

Devil's Food Layer Cake

3 1/2 cups butter 1 1/2 cups sugar
1 1/2 cups milk 3 eggs
1 cup flour 1/2 cup baking powder
1/2 cup cocoa 1/2 cup vanilla
1/2 cup nuts 1/2 cup raisins
1/2 cup currants 1/2 cup chocolate chips

Cream butter thoroughly, add sugar slowly. Add flour sifted with baking powder and salt, alternately with milk; add vanilla and melted chocolate. Fold in nutty butter egg whites. Put into 3 moderate layer cake tins and bake in moderate oven at 350° F. about 30 minutes. When cool, put together and cover thickly with Chocolate or White Icing (recipes are in the Magic Cook Book).

Miss Gertrude Dutton
tells why she makes her

Devil's Food Layer Cake
with Magic Baking Powder



"I know from experience," says the cookery expert of Western Home Monthly, "that Magic makes most baked dishes look and taste better. Its uniform leavening quality gives dependable baking results."

And Miss Dutton's praise of Magic is endorsed by the majority of dietitians and cookery experts throughout the Dominion. They use Magic exclusively because they know it is pure, and always uniform.

Canadian housewives, too, prefer Magic. In fact, Magic outsells all other baking powders combined.

For luscious layer cakes, light tender biscuits, delicious pastry—follow Miss Dutton's advice. Use Magic Baking Powder.



LONDON'S POLITE POLICE.

Metropolitan Police Lenient With First Offenders.

Many New York policemen are courteous, even to those traffic offenders to whom they feel obliged to hand a "ticket." Others are inclined to put a strain on the use of irony by repeatedly inquiring: "Don't you know what time it is?" It is also their custom to employ the figure of indirect suggestion by asking: "Where's your fire-hat?" and "I didn't see no motorcycle certificate for you, buddy."

In London the Metropolitan police assume that the traffic violators are not determined and habitual criminals. Names and license numbers are always taken, but very often the motorist receives a communication from New Scotland Yard from H. M. Howgrave-Graham, the commissioner's secretary. This letter informs the recipient that the commissioner has heard of the traffic offence, but "after having given the matter his careful consideration, the commissioner has decided that he will, in the present instance, refrain from taking further steps." He will remember it, says the secretary, should a similar violation be reported.—New York Times.

THE WORLD'S TROUBLE.

The world will work itself out of its troubles simply because it will have to do it. But the process is going to be painful in many respects, whether it be prolonged or not. As an agency in that recovery society will have to get back to a simpler, more normal life; it will have to become re-acquainted with nature; it will have to correct governmental waste, extravagance and incapacity; it will have to relinquish false gods of sheer materialism, artificiality and sensualism, and get itself a new set of standards; it will have to realize that true progress is not represented by large skyscraping cities and the number of its enormously rich, but by the condition of its plain people, and particularly by the condition of those who do not live in the cities.

Those who are engaged in the primary industries, which, in the last analysis, form the economic and probably the social backbone of a country, it will do all of these things.—Victoria (B.C.) Times.

T. safeguard Melbourne, Australia, against water shortage in dry seasons, a reservoir has been constructed that will have a capacity of 2,500,000,000 gallons.

"Ideal Man" as Seen by Public Health Service

Some men will find comfort in plans and specifications put out by the public health service, the Spokane Spokesman-Review remarks. If a man is between thirty and fifty years old, weighs from 130 to 170, and is not more than 5 feet 8 inches tall, he is a pretty fine fellow. At least, he is likely to have more strength and endurance than men who do not fit the specifications. If he is a little short on strength and endurance, he has only himself to blame, and should at once begin to make the most of his opportunities.

Doctor Savage's Dilemmas
By DORA MASON

YOUNG Doctor Savage was not so much worried about his patient as he was about his pretty daughter. And Emid was quite enough to trouble anyone and had succeeded, at her eighteenth year, in driving her lovely mother to the very borders of nervous prostration.

