

Recipes



Fresh vegetables mean zesty salads

The season of fresh garden-grown produce will soon be upon us and cooks will be looking for new ways to serve the bounties of the garden.

Salads are an excellent way to use these vitamin packed vegetables, but don't get hung up on conventional salad ingredients.

A variety of vegetables served in their natural crisp state can be included in this zesty vegetable salad.

Use what your garden or produce department offers.

In addition to, or in place of suggested varieties, try your own variations—keeping in mind complementary flavors and colors for an appealing dish.

Broccoli pieces, baby

pea pods and mushrooms are suitable additions. The salad should be prepared well ahead of time as the ingredients must be added to a marinade. Make more than one meal calls for and store remainder covered in the fridge where it will keep for several days.

Prepare vegetables and drop into the salted, boiling water. Do not cover. Boil for five minutes only, mixing vegetables gently with a fork until tender-crisp. Drain and cool.

Meanwhile prepare marinade by combining all marinade ingredients in a screw-top jar. Cover and shake vigorously. Pour marinade over cooled vegetables and toss lightly.

Refrigerate covered at least four hours or overnight, stirring vegetable mixture occasionally and carefully.

Marinade
1/2 cup white vinegar

1/3 cup granulated sugar
1/4 cup salad oil
1/4 tsp curry powder
1 tsp salt
1/4 tsp pepper

2 cups turnip pared and sliced 1/8" thick then cut into 1 1/2" pieces.
1 1/2 cups small carrots, pared and thinly sliced, 1/16" thick
2 cups one-inch cauliflower florets
1 green pepper seeded and sliced
2 cups boiling water
1 tsp. salt

Halton Police Chief opposes open holsters, night sticks

by Terry Ruggles
Long night sticks and open holsters initiate a violent confrontation rather than deter it, says Halton Police officials. "I acknowledge that open holsters are safer but I do not condone the display of a firearm to the public. "It is something that the Canadian police force should avoid," said Police Chief James Harding, following a report by a county court judge recommending province-wide use of open holsters. Chief Harding concedes "the level of danger to officers is escalating, but to brandish an open gun does not make the situation any better."

Halton turns down 'war chest' request

Training officers for crisis intervention is what we should develop. "If we begin by taking shelter behind a gun, God help us all," he said. "The western look of an open holster seen throughout the United States 'is a display of force that is not necessary. "When you go through the U.S. the policeman look like Christmas trees. The law is too magnificent a thing to be displayed in such a way. "The thing we have to do is to respond to the decline (of adherence to the law) by improving the standard of citizenship within the community," he said.

Halton Police Commission Chairman Mayor Harry Barrett, Oakville,

is also against the open holster proposal. "I don't approve the image of the old west days. "The use (of an open holster) is an affront of society. "Carrying a gun is only part of police work. "We don't want to portray a Quick-Draw McGraw type of officer. "A closed holster keeps the gun clean and out of sight. By showing a gun to the public it sets up a situation of antagonism," he said.

A report recently released by County Court Judge John Greenwood recommended 24-inch night sticks and open holsters for Ontario police officers. The report was at the request of Solicitor-General Roy McMurtry after a number of police shooting incidents last year. It also recommended that police not shoot in a non-violent situation such as a car theft.

In view of the recent rash of violent crimes in southern Ontario, the Halton Police Commission allocated 281 lightweight armored vests in the 1981 budget. According to Chief Harding, "vests are a step in the wrong direction, it will not rectify the situation of bringing the lowest to the highest. Chief Harding contends open holsters and armored vests are invitation to violence and a further

step toward the Americanization of the Canadian police force. "I cannot stress that point enough," he said. "We should establish once and for all that this country is not American. "I don't know of a situation where a policeman may have saved his life by being able to draw quickly," he said. "Take the recent assassination attempt against Ronald Reagan. "He was guarded by a body of men who were extremely competent with hand guns. And yet a man came out of a crowd, called to the president and fired six times before these men drew their guns. "I don't know of a situation where a policeman may have saved his life by being able to draw quickly," he said. Hamilton-Wentworth policemen have been using a half-dozen open-style security holsters on an experimental basis for over a year.

