

# Terminally ill are not well served doctor says

By Steve Arnold  
Modern attitudes toward death and dying amount to a conspiracy of silence that adds unnecessary suffering to the business of dying, a Burlington physician told members of the North Halton Hospice Care Concern Group recently.

Dr. Adam Grzeslo, who is spearheading the drive for a palliative care consulting team at Burlington's Joseph Brant hospital, said turn of the century attitudes toward death and dying may have been more constructive.

"Our attitudes have clearly changed from what they were and I personally hope they swing back to those of the turn of the century when death was a part of living," he said. "Now family members take very little part in this important occasion."

Palliative care, the care provided to terminally ill patients, is a controversial topic within the medical community today, he said, but attitudes toward it are starting to change.

In North America, Dr. Grzeslo said, palliative or hospice care is becoming more and more available.

The first hospital to provide it in Canada was the Royal Victoria Hospital in Montreal.

"The rule that we live by now in treating the terminally ill," he said, "amounts to a conspiracy of silence to protect the emotions of those who are involved and that is a very destructive attitude."

Despite the interest and concern of some hospital staff, Dr. Grzeslo said people who die in hospitals often suffer unnecessarily.

"About 70 per cent of the people who died in 1970 died in an institution of some sort and the studies clearly show that they suffered unnecessarily," he said.

This suffering includes mental, physical, spiritual and interpersonal aspects," he added.

"Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Despite the growth in popularity that the hospice movement has experienced, he said, hospitals seeking to enter that field still face a "major struggle."

"The majority of the initiatives come from people who express concern for the dying rather than from those who have an involvement such as the medical staff," he said.

In areas such as Burlington where efforts are being made to start a palliative care program, the involvement of the medical staff has been growing "but it seems to be a battle wherever a service has been started."

The involvement of a physician in the start of a program is vital, because of the necessity for getting involved "in the red tape of hospital politics and that is an area where the physician seems to have more clout," he said.

"Providing palliative care," he said, "is just part of providing good medical care. Death is a part of day to day life and we have been ignoring it for years."

While some palliative care units have opted from providing full bed service for patients, Dr. Grzeslo said the Joseph Brant program would have a heavy emphasis on home care.

"We have had five beds allocated to us but because of the attitudes of the staff we are not going to utilize those beds," he said.

Dr. Grzeslo said the aim of providing support in the community for terminally ill patients who want to stay at home is gaining support, but it is expensive.

"The majority of my patients who die at home, but it requires a lot of time to co-ordinate the care they require," he said.

"As long as we can provide the necessary support care I am going to continue to do this," he added.

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.

The predominant idea within the medical community, he said, is always been that the "best" care involves "aggressive diagnosis and therapeutic intervention."

Medical teams often fail to meet those special needs and that is contrary to the pride we take in providing the best health care possible," he added.



## Soaring high on the wind

Daryl Critch, 4, seems enthralled by the heights wood as he watches the kite being flown by father that can be reached with a little paper and light Lloyd soar above the fields of Rotary Park.

### APPOINTMENT OF OFFICERS

## METROLAND PRINTING & PUBLISHING LTD.



JACK COLEMAN  
Vice President



JOHN FERGUS  
Vice President



HUB FOLEY  
Vice President

John Baxter, President, is pleased to announce the appointment of officers for newly-formed Metroland Printing & Publishing Ltd. While the name is new, the resources that Metroland represents are well established and well known. Metrosan Printing and Publishing Ltd. and Inland Publishing Co. Limited have

long been recognized as the leading community newspaper groups in Canada. They have each produced, and been acknowledged for, their high quality commercial printing. Together they make Metroland, the most powerful suburban press network and one of the largest cold web printers in Canada.



Acton Free Press • Ajax/Whitby/Pickering News Advertiser • Aurora Banner/Newmarket Era • Bolton Enterprise • Brampton Guardian • Burlington Post • Etobicoke Advertiser/Guardian • Etobicoke Consumer • Georgetown Independent • Markham/Thornhill Economist & Sun • Milton Canadian Champion • Mississauga News • Peel Consumer • North York Mirror • North York Consumer • Oakville Beaver • Oshawa This Week • Richmond Hill/Thornhill Liberal • Scarborough Mirror • Scarborough Consumer • Stouffville Tribune • Woodbridge & Vaughan News

## Man charged in theft

Halton Regional Police have charged a Milton man with break, enter and theft following a break-in at Milton Music at 223 Main St.

Edward McSpadden, 21, of 232 Parkway Dr., will appear in Milton Provincial Court Monday, Oct. 19.

Police said entry was gained by smashing the front window of the music store.

An electric guitar, microphone, four sets of drum sticks and harmonica were stolen.

Halton Regional Police arrested McSpadden after finding him lying on Thomas St. bleeding from numerous cuts.

He was taken to Milton District Hospital and later released.

Police have also recovered the music equipment.

