

# Recipes



## Simplicity plus satisfaction in one

A replacement for potatoes or rice or a light meal on its own, fettuccine is easy to prepare and a good base for some interesting variations.

Cook fettuccine or egg noodles in plenty of boiling water with a touch of salt and some butter or oil if desired to prevent sticking. Return cooked, drained fettuccine to a warm cooking pot or serving dish to add remaining ingredients.

A basic cheese mixture to coat the noodles makes the meal by itself but a little imagination and some leftovers can make each meal of fettuccine a new experience.

**(Basic Recipe)**  
Salted boiling water  
1/2 pound (250g) fettuccine (a tight handful, 1 1/2 inches in diameter) or 1/2 pound (250g) egg noodles (about 6 cups)  
3 tablespoons butter, softened  
2 egg yolks, beaten  
2/3 cup table cream (room temperature)  
1 1/2 cups shredded medium or aged imported Holland Gouda (6 oz.)  
Freshly ground pepper

Cook fettuccine in large quantity of salted boiling water, following package directions, until tender. Drain water and return fettuccine to cooking pot. Toss fettuccine with butter. Mix together egg yolks, cream and Gouda. Add to fettuccine; toss till all fettuccine is coated. Season with pepper. Serve immediately.  
\* Makes 3 to 4 main dish servings or 8 side dish servings.

**Confetti Fettuccine**  
Combine 1 cup finely diced cooked ham, 2/3 cup cooked tiny peas and 1/4 cup finely chopped fresh parsley. Fold into Fettuccine alla Gouda the minute it's ready. Serve immediately.

**Mushroom Fettuccine**  
Saute 1/2 pound sliced fresh mushrooms in 1 tablespoon butter and 1 tablespoon dry vermouth, if desired, just until mushrooms are tender. Fold sauteed mushrooms and pan juices into Fettuccine alla Gouda, the minute it's ready. Serve immediately.

**Garden-Fresh Fettuccine**  
Saute 1/2 cup chopped celery and 1/2 cup chopped green pepper in 1 tablespoon butter for 3 minutes. Stir in 1 large peeled, seeded and chopped fresh tomato; saute 1 additional minute OR until celery is tender. Fold sauteed vegetables into Fettuccine alla Gouda the minute it's ready. Serve immediately.

**Sweet Pepper-Bacon Fettuccine**  
Fry 4 slices bacon until crisp; drain bacon on paper towels; crumble. Saute 1/2 cup finely chopped sweet red pepper in bacon drippings just until tender; drain. Fold crumbled bacon and sauteed pepper into Fettuccine alla Gouda the minute it's ready. Serve immediately.

**Nutty Spinach Fettuccine**  
Wash 1/2 pound spinach leaves; drain. Steam spinach 2 to 3 minutes until limp; drain very well and pat out excess moisture with paper towels. Chop spinach finely. Fold spinach and 1/3 cup coarsely chopped walnuts into Fettuccine alla Gouda the minute it's ready. Serve immediately.

## Maurice Readhead hosts Union WI

Maurice Readhead welcomed 23 Mountain Union Women Institute members and guests to his home on July 22. The guests strolled through the beautiful flower gardens and enjoyed the spectacular showing. The members of Mountain Union WI were saddened by the loss of Margaret Dixon who lived a life of service and sacrifice and was always ready to help friends and anyone in trouble. The president, Marjorie Powys, gave a brief eulogy followed by a minute's silence and prayer. Several members plan to attend the WI District anniversary celebration on Sept. 12 at Hillcrest Church. Mrs. Cora Wigglesworth, Mrs. Frances Clements and Mrs. Lyle Poole offered to assist the Secretary

Treasurer, Mrs. Winnie Harbottle. The speaker, Mrs. Winnie Harbottle who spoke on her recent tour to England and North Wales, was introduced by Mrs. Lillian Farlow. Winnie Harbottle was one of the Women's Institute members on the tour in Britain April 23 to May 9, 1981. In the 17 days they covered a great deal of the country and the weather was wet and cold but the hospitality made up for it. They saw "The Merchant of Venice" at Stratford and visited Winston Churchill's home and the Royal Worcester Pottery works. Mrs. Harbottle mentioned the market place in almost every centre with their many vendors. She said there were more sheep than people

in the south of England and more dairies in the north. She visited castles and the Roman Wall at Chester as well as the usual London tourist spots. She visited the Malvern Hills and Wordsworth's Lake District and Stoke-on-Trent as well as North Wales where the Institutes spread from Ontario before reaching England. She saw spots where riots had occurred and the streets were deserted and boarded up. Mrs. Laura Dixon thanked her for her informal travelogue. Money was approved for the cheer convener, Mrs. Blanche Elliott, to continue her work. Lunch was served by Laura Dixon and Marjorie Powys.