According to Hamilton Deputy Police Chief Clarke Lane, the trial of the new holsters was not in response to the crime rate but a safety feature available for the protection of officers. Open holsters are now permissible in Vancouver, Winnipeg and Montreal. Provincial legislation requires Ontario police to use a closed holster.

Mr. Godfrey said Metro had contributed \$50,000 and he said Halton should also help out as the hearings "are of vital concern to residents of this densely populated area." While Halton's Administration and Finance Committee seemed not interested in the request, Chief Administrator Dennis Perlin said the region might gain. He said he was sure "the railway will be well represented at the hearing... and we are hearing they are not very happy with the recommendations."

Mr. Perlin also said the railway committee is "well known" for consisting of former railway people. "They are the committee of the railroad, not the committee of the people," he said. Burlington Councillor Jim Grieve said Metro was hoping to amass a \$150,000 "war chest" with help from municipalities such as Peel, Halton, and Hamilton-Wentworth. Burlington Councillor Steve Toth, an Ontario Government employee, said he found the Metro request "a very ad hoc approach to a very serious problem."

Mr. Toth said he did not think Metro should ask Halton for help but should "get the necessary funds from the federal government or the proper authorities."

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Between the Willows

To a gentleman

Arthur will never read this tribute to him. Had he the chance, I am sure he would find a way to make it humorous. That's how he was.

We first met in a greasy spoon at the corner of Church and Lombard Streets, downtown Toronto.

I was in the process of hiring a trade magazine editor for Goodyear Tire. Arthur had been recommended by a mutual friend.

A graduate of Simpson's advertising department, Arthur had been sacked for adding a non-existent book title: "The Loves and Lives of an English Bank Clerk" to the list in a major newspaper advertisement. In those days, this racy title attracted many requests, which tickled Arthur. The advertising manager, however, was not so impressed. Hence our meeting.

The young man who sat across from me was sharp-featured and lean. He spoke quietly, not revealing, at the time, the clever wit for which all who knew Arthur would remember him.

He came to work with me and we became close friends. A talented writer, Arthur mastered his job quickly—despite his secret loathing of tightly organized days. As the editor of two monthly magazines for the company, he dreaded deadlines and often missed them. As his boss, this put me on the spot. But I could never be cross with Arthur. To this day I don't know why.

During the years we toiled together, our families shared an annual tradition—Christmas breakfast at our house. The kids would have to compete with the dads for the new toys.

The year the Byers tribe vacationed at Banff, it was Arthur who drove us to

the West Toronto railway station. He was there to pick us up when we returned.

After we left Goodyear, we both entered the advertising business and our get-togethers were less frequent. Usually, we would meet for lunch. Arthur enjoyed picking the place. It was seldom fancy. It was always interesting. Like any good writer, Arthur could see things as they really were, especially the humorous aspect. His wit was quick, never cruel. His most frequent foil was himself.

About 20 years ago, he learned he was a chronic diabetic. Undaunted, he continued in the advertising rat-race setting a standard of performance few have ever reached. In what is often a cut-throat environment, he held strong to his principles, and to his lifelong battle against the organized boredom created by little minds capable of little else.

"Tell the office I'm closed" said the coasters, printed by friends, and proudly displayed at a party held in his honor. The sentence sort of summed it up.

In the course of a career you meet many people. They come and they go without really touching your life. Arthur was the exception. While in recent years we have only met on the telephone, it was always as if we had been together the day before.

Arthur would chuckle were you to call him a religious man, but that is what he was in the purest sense. He embraced none of the organized faiths. But he lived the Golden Rule like few people I have ever known. Truly a gentle man.

