AS0150241
Senior — AS0160241

Time: 7:00 p.m.-8:15 p.m.
Fee: \$15.00 per person (Senior Citizens Receive 50% Discount)

Synchronized Swimming

Date: Sunday, March 23 to May 25 (10 weeks)
Time: 12:30 p.m.-1:15 p.m.
Fee: \$25.00 per person
Code: YS5040271

Children's Water Safety Program

Spring Session

10 weeks — once per week, Friday, March 21 to Friday, May 23 and Saturday, March 22 to Saturday, May 24.

FEES:

Parent & Tot (8 per class) \$20.00 per child
Parent & Toddler (10 per class) \$20.00 per child
Tadpole (5 per class) \$23.00 per child
Yellow (5 per class) \$23.00 per child
Orange (8 per class) \$23.00 per child
Red I (8 per class) \$23.00 per child
Red II (8 per class) \$23.00 per child
Maroon (10 per class) \$26.00 per child
Blue/Survival (10 per class) \$26.00 per child
Green (10 per class) \$26.00 per child
Grey (10 per class) \$26.00 per child
White (10 per class) \$26.00 per child

Please Note: Do not combine payment by cheque for swimming with other department programs. Please write separate cheques.

Aquatic Leadership Program

1. R.L.S.S.C. Bronze Medallion/S.R. R.A. Sunday Morning, March 23-May 25 (Test June 1)
Time: 9:30 a.m.-11:30 a.m.
Fee: \$40.00 — Exam Fee Not Included
Code: AS0110271

2. R.L.S.S.C. Bronze Cross Sunday Morning, March 23-May 25 (Test June 1)
Time: 10:30 a.m.-12:30 p.m.
Fee: \$40 — Exam Fee Not Included
Code: AS0120271

3. R.L.S.S.C. Award of Merit Sunday Morning, March 23-May 25 (Test June 1)
Time: 10:30 a.m.-12:30 p.m.
Fee: \$40.00 — Exam Fee Not Included
Code: AS0140271

Interested Persons Are Asked to Contact Mrs. Carole Murray, 878-7021

Milton Swim Team
Interested Persons Are Asked to Contact Mrs. Carole Murray, 878-7021

LESSON SCHEDULE CHILDREN'S WATER SAFETY PROGRAM

Registrations for the Spring Session of AQUATICS ONLY will be accepted as of FEB. 24th, 1986.