Nuremberg Powder Horn

Among unusual displays at the Metropolitan Museum of Art is a powder horn made of a stag's antler, elaborately decorated with silver-gilt mountings. It was made in Nuremberg about 1620, at a time when hunting is a sport of noblemen was at its height, and it is tinged yellow with age. Its face, worn by constant handling, is carved in relief with the figure of a dismounted knight in full armor, kneeling before a wayside crucifix.

Bullet Long in Body

Fifty-one years ago, while hunting in the neighborhood of Council Bluffs, Iowa, W. D. Livingston, of Frankville, accidentally shot himself in the ankle. The bullet has just been removed, because for the first time in more than half a century the small piece of lead caused so much trouble.—Indianapolis News.

Protected Industry

Bees enjoy a natural monopoly, in which they are protected by a federal pure food law. It prohibits the sale of any artificial product as honey. Said to contain, in limited quantities, practically all the elements of a perfect food, honey has been utilized by man since before recorded history, authorities on the subject say.

Epitaph That Appears to Require Unraveling

In Chivers Coon churchyard is a highly complicated epitaph, which goes beyond anything ever carved on the gravestones of most countries. It reads as follows:

"Sacred to the memory of ANN wife of WILLIAM HILL who died Feb. 1, 1857 aged 37 years also ANN wife of the above who died June 2, 1857 aged 67 years also ANN mother of the above who died March 7, 1857 aged 77 years also HARRIET daughter of the above who died Dec. 14, '46 aged 15 years "Take ye heed, watch and pray, for ye know not when the time is."—Mark XIII, 33.—Collier's Weekly.

Wales Land of Castles

Wales, long called the "British Tyrol" is also a great land of castles, and Harlech on the summit of its lofty rock, is one of its most famous. It is not far from Normanton and about a mile from the little seashore town of Harlech. The well known battle song, "March of the Men of Harlech" occupies a high place in Welsh minstrelsy, and both song and castle have made it a rendezvous for tourists today, many of whom come for the golf links which are among the best in Wales. The castle was erected by Maelgwyn, prince of North Wales about 550 A. D., but on the site was a prehistoric castle, but on the site was a prehistoric castle, but on the site was a prehistoric castle.

Honey is the Radiator

Honey is a year-round friend of the motorist, according to C. A. Reese, specialist of the Ohio department of agriculture. Reese said that in the winter honey provided a good antifreeze solution for the radiator, and that in the summer it helped to keep the radiator cool, due to its high boiling point. He pointed out, however, that while there were advantages to having honey in radiator water, there were likewise disadvantages. Honey, he said, will pass through openings too small for water, thus endangering cylinders.

States Laid Waste by Grasshoppers in 1874

In 1870, it was noticed in the Middle West that grasshoppers were becoming more numerous. Year by year they kept on increasing, until in 1874 their onslaught amounted to a national catastrophe. In that year an area including the states of Colorado, Nebraska, Kansas, Wyoming, the Dakotas, Minnesota, Iowa, Missouri, New Mexico, Indian territory and Texas were overrun by the northern visitors. The loss in crops was estimated at \$50,000,000. It is reported that they came in swarms that darkened the sun, that their forms carpeted the fields, that they swarmed over houses and ate shingles and clapboards, and that in many cases, despairing families left their homes and fled from the guns of an invading army.

Feet to the East Once General Burial Custom

In the early Christian cemeteries of Great Britain and northern Europe, all grave plots were laid out east and west and burial was with the feet to the east. The custom arose, according to Stimpson's account, from a legend that Christ was placed in the sepulcher with his head to the west, Matthew 24:27—"For the lightning cometh out of the east, and shineth even unto the west; so shall also the coming of the Son of man be"—is quoted as authority for the belief that bodies of Christians should be buried with the feet to the east, so that on the morning of the resurrection they will be facing the east and can hurry to meet the Lord. In Wales the east wind is known, for this reason, as "the wind of the dead man's feet." Investigation of graves before the Christian era, however, has shown that among pagan peoples the same custom was observed. In America, some Indian tribes bury their dead with the feet to the east so that when they rise they will face the rising sun.