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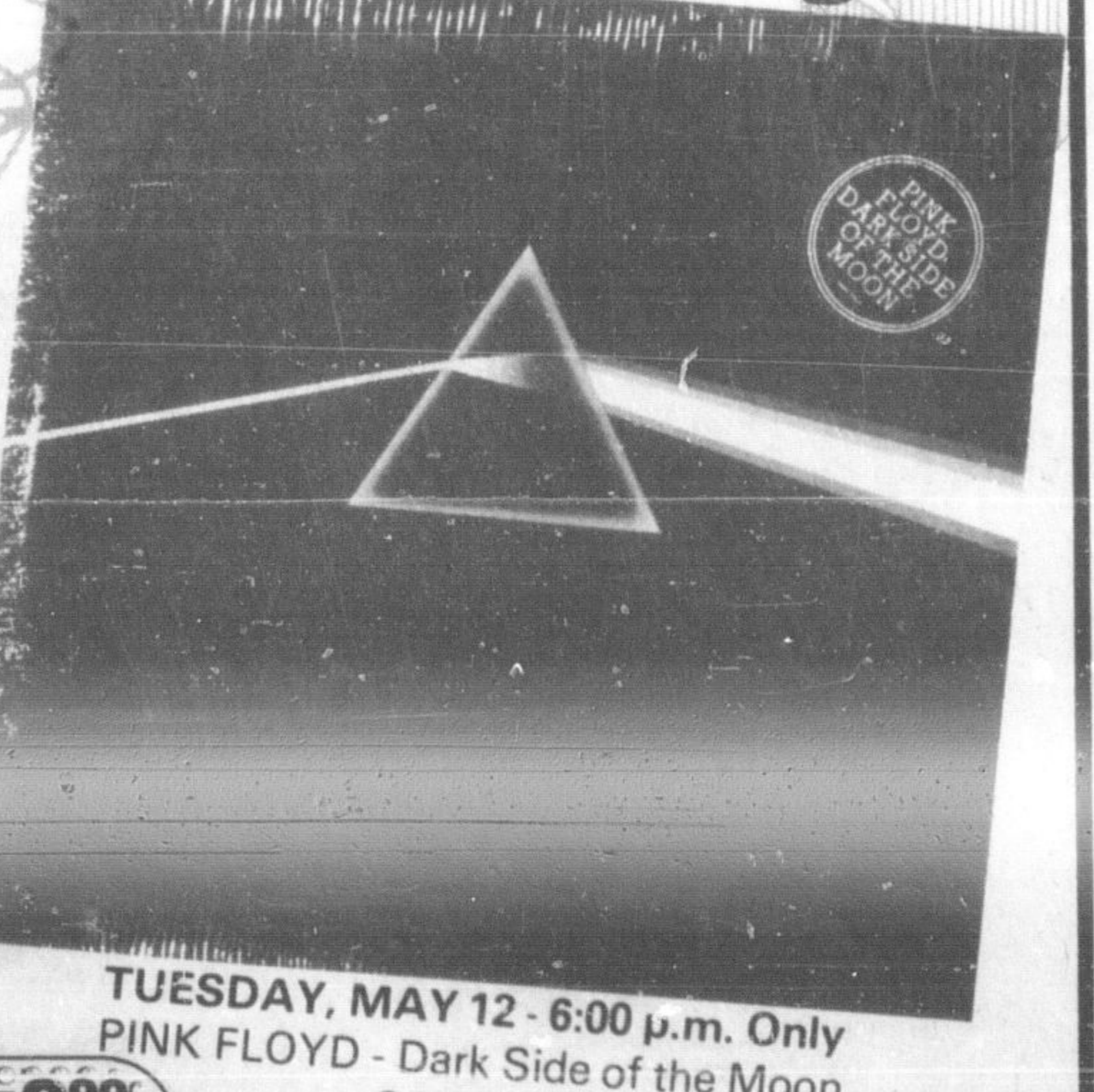