CLASS	DAY	STARTING TIME	CODE	CLASS	DAY	STARTING TIME	CODE
PARENTS & TOTS 8 per class FEE: \$29 CHILD	Friday	6:30 p.m.	YS0010251	ORANGE	Saturday	11:00 a.m.	YS0040264
	Saturday	9:30 a.m.	YS0010252		Saturday	12:30 noon	YS0040265
	Saturday	11:00 a.m.	YS0010253		Saturday	12:30 p.m.	YS0040267
PARENTS & TODDLERS 10 per class 30 min. class FEE: \$23.00 per Child	Saturday	4:15 p.m.	YS0010261	Saturday	1:00 p.m.	YS1040261	
	Friday	7:00 p.m.	YS0010262	Saturday	1:30 p.m.	YS1040262	
	Friday	7:30 p.m.	YS0010263	Saturday	3:45 p.m.	YS1040263	
TADPOLE 5 per class 36 minute classes FEE: \$23.00 per Child	Saturday	10:30 a.m.	YS1010261	Saturday	4:45 p.m.	YS1040264	
	Saturday	1:00 p.m.	YS1010262	Saturday	5:15 p.m.	YS1040265	
	Saturday	3:45 p.m.	YS1010263	Saturday	5:45 p.m.	YS1040266	
MAROON 10 per class 30 minute classes FEE: \$23.00 per child	Friday	6:00 p.m.	YS0020251	RED (I & II)	I Friday	6:00 p.m.	YS0050251
	Friday	6:30 p.m.	YS0020252		II Saturday	7:00 p.m.	YS0050252
	Friday	7:00 p.m.	YS0020253		II Friday	8:00 p.m.	YS0050253
YELLOW 5 per class 30 minute classes FEE: \$23.00 per child	Friday	7:30 p.m.	YS0030254	MAROON 10 per class 45 minute classes FEE: \$26.00 per child	I Saturday	9:00 a.m.	YS0050261
	Saturday	9:00 a.m.	YS0030261		II Saturday	10:30 a.m.	YS0050262
	Saturday	9:30 a.m.	YS0030262		II Saturday	10:30 a.m.	YS0050264
ORANGE 6 per class 30 minute classes FEE: \$23.00 per child	Saturday	10:00 a.m.	YS0030263	BLUE/ SURVIVAL 10 per class 45 minute classes FEE: \$26.00 per child	I Saturday	11:30 a.m.	YS0050265
	Saturday	10:30 a.m.	YS0030264		II Saturday	12:00 noon	YS0050266
	Saturday	11:00 a.m.	YS0030265		I Saturday	12:30 p.m.	YS1050261
GREEN 10 per class 45 minute classes FEE: \$26.00 per child	Saturday	11:30 a.m.	YS0030266	I Saturday	1:30 p.m.	YS1050262	
	Saturday	12:00 noon	YS0030267	I Saturday	4:15 p.m.	YS1050263	
	Saturday	12:30 p.m.	YS0030268	I Saturday	4:45 p.m.	YS1050264	
GREY 10 per class 45 minute classes FEE: \$26.00 per child	Saturday	1:00 p.m.	YS1030261	I Saturday	5:15 p.m.	YS1050265	
	Saturday	1:30 p.m.	YS1030262	I Saturday	5:45 p.m.	YS1050266	
	Saturday	3:45 p.m.	YS1030263	I Saturday	6:15 p.m.	YS1050267	
WHITE 10 per class 45 minute classes FEE: \$26.00 per child	Saturday	4:15 p.m.	YS1030264	GREEN 10 per class 45 minute classes FEE: \$26.00 per child	Friday	7:30 p.m.	YS0060251
	Saturday	4:45 p.m.	YS1030265		Saturday	9:00 a.m.	YS0060261
	Saturday	5:15 p.m.	YS1030266		Saturday	10:30 a.m.	YS0060262
ORANGE 6 per class 30 minute classes FEE: \$23.00 per child	Saturday	5:45 p.m.	YS1030267	WHITE 10 per class 45 minute classes FEE: \$26.00 per child	Saturday	6:00 p.m.	YS1060261
	Saturday	6:15 p.m.	YS1030268		Friday	7:30 p.m.	YS0100251
	Friday	6:00 p.m.	YS0040251		Saturday	8:45 a.m.	YS0100251
YELLOW 5 per class 30 minute classes FEE: \$23.00 per child	Friday	6:30 p.m.	YS0040252	GREY 10 per class 45 minute classes FEE: \$26.00 per child	Saturday	4:30 p.m.	YS1060261
	Friday	7:00 p.m.	YS0040253		Friday	9:00 a.m.	YS0100252
	Friday	7:30 p.m.	YS0040254		Saturday	14:45 p.m.	YS0100262
MAROON 10 per class 45 minute classes FEE: \$26.00 per child	Saturday	8:00 p.m.	YS0040254	GREEN 10 per class 45 minute classes FEE: \$26.00 per child	Friday	9:30 a.m.	YS0100253
	Saturday	8:30 a.m.	YS0040261		Saturday	10:30 a.m.	YS0100254
	Saturday	9:00 a.m.	YS0040262		Saturday	11:30 a.m.	YS0100255

REGISTRATION INFORMATION

How to Register:

- The Department regrets that registrations will not be accepted by telephone.
- Mail completed registration form to the Department of Leisure Services.
- Drop off your registration at the Department of Leisure Services.
- Post dated cheques will not be accepted.
- Please make out separate cheques for all aquatic programs.
- Registration Fee by cheque or money order, payable to the Town of Milton.

Aquatic Registration Information:

- All Aquatic registrations for the Spring received at the Department on or before March 6, 1986, will be entered into the computer.
- On March 8, 1986, at 12:00 noon the computer will randomly select registrations and process them.
- Registrations received after 12:00 noon on March 8, 1986, will be accepted and processed on a first come, first served basis.

Please Note: There is no random selection date for the Department's other recreational programs. Register soon to avoid disappointment.

Where to Register:

Mail Registration Form to:
Department of Leisure Services
Town of Milton
P.O. Box 1005
Milton, Ontario
L9T 4B6

Drop off completed Registration Form to:<