Chinese Praise of Tea

Authentically it may be said that the first record of tea in China is to be found in the historical narratives of Lo Yu, wrote Edward R. Emerson in "Present." Lo Yu was chancellor of the Tang dynasty and his writings are of such a character that there can be no doubt as to their truthfulness. Lo Yu records that tea was universal use in the Sixth century, and that it had grown so popular, in 793 A. D. that Emperor T'ang-tung put a tax on its consumption.

A NEW PROCESS.

Surprising Facts Demonstrated by Expert.

Synthetic silk stockings can be made out of the air we breathe, according to Wallace H. Carothers of the Du Pont experimental department.

Turtle Racing.

The only species of racing turtles are the box and gopher turtles Galapagos turtles (a giant race of land turtles now nearly extinct), when captive in zoological gardens, can be made to move in any desired direction by holding a pole to which a banana or a carrot is attached in front of their noses. In gopher turtles races the turtles are released from boxes in the center of a circle and travel to the margin, and the one which first reaches the edge is the winner.

Light in Sea Water

That latitude has a far-reaching effect on the distance light will penetrate in sea water has been proved by scientists in recent investigations, still uncompleted. It was found that at thirty-three degrees north latitude, light of a certain intensity penetrated to 200 meters, while at 50 degrees it went to 500 meters depth, and at 67 degrees the same intensity was recorded at a depth of only about 200 meters.—Popular Mechanics Magazine.

Perhaps So!

Teacher—What is the difference between barbarism and civilization? Pupil—In barbarism the husband is boss, and in civilization it's the wife.

Sturgeon Harlequin Fish

Though powerful in appearance, the sturgeon, the biggest fish in the Great Lakes system, is incapable of harm. Lacking teeth, its only defensive armament consists of its bony tail, with which a good-sized specimen can easily knock a man from his feet.

Jane Finally Got Her Roses
By CLARISSA HACKIE

JANE RYDER stared out of the dripping window into the dreary courtyard of the apartment house. The rain that trickled from the railing of the fire escape outside splashed monotonously. It was her twenty-fifth birthday and she had only received one birthday card in the day's mail, and the package that always came from home must have been delayed.

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SUN LIFE ASSURANCE COMPANY OF CANADA

PROGRESS Assurance in Force	STRENGTH Assets
1871 \$400,000	1871 \$63,000
1881 \$5,010,000	1881 \$536,000
1891 \$19,436,000	1891 \$2,885,000
1901 \$62,400,000	1901 \$11,773,000
1911 \$164,572,000	1911 \$43,900,000
1921 \$536,718,000	1921 \$129,372,000
1931 \$3,051,077,000	1931 \$624,804,000

STATEMENT FOR 1931

ASSURANCES IN FORCE (net)	\$3,051,077,000
NEW ASSURANCES PAID FOR (net)	527,939,000
TOTAL INCOME (net)	197,140,000
TOTAL DISBURSEMENTS	(36,509,000)
PAYMENTS TO POLICYHOLDERS AND BENEFICIARIES IN 1931	93,235,000
PAYMENTS TO POLICYHOLDERS AND BENEFICIARIES SINCE ORGANIZATION	594,185,000
SURPLUS AND CONTINGENCY RESERVE	21,126,000
TOTAL LIABILITIES (including paid up Capital Stock)	603,678,000
ASSETS, AT DECEMBER 31st, 1931	624,804,000

THE YEAR'S BUSINESS REVIEWED

"I think you will agree with me that for a year such as that through which we have just passed the showing is a remarkable one. New assurances of over \$27,000,000, and a total in force exceeding \$3,000,000,000, are figures so great as to need no emphasis.