## The Ice Block X Specials

Tasty Burgers  
40 - 1/4 lb. 10 lb. case reg. \$16  
**NOW \$11.99**

Fresh Lean Bacon  
10 lb. case reg. \$18.75  
**NOW \$13.90**

3300 Fairview St. Burlington, Ont. 634-9703

246 Main St. Milton, Ont. 878-3454

## TOREX ANTIQUES & COLLECTABLES TOREX

100 DEALERS • 5 AUCTIONS  
Figurines, Art Glass, Plates, Silver, Antique Jewellery, Watches, Clocks, Coins, Stamps, Militaria

## TOREX

OCTOBER 15, 16, 17 & 18  
THE INTERNATIONAL CENTRE  
6900 AIRPORT ROAD, MISSISSAUGA, ONTARIO

Exhibition Hours:  
Thursday: 4:00 P.M. - 10:00 P.M.  
Friday: 10:00 A.M. - 10:00 P.M.  
Saturday: 10:00 A.M. - 8:00 P.M.  
Sunday: 10:00 A.M. - 5:00 P.M.

General Admission - \$3.00 per day/Special 4-day pass \$5.00  
Students & Senior Citizens (with cards) \$1.00  
Children under 12 admitted free when accompanied by an adult.

Over \$1,000 in Gold & Silver Door Prizes  
For further information, please contact:  
TOREX, 299 Queen St. W., Toronto  
598-2261

## the olde Hide House

Canada's Largest Leather Goods Store



featuring...  
• Leather  
• Suede  
• Fine Shearling  
• Sheep Skin  
• Complete line of Footwear & Other Leather Goods

Excellent Selection and Quality at Competitive Prices

To Better Serve

- You We Have Now Added:  
- Woolens: Sweaters & Blankets  
- Fur Loft: featuring all the Popular Furs  
- Gift, Arts & Craft Section

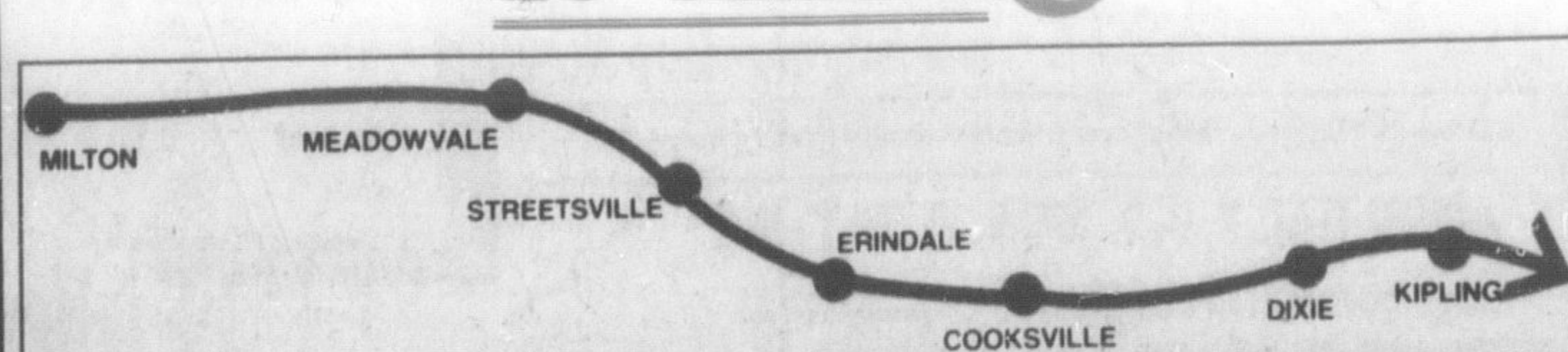
Open Monday to Friday 10-9 Saturday & Sunday 10-6



49 Eastern Ave. ACTON (519) 853-1031 IN THE CENTRE OF TOWN BY THE CNR CROSSING

# COMING SOON A WHOLE NEW WAY TO GO.

Starting Monday, October 26, the newest link in the GO Transit network whisks you between Milton and downtown Toronto quickly, economically, and comfortably, leaving behind parking problems and traffic jams. The extra time the new GO Train 4 gives to your day can be spent catching up on your reading or getting ahead of your work. With subway connections at Kipling and Union Station, you'll find the going easier and cheaper on the newest way to GO. Milton residents call 853-0572.



Hon. William G. Davis, Premier  
L. H. Parsons, Chairman



Hon. James Snow, Minister  
A. F. Leach, Managing Director

## ATTENTION GO COMMUTERS

### FREE RETURN TICKET FROM TORONTO (EFFECTIVE OCTOBER 26, 1981)

We are located within walking distance of the new GO train station. Make an appointment for any servicing and we will buy your return ticket from Toronto (maximum distance Union Station). For the convenience of the early commuters we have the "Early Bird" service write-up envelopes to indicate work required (minimum purchase \$25.00).

