

Maturing early

Apple season's here

By Ted McIntosh
 Extension Horticulturalist
 One truly Ontario apple, the McIntosh variety is now in season. Apples are maturing at least a week earlier than last year. They are coloring well with the cool nights. The trees are heavy with fruit this year and have sized considerably over the last few weeks. The McIntosh and Red Delicious varieties are the most common dessert apple and the favorite for many people. There are, however, numerous other varieties, some of them rather new that also make excellent dessert apples. Some orchards have plantings of dual-purpose apples that are both excellent cooking and eating apples. Spys of course are the classic cooking apple and will be available later in the season. One should keep in touch with the newspaper ads and the various farm outlets to find out when these varieties are in season and ready to pick. Now specialists

The apple orchard in the past was an integral part of the old Ontario farm. The small orchard was usually located near the house and required considerable work and time for its upkeep. A number of these old trees are still evident throughout Ontario but have largely been abandoned because of the orchard's age. There are also a number of problems associated with the upkeep of a small orchard and specializing has become a necessary way of life. These early orchards ensured Ontario's families with fresh and processed fruit throughout the cold winter months. They made it possible to have applesauce, apple fritters, apple pie, apple muffins and fresh fruit in lunch pails.

Today Halton, Peel and Wentworth counties have a number of apple orchards and various farm outlets where you can buy a variety of Ontario apples. The intensive management of these orchards ensures that we still have apples to put to their numerous uses. At the pick-your-own operations and farm outlets you are able to select your own quality fruit at reasonable prices. The apple growers are able to direct you to the apples that are at their proper maturity and that suit your particular needs.



GRAND CHAMPION Dual Purpose Shorthorn female at the CNE was exhibited by Allan Patterson and Sons of Valley Crest Farm, Milton. Mr. and Mrs. Patterson are shown with the winner, Valley Crest Gloria Ann 2. The Pattersons also won the Premier Exhibitor honors with two first, three seconds and three third prizes. Their Ridgewood Promise Don was reserve grand champion bull.

BUSY CANDIDATE
 Halton Liberal candidate Julian Reed had a busy afternoon Monday, meeting with senior citizens in Milton. For the first part of the afternoon he visited seniors at the Harmony Court apartment building; then later he paid a visit to Halton Manor to chat with residents.



OFFICIAL SIGNPAINTER for the International, Canadian and World Plowing Match to be held near Oshawa Sept. 23-27 is George Swann of Milton. He spent part of his summer preparing signs for the match and is pictured with 20 of the tractor signs that will be used by competing teams in the world match Sept. 26-27. Every year he spends a week at the IPM doing sign work.

Ontario blue grapes plentiful

FREEZING
 Most Ontario fruits and vegetables can be frozen for use at a later date. Here's another one to add to your list... Ontario blue grapes will be plentiful during the month of September. Food specialists at the Ontario Food Council say that Ontario blue grapes freeze successfully with almost no effort at all. Because of their high acid level no sugar is necessary, thus making these grapes an economical and easy fruit to freeze.

Wash grapes carefully to remove spray deposits. Detach from stems. Pack into freezer container without sugar, and freeze.

"High-Risers" is 4-H name

"Campbellville High Riser" is the name of the Campbellville 4-H Home-making Club. Apartment buildings going up in Campbellville? Of course not, but homemade bread is coming back. The Campbellville High Risers met for their first meeting of "Let's Make Bread". Mrs. Bill Mathies and Lila Dennis are the new leaders. The elected officers for this club are president Michele Anderson, vice-president Phyllis Freeman, secretary Madeline Austen, treasurer Susan Howard and press-reporter Betsy Howard.

It has almost become a Canadian habit to start each day with a glass of fruit juice. With Ontario blue grapes so plentiful this year, food specialists at the Ontario Food Council suggest making grape juice now and preserving it for use during the winter. It can be used as a substitute for your regular morning glass of juice, beverage, or wine. It can also be used for making grape jelly.

The meeting got underway with the recognition of the members. For this club the members will learn how to make all different kinds of bread as well as desserts and rolls. "Freezer Whole Wheat Bread" was demonstrated as well as everyone having their turn at mixing or kneading the dough. This dough is to be frozen and baked at meeting two. The first meeting closed with refreshments.

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Champion Farm page

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