"The distribution of our new business is interesting. Canada contributed \$101,000,000, United States \$291,000,000, Great Britain \$50,000,000, and the rest of the world \$85,000,000.

"Our mortality experience has been even more favourable than that of last year, the claims being but 54.3 per cent of the expected, against 57.6 per cent in 1930.

"Since business was commenced in 1871 we have paid out in benefits \$594,000,000. Last year alone our payments were \$93,000,000, an amount exceeding the total assurances written in 1922. We may well rejoice over the magnitude and importance of the social service which the Company is performing.

"During the past year life assurance has been tested as perhaps never before, and it has stood the trial triumphantly. So far as I am aware not one life company in the continent has had to close its doors, a wonderful record. In Canada we can claim with pride that even since Confederation not one Dominion licensed company has ever failed.

"It will be noticed that in addition to the surplus of \$16,000,000 over all liabilities and capital stock, we have a contingency reserve of \$4,700,000 to provide for possible shrinkage in mortgages and other real estate investments. Our reserves have been calculated on the same strong basis as last year. Although our investments payable in American currency greatly exceed our liabilities in that currency, we have treated both as on a par, taking no credit for the premium on American funds. Our liabilities under contracts in other currencies also are included at a total greater than required at the prevailing rates of exchange.

"Our holdings of stocks have been valued on the basis laid down by the Dominion Department of Insurance, which is practically the same as that adopted for all companies by the National Convention of Insurance Commissioners of the United States.

"In new investments we have favoured high grade bonds, the yield on which is now very attractive. Our purchases of Canadian Government bonds during the year amounted to \$23,000,000. The profits paid or allotted to policyholders amounted to over \$26,000,000, or over 20 per cent of the total annual premium income.

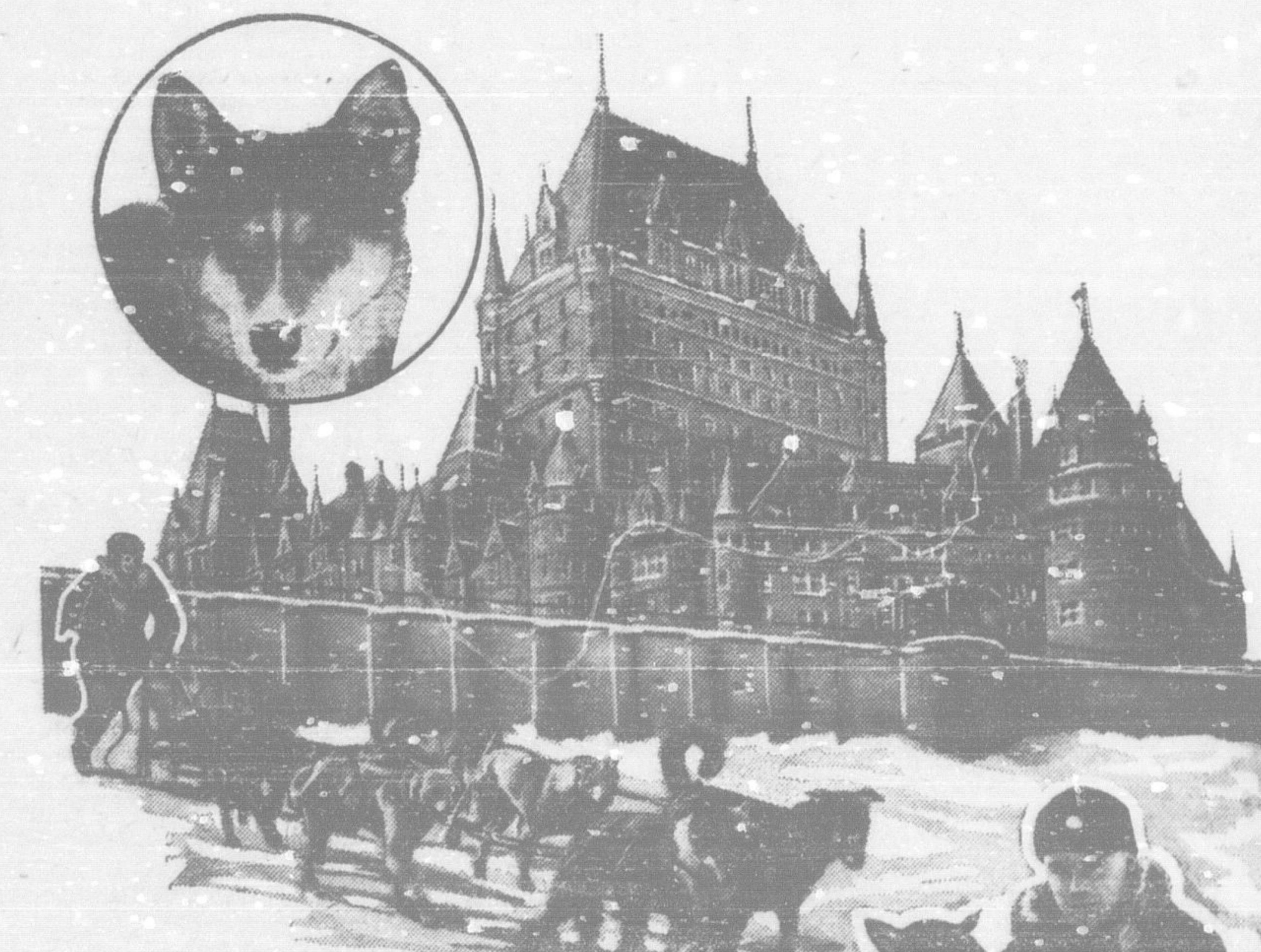
"In the light of these figures, the report is indeed an excellent one.

