Upside down

Showing off her headstand during a visit to Halton Museum, Kelso, is Pineview Gr. 2 student Sarah Howitt. She stayed up a long time, too.



Plenty of little helpers

When Pineview School Gr. 2 class visited Halton Museum at Kelso Thursday to plant a European Snowball plant in front of the log cabin, the donor Elly Tuitman of Tuitman's Garden Centre, Acton, had lots of helpers. She gave the students a little lesson in tree-planting, then the children did the job.

"It seems that if a man

been known to affect

later opportunities for

"That kind of thing has

promotions," he said.

expresses his

Child's death sometimes greatest mental stress form, parents are told

by Steve Arnold Facing the death of a depression and strain greater than that of some mental illnesses, according to a leading expert in the field.

Dr. Stephen Fleming, psychological consultant to the Bereaved Parents Association of Ontario,

told members of Halton's Family Service Bureau that attempting to deal with the loss of a child is more difficult than any form

Based in Toronto, the Bereaved Parents Association provides individual and grouP counselling for parents and siblings.

bereavement.

association's group leaders operate in Oakville.

Dr. Fleming said a recent study of 67 cases handled by the association showed 66 mothers but only 14 fathers involved in programs.

"That says a lot about the way we grieve," he noted, but added that

been reported in more than one case, he added. Dr. Fleming said there Persons successfully are three commonly repcompleting the course orted responses to the loss of a child, including feelings of excessive benefit from reduced guilt, attempts to subpremiums.

Services

"you have to learn to be pressures in handling selfish for a while." their grief about a loss. "At some time you

to stop and take care of beyond some arbitrary your own concerns for a point like 30 days, that fact seems to find its way Problems, however, into the company perhamper efforts to cope sonnel files and it has

have to say you're going

with grief, he said. Dr. Fleming drew one example of a woman who "appeared to be coping

well" with the recent loss through her normal daily routine, "but one night she sat down to do some sewing and couldn't find her thimble. She cried for two hours over that."

"When you are trying to deal with something that is sapping all your strength, the little things can really destroy you,'

A recent survey taken of people on the street, he people felt it would only take them two weeks to recover from the death of a loved one "and that kind of expectation can

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Thank-you gift

Milton Rotary Club asked the mentally handicapped students at E.C. Drury High School to stuff envelopes for this year's Easter Seal campaign, and the class finished 10,000 of them in a record four days. In appreciation, Rotarian Bob Scott visited the class last week and presented an AM-FM radio, tape deck. Connie Connelly and Mr. Scott try out the radio.

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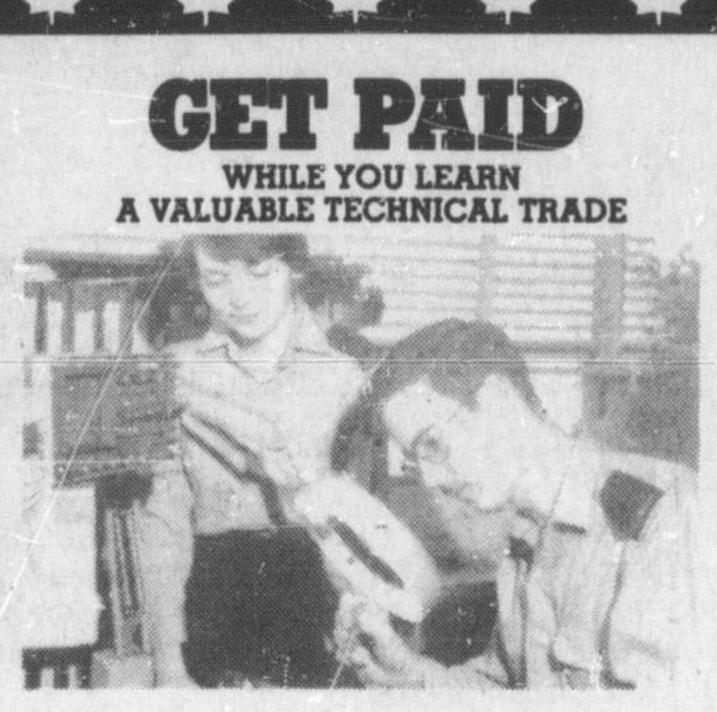
Dairy calf clubs open '81 season

By Bev Wickson The first meeting of the Halton 4-H Senior Dairy Calf Club was held April 13 at the Agricultural of-

fice in Milton. given by Doug Miller, 4-H ing was then divided up

since, unfortunately, none of the leaders could attend. He explained what was involved in this year's program.

