

GROCERY 2.69
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 MEAT 6.45
 GROCERY .89
 GROCERY .99

Loblaws

lowest price of the year*

PRODUCE .69
 GROCERY .99
 GROCERY 1.29
 GROCERY .54
 MEAT 3.12
 GROCERY .79
 PRODUCE
 GROCERY
 GROCERY
 GROCERY

fresh loin family pack by the package
pork chops

1.25

contains: 3 rib portions
 3 centre portions
 3 tenderloin portions

Limit 2 pkgs. per family lb. **why pay 2.18** lb.

*refers to Loblaws lowest advertised price of 1981 including coupons, Superstore ads, new store opening specials, eg. buy one, get one free, or minimum purchase requirements, eg. fees with \$25.00 purchase etc.

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Sunlight
 DETERGENT
 PURE
 LEMON FRESH
 FRAICHEUR
 CITRON

powdered laundry detergent

2.69

6 litre box **Limit 2 per family** with minimum \$10 purchase **why pay 4.53**

Wed. to Sat. only
 Sept. 16 to Sept. 19

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centre roasts or chops

fresh boneless pork loin
 you pay 2.70 lb.

20% off **extra special**

why pay 3.38 lb. **2.94** lb.

cut from boneless pork loin tenderloin end fresh pork schnitzel why pay 3.68 lb. 20% off

500 g pkg.

McNair breakfast prunes

1.49

no name savings

no name™ roasted with salt trail mix everyday low price

300 g bag **1.99**

frozen - 500 g pkg.

Schneiders Oktoberfest sausage or mini sizzlers
 you pay 2.38

20% off **extra special**

why pay 2.98 **2.78**

500 ml bag 20% off Schneiders saurkraut why pay .98

675 g box

Nabisco Shreddies cereal

1.39

no name savings

no name™ natural wheat germ everyday low price

500 g bag **.69**

frozen sold in 4.4 lb. boxes

chicken leg quarters

.98

extra special

why pay 1.62 lb. **1.98** lb.

frozen store packaged sole fillets why pay 2.38 lb.

750 g tin

Nestle Quik

2.49

no name savings

no name™ iced tea mix everyday low price

24 oz. bag **2.29**

cooked smoked

Loblaws boneless dinner ham

2.88

extra special

why pay 3.28 lb. **1.98** lb.

red hot beef douch beef Schneiders wieners why pay 2.58 1 lb. pkg.

175 g cello bag all varieties

Trebor candy

.99

no name savings

no name™ licorice all sorts everyday low price

400 g cello bag **1.45**

2 1/2 to 3 1/2 lb. size chickens

fresh Canada grade "A" Swiss Chalet roasters

1.38

extra special

why pay 1.66 lb. **2.28** lb.

frozen beef or steak Schneiders meat pies why pay 2.49 400 g pkg.

single pkg. of 20

no name™ filter - king size cigarettes

.89

no name savings

no name™ rectangular sponges everyday low price

pkg **2.19**

Virginia Cigarettes king size filter

Loblaws sweet pickled vac pac

corned beef brisket lb. **2.48**

fresh halves **swiss chalet chicken** lb. **1.68**

vac pac **Schneiders pepperoni** 300 g pkg **2.78**

Schneiders headcheese 375 g bowl **1.58**

Schneiders frozen **sausage rolls** 500 g pkg. **2.38**

Loblaws sliced **cooked ham** 175 g pkg. **1.58**

ziggys sliced **side bacon** 500 g pkg. **2.48**

ziggys sliced 3 varieties **summer sausage, jagdwurst, tobasssa** 175 g pkg. **1.48**

cooked meats orange or lemon-lime **Gatorade Thirst quencher drink** 280 mL tin **.39**

special blend, orange pekoe (30's), paper or gauze

McConnell's tea bags 96 g box **1.19**

Canada Dry, ginger ale, wink **soft drinks** 24 x 280 mL tins sleeve **6.99**

free water, tonic water, or sugar

flavours also available in bottles at regular price

Tang, (4's) **orange flavour crystals** 13 oz. poly bag **1.69**

Heinz, fancy **tomato juice** 48 fl. oz. tin **1.09**

Camation **smoked mussels** 3.67 oz. tin **.77**

Mother Parkers **instant coffee** \$1.00 off 10 oz. jar **5.69**

why pay .83 why pay 6.69

health & beauty aids

150 mL tube Winterfresh or regular

Colgate toothpaste

you pay 1.29 **1/2 price** why pay 2.59 **extra special**

1 unit pkg. Pro firm professional gentle or firm multi-bristle or gentle multi-bristle professional **tooth brush** why pay 1.09 **1/2 price .54**

200 g super size bar

Irish Spring deodorant toilet soap

you pay .59 **1/3 off** why pay .89 **extra special**

350 mL. bble. all varieties essence Magique **wet soap** why pay 2.99 **\$1.00 off 1.99**