"And what of the future? No one believes that the depression will last for ever. It is impossible to say just when the turn will come, but with the vast natural resources of this continent, and the brain, energy, and actual wealth of its people, business recovery is inevitable. When prosperity does return no company will share in its benefits in greater measure than our own."

—From the President's Address at the Annual Meeting.

SIXTY-ONE YEARS OF SERVICE
SUN LIFE ASSURANCE COMPANY OF CANADA

"They're Off!"—In Old Quebec



The Eleventh annual Eastern International Dog Sled Derby—crowning event of the 1932 Winter Sport season—was scheduled for February 22-24. For those three days, all eyes turn to Quebec City, where each day the fight between the best dog teams in America over a course of 40-odd miles is staged. Emil St-Jodard, Leonard Seppala, hero of the rush with diphtheria serum to Nome a few years back, are among the contenders, of who last year there were eleven and this year there will likely be even more. In all, the race covers a distance of 128 miles and the finish is in Quebec itself through crowds of thousands of fans, lining the streets and cheer on the victor.

Handsome cash prizes are awarded, but this year interest is much above the usual. St-Jodard who has won the race four times in the last five years, has two legs on the Speed Cup and another win this year will give it to him permanently. Seppala has two legs on the Gold Cup for the best conditioned dog and star is to win it permanently this year. Prizes total \$2,150 with a first prize of \$800; second prize, \$600; third prize, \$300; then \$200, \$100, \$75, \$50 and \$25 in that order. In addition there is the Gold Cup for the best conditioned dog and the Speed Cup awarded to the team making the fastest time for a lap during the three days of racing.

The event winds up with the Dog Derby Costume Ball held at the Chateau Frontenac, the Canadian Pacific's great hotel, on Wednesday, February 24 at which prizes and cups are awarded to the winners.

The picture shows: Upper left, typical huskie, and right, Chateau Frontenac, Quebec. Below, centre, last lap of the race and lower, right, Emil St-Jodard and his lead dog, Toby.