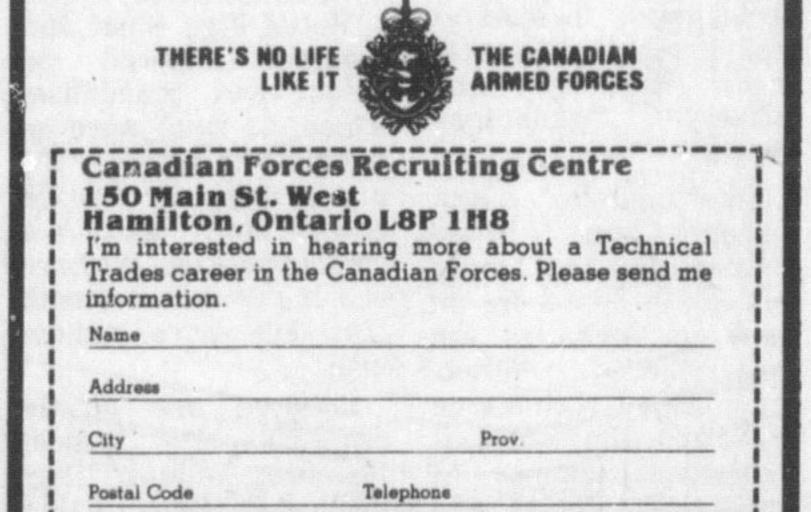
The elections were held members decided to div ide into three groups and each group would plan and organize a meeting We then had a discussion



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For more information, visit the Canada Employment Centre, 310 Main Street, Milton, last Tuesday of each month (9 a.m. to 4 p.m.) or return the coupon. You may also call collect -416-523-2751.



Motorcycle training at Sheridan

Hamilton starting May bike.

and registrants can sign up for one of six sessions summer. Starting dates include May 23, June 6 footwear. and 20, July 4 and 18, and Aug. 8.

Building 33, Parking Lot p.m. each day.

The course, taught by instructors, stresses the St. School went to the now. degree of skill required to operate a Steeles Ave. motorcycle in a vehicle-

the basic and advanced saw many sheep and as braking, cold starting, stopping, gear changing, lambs with baby bottles. signals and shoulder Most of the sheep let us checks, slow riding and pet them but some were pattern riding. Also in- too scared. cluded in the instructions will be traffic behavior, collision the use of a motorcycle "shepherds".

certified helmet provided by the college

Applicants must be 16 should wear heavy long sleeved jackets, blue jeans or heavy slacks, leather work gloves and

insurance The course involves years of age or more and Fee for the course is \$80.

Community leather

and will spend 18 hours of will surpass the licensing gram for the first time in the 20-hour course on a requirements and may

All sessions, offered in Billy Goat greets co-operation with the Canada Safety Council, he given at kids on farm tour

Russell.

Branch sheep farm on Billy Goat met us. Mr.

dominated environment. and Mrs. Branch took us Participants will learn to the barns where we of motorcycle lambs. Some were very operation, young and one was just balancing, born that day. Some of us fed the

> At the end of our visit we were treated to ice

avoidance, cream and cookies. We decision-making, and certainly learned a lot dealing with obstacles. and appreciated the Each student will have kindness of the Branch