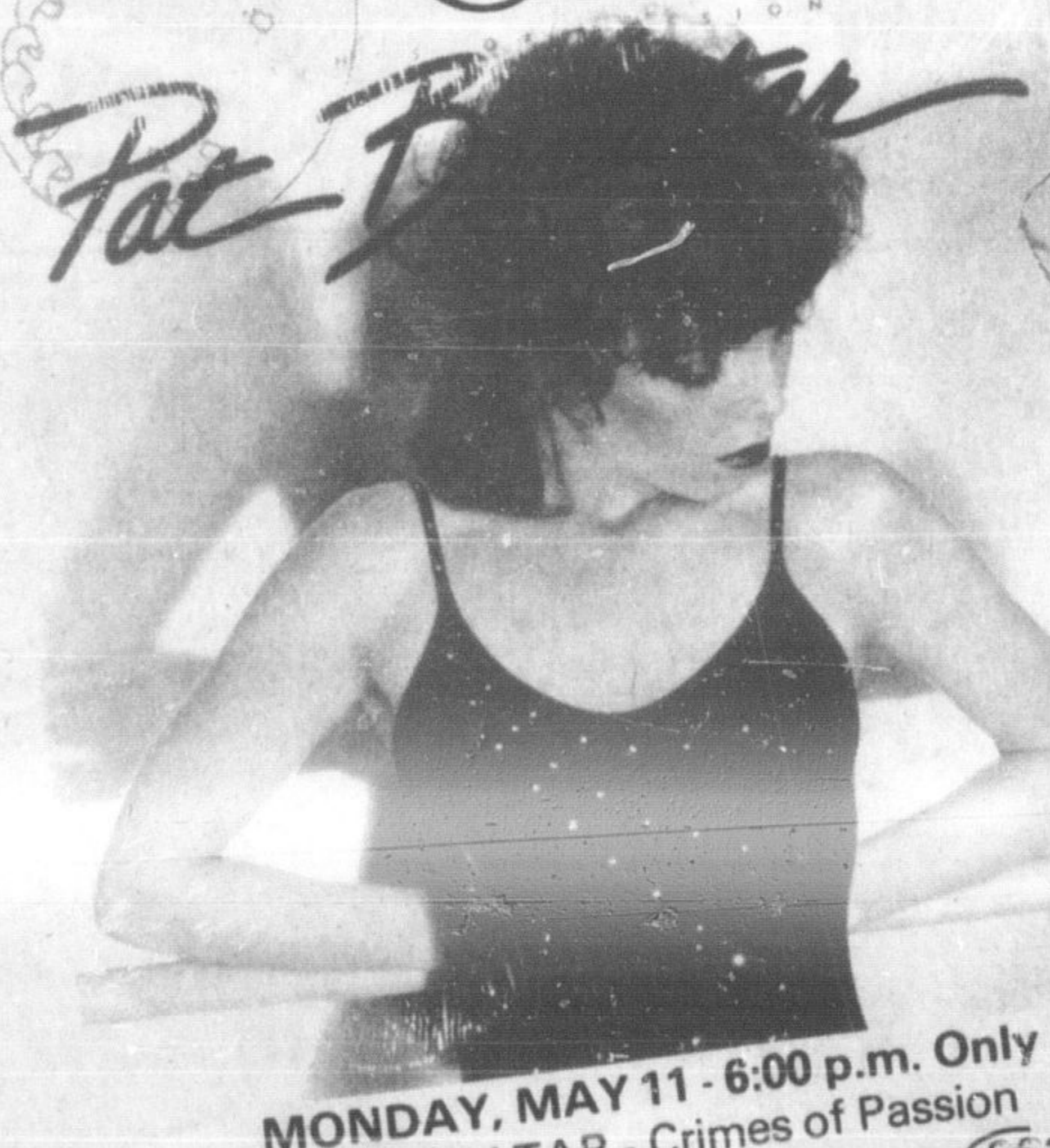
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