

# Dateline

Dateline is a free listing for local charitable and non-profit community groups to help promote their coming events. We guarantee one issue of publicity for each event although more insertions are possible if space permits.

Dateline notices should be emailed to [editorial@miltoncanadianchampion.com](mailto:editorial@miltoncanadianchampion.com). The final deadline is noon Friday for Tuesday's edition and noon Tuesday for Thursday's edition. Dateline items won't be accepted by telephone.

Wednesday Oct. 20

Milton Meals on Wheels holds its **Wheels to Meals lunch program** for seniors at 11:30 a.m. at the apartment building at 80 Ontario St. For more information, call (905) 878-6699.

The Milton group of **La Leche League**

## Flu shot clinics to begin tomorrow

Halton Region's seasonal flu shot clinics will begin in Milton this week and continue through to November.

Tomorrow a clinic will take place at the Milton Seniors' Activity Centre, 500 Childs Dr., from 10 a.m. to 2 p.m. A second clinic is scheduled for Wednesday, Nov. 3 at Milton District High School, 396 Williams Ave., from 3:30 to 8 p.m. On Tuesday, Nov. 16 Bishop Reding Secondary School, 1120 Main St. E. will host a clinic from 3:30 to 8 p.m.

Flu immunization is free and recommended for individuals six months of age

**Canada** meets from 7:15 to 9 p.m. at the Ontario Early Years Centre, 410 Bronte St. S., with discussion on breastfeeding for pregnant women and mothers. Babies are welcome. For more information, call Marilyn at (905) 876-3322, Leah at (905) 878-8879 or Stephanie at (905) 878-3884.

The Milton Parent Education Network presents **'Kids and Stress'** for parents of school-aged children featuring Sarah Chana Radcliffe, author of *Raising Your Kids Without Raising Your Voice*. It runs from 7 to 8:30 p.m. at the Milton Sports Centre, 605 Santa Maria Blvd., and is free. To RSVP, call (905) 825-6000, ext. 7785 or email [accesshalton@halton.ca](mailto:accesshalton@halton.ca).

The **Milton Christian Ladies Coffee Hour** meets from 9:30 to 11 a.m. at Milton

## and older. The H1N1 pandemic flu strain is now one of the three flu strains included in the annual seasonal flu vaccine, so only one flu vaccination is required.

"Complications from the flu can be quite serious and even life threatening to some people," said Halton Medical Officer of Health Dr. Bob Nosal.

"The following actions can help prevent flu: get the annual flu vaccination, wash your hands with soap and water or use alcohol based hand rub, cough and sneeze into your sleeve, and stay home when you are sick."

Gospel Hall, 306 Ontario St. N., with guest speaker Valerie Colwell and a special feature on 'Stash Your Trash.' For transportation or more information, call Alma at (905) 878-6345.

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from noon to 4 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

**The Deck** youth drop-in centre, 200 Main St. E. (rear entrance), is open from 3 to 5:45 p.m. for all ages. Visit [www.yfcmilton.com](http://www.yfcmilton.com).

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **billiards** from 9 a.m. to 9 p.m., **contract bridge** from 9:15 to 11:30 a.m. and **conversational French** from 1:30 to 3 p.m. Each activity costs \$2 for members and \$4.25 for non-members. Its **Cookie Walk** runs from 10 a.m. to noon, with a chance to purchase cookies. The weekly **lunch counter** is also held, featuring a hot meal for \$8. Sign up at the reception desk in advance or call the centre at (905) 875-1681. A **flu shot clinic** runs from 10 a.m. to 2 p.m., hosted by Halton Region. For more information, call the centre or the Region at (905) 825-6000. And the Milton Leisure Centre, 1100 Main St. E., holds drop-in **volleyball** from 1:30 to 2:30 p.m. at a cost of \$3.50. For more information, call (905) 878-7946.

Thursday Oct. 21

The **Milton Historical Society** meets at 8

p.m. at Waldie's Blacksmith Shop, 16 James St., with local historian John Brydon presenting 'On the Warpath — The Niagara Escarpment as the Way to War' and featuring a special guest from the United Empire Loyalists Association. For more information, contact Marsha Waldie at (905) 875-4156 or [society@bellnet.ca](mailto:society@bellnet.ca).

A **support group** for people caring for a family member with Alzheimer's disease or a related dementia meets from 1:30 to 3 p.m. in the cooking school room upstairs at the Loblaw Superstore, 820 Main St. E. For more information, call (905) 847-9559.

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 6 to 9 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

**Calling New Parents**, a free drop-in program for parents and babies aged six months and younger, meets at the Ontario Early Years Centre, 410 Bronte St., from 1:30 to 3:30 p.m. Call (905) 825-6000, ext. 7299.

**Moms Supporting Moms in Milton** — a support group for mothers struggling with postpartum depression and/or anxiety — meets at Our Kids West Milton Hub at Our Lady of Victory School, 540 Commercial St., from 7 to 8:30 p.m. Call (905) 825-6000.

**The Deck** youth drop-in centre, 200 Main St. E. (rear entrance), is open from 3 to 8:45 p.m. for all ages. Visit [www.yfcmilton.com](http://www.yfcmilton.com).

**Holly Health Group**

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**905.878.6479**  
550 Ontario St. S. Unit 205, Milton

**Best Buy CORRECTION NOTICE**

To our valued customers: We apologize for any inconvenience caused by an error in our flyer dated October 15 - October 21.

Product: HP 15.6" and 17.3" Laptops (DV6-3138ca and DV7-4138ca). Please note that incorrect graphics card specification was advertised for these laptops found on page 18 of the October 15 flyer. Both laptops should have Intel® HD Graphics with up to 1696MB total graphics memory and NO DEDICATED VIDEO MEMORY. SKU: 10154697/ 10154543

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