## HRCA will appeal funding cutbacks

The Halton Regional Conservation Authority will be appealing for the assistance of local MP individuals to fight a decision by the Ministry of Natural Resources to cut back on promised funding, for 1981. Earlier this month the ministry announced a reduction of \$36,310 in provincial grants to the authority. Since that amount is matched by the authority through municipal levies, the full extent of the cutback totals \$72,620.

According to Murray Stephen, General Manager of the HRCA, work has already begun on a number of projects funded by the grants. "There is no way we can terminate those projects now," he said, adding they include park development, Milton

channelization, and a number of engineering studies. The provincial grants were announced in January of this year and at that time the 1981 authority budget was drawn up and approved. "Our budget operates from January to December and now the ministry has come along six months through the year, and decided to cut back. "There is no rationale to that," said Mr. Stephen.

Authority members agreed Thursday evening they will seek the help of provincial representatives Jim Snow, George Kerr and Julian Reed to present a brief to the ministry outlining Authority commitments. He added if recudtions are necessary they must be made in the following year, but not halfway through 1981. He further stated the authority will not carry a deficit on behalf of the ministry.

## Entertainment



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Milton's (own) home of the great country western music. You'll love our superb foods with tasty selections from our buffet, or your choice of gourmet delights from our specialty menu. For meetings, luncheons, dinners, special occasions or just a get-together in friendly surroundings.  
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STEEL'S AVE. ASK FOR DAVE 12 NOON TO 2 P.M.  
1/2 MILE WEST OF 878-6264 6 P.M. TO 9 P.M.  
HWY. 25. MILTON LIVE ENTERTAINMENT NIGHTLY DAILY

**Pass home**  
The Niagara Escarpment Commission has issued a permit for the construction of a single family dwelling and barn in Kilbride. The home will be built by Robert W. Harrington, Kilbride St.

**HELD OVER FOR 2ND SMASH WEEK!!**  
**THE EMPIRE STRIKES BACK**  
PLUS  
Cannonball  
Parental Guidance  
Box Office Opens 8:00 p.m.  
Show Starts At Dusk  
**MUSTANG DRIVE-IN**  
HWY. 7 GUELPH 824-5431

# DINING GUIDE

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TRY OUR MONTHLY SPECIALS, AND SAVE  
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Fri. 12 to 12  
Sat. 4 to 12  
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Sunday Brunch - Banquets - Small Parties  
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The Mohawk invites you and your family to enjoy in their new Sunday Brunch. It's a treat you'll never forget.  
Sunday 10:30 till 2:30  
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Chinese Food, Steak and Seafood  
Business Luncheons  
Fully Licensed under L.L.B.O.  
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## Bank loan answer?

The Campbellville Historical Society may go to the bank to get the money needed to publish a commemorative history of the hamlet in time for its 150th anniversary next year. Milton Finance Director Don Lougheed told councillors he had met with the society after it had come before the town requesting a grant to help publish the book. Mr. Lougheed said he has had two meetings with the society and

methods of financing through provincial and other grants have been discussed. Unfortunately, the society has now been told there are no grants available for a project such as the historical book from the Ontario Ministry of Culture and Recreation. "With respect to the financial assistance the town can give, his worship and I suggested that the society should contact a bank to see if a bank loan is available to

them and that the town would consider the possibility of paying the interest accrued to the loan as a direct grant," Mr. Lougheed said. He said the contact has been made and "it is our understanding that a bank loan is available and that they will notify us when our financial support is needed. "Therefore, we can expect that there will be some financial support requested for this year and more will be needed in 1982."

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HARRISON FORD KAREN ALLEN  
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DAILY 7.00 & 9.10 • MAT. SAT. & SUN. 2.00  
**STARTS FRIDAY**  
BO DEREK RICHARD HARRIS  
**TARZAN**  
DAILY 7.00 & 9.00  
WED., THURS., AUG. 5 & 6 FOR YOUR EYES ONLY 7.00 & 9.15 PG  
**HELD OVER - 2ND WEEK!**  
PG **THE EMPIRE STRIKES BACK**  
ONE OF THE BEST THINGS THAT EVER HAPPENED IS ABOUT TO HAPPEN AGAIN.  
MARK HAMILL HARRISON FORD CARRIE FISHER  
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MONDAY AUGUST 24TH, 8:30 PM  
TICKETS \$15-\$12-\$9 (PLUS AGENCY SURCHARGE)

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NORTH AMERICA'S HOTTEST ROCK 'N' ROLL BAND  
**RED Speedwagon**  
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Good Vibrations are Back  
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TICKETS \$12-\$9 (plus agency surcharge)

**chum - CHUMFM** present  
THE **CHARLIE DANIELS BAND**  
& **JUICE NEWTON**  
an evening of SOUTHERN FRIED ROCK  
LABOUR DAY  
MONDAY SEPT. 7, 7 PM  
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