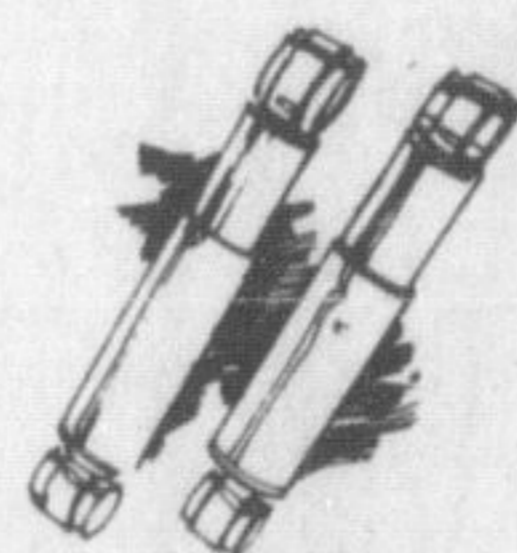
## CALLING ALL CARS

### SHOCK ABSORBERS

NOT MORE THAN \$45.95

PAIR INSTALLED

- Install two "SURE TRACKERS" Motorcraft shock absorbers front or rear
- Inspect front and rear suspension all springs steering assembly steering linkage



### WINTERIZE YOUR CAR NOW

\$39.95

ANTIFREEZE EXTRA 20% DISCOUNT

- WE WILL:
- Inspect cooling system
  - Four-way flush of cooling system with air and water
  - Flushing compound
  - Cooling system conditioner

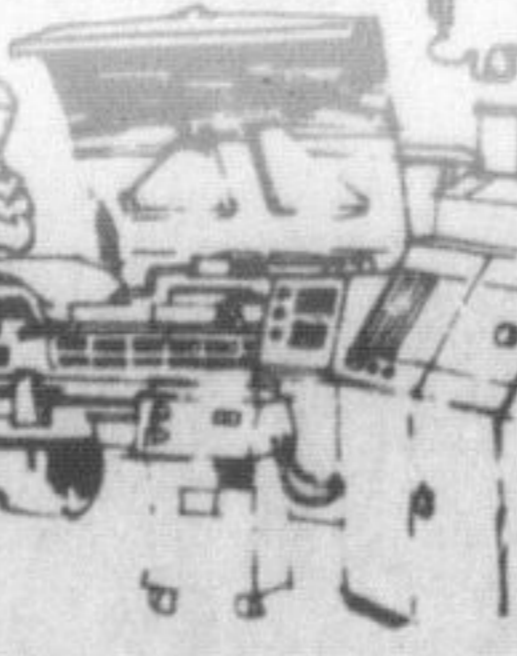


### TUNE-UP ELECTRONIC IGNITION

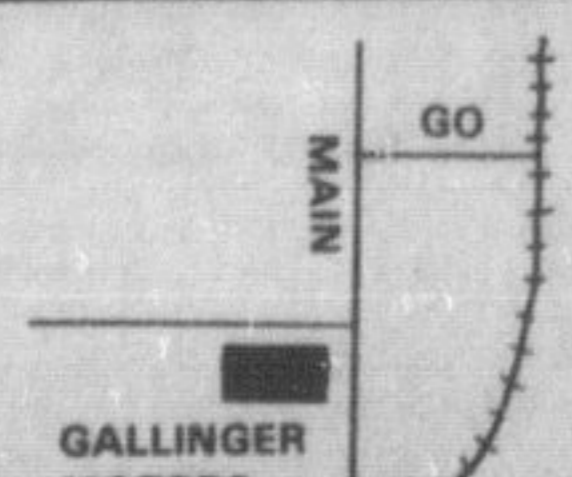
NOT MORE THAN \$37.95

\$42.95 4 CYL. \$47.95 6 CYL. V6 & 8 CYL.

- Replace Spark Plugs with new Motorcraft plugs
  - Adjust timing, carburetor and belts
  - Check Distributor cap, cooling system hoses, spark plug wires, coil, PCV valve, air filter and gasoline filter
- Includes light trucks and imports  
Parts and labour included  
Any additional parts or service will be quoted before work is started.



### EVACUATION OF ENTIRE SNOW TIRE INVENTORY



FOR AN APPOINTMENT CALL: 878-2885

24-HR SERVICE

### The Carrier Add-On Heat Pump

Saves Energy  
Reduces Fuel Costs  
And can get you up to —

# \$1,100 REBATE

**\$800**  
Government Rebate: Now is the time to convert your home from oil to gas or electricity. Or, you can add an energy-saving Heat Pump to your forced air furnace.

**\$300**  
Carrier Rebate: Invest in a Total Carrier Comfort System—including a Heat Pump or Central Cooling, Gas or Electric Furnace, Electronic Air Cleaner and Humidifier. And, get a \$300 Direct Factory Rebate from Carrier.

**HURRY! Offer ends October 31, 1981.**  
Equipment must be installed and paid for by December 31, 1981 to qualify for Carrier Rebate.

Take Advantage Of This Limited Offer "FOR YOUR ESTIMATE WITHOUT OBLIGATION"

## BRIDLEWOOD

Oakville Mississauga 844-7354 Milton Burlington

Visit Our New House & Home Plaza  
2110 Dundas St. E., Mississauga