By Bobby Williamson, In all this year we have No. 7, from 8 a.m. to 1 Andy Sward and Shawn visited dairy, beef, sheep On Wednesday, April all know how important experienced certified 15, the Gr. 4s of Martin the farmers are to us

and cash crop farms. We

formation contact the Campus in Burlington, 2319 Fairview St. at 639-





1st PRIZE *100°

2nd PRIZE \$5000

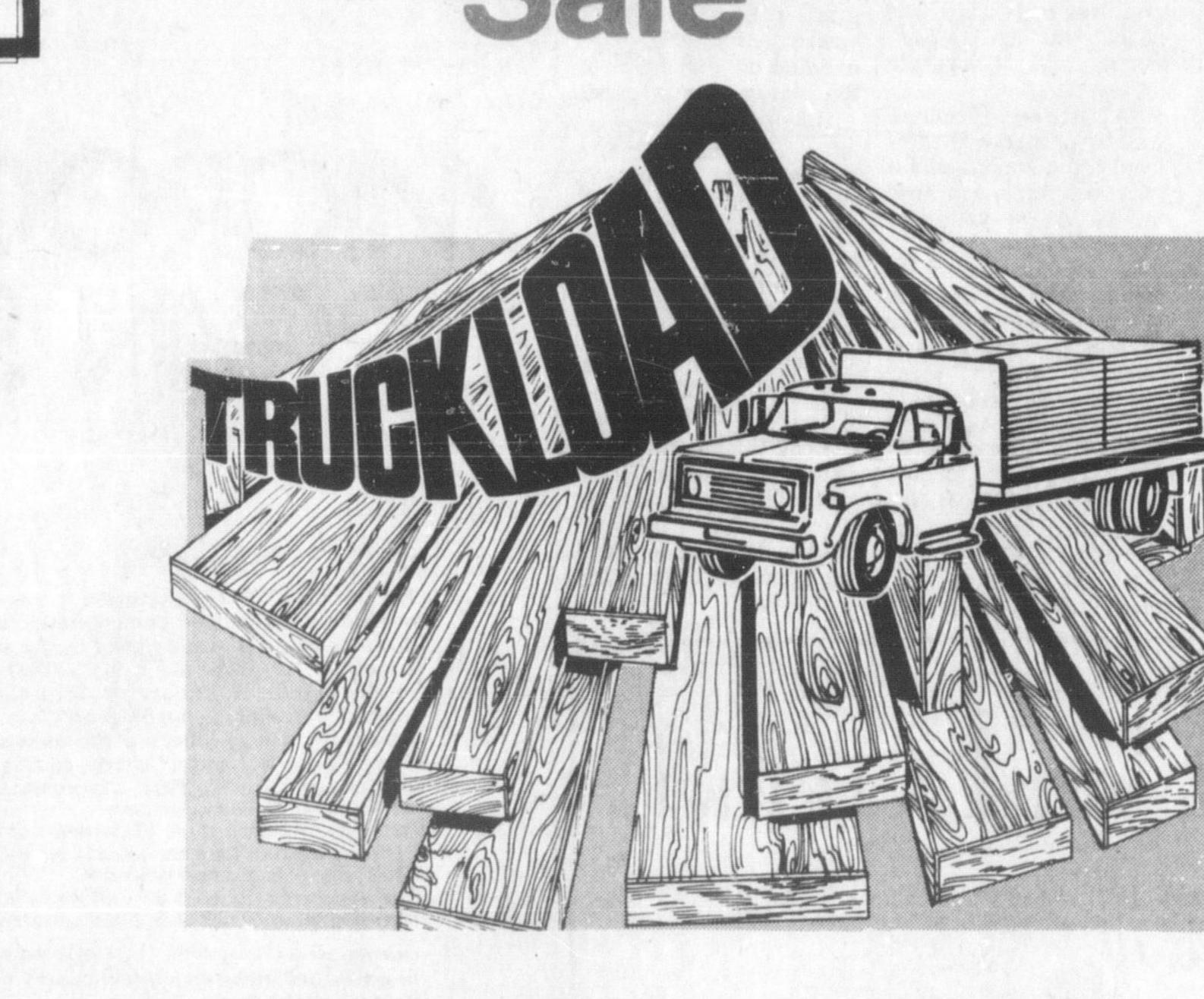
3rd PRIZE *2500

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