

Residents asked to reduce their power usage tomorrow

A9 • Tuesday, August 10, 2010 MILTON CHAMPION • www.miltoncanadianchampion.com

Milton Hydro and the Town are calling on residents to participate in Ontario's province-wide Power Pledge Community Challenge — a friendly competition for bragging rights as Ontario's most conservation-conscious community.

There are two ways for Milton residents to help win the challenge.

Take the Power Pledge at www.powerpledge.ca. The community with the most

pledges per capita will win a trophy and a \$10,000 award to support a local renewable energy project. Milton is currently ranked 16th out of 90 communities in terms of participation and is in a good position to reach the top spot.

Residents are also asked to use as little electricity as possible from 8 a.m. to 8 p.m. on Community Challenge Day, scheduled for tomorrow. The community with the highest

megawatt reduction will win the prestigious Woodstock Cup.

"Milton has proven a leader in energy conservation, and I am confident that the community will continue in this vein with the Power Pledge," said Frank Lasowski, president and CEO, Milton Hydro.

"The best result for everyone will be a cleaner environment, but the icing on the cake will be a win for Milton."

Milton Mayor Gord Krantz said, "On behalf of the Milton community and Milton Council, we are proud to join our neighbouring municipalities in an effort to fight climate change."

Competition for the community challenge is already heating up, according to the Ontario Power Authority, organizer of the province-wide campaign. Some 90 communities representing 82 per cent of Ontarians are joining in.

To date, more than 118,000 Power Pledges have been submitted from all corners of the province.

For more information on the Power Pledge program, visit www.powerpledge.ca, or contact the Ontario Power Authority at 1-877-PWR-PLDG (1-877-797-7534) or info@powerpledge.ca.

New Town programs this fall

Miltonians can choose from several new leisure and recreation programs available this fall and winter through the Town of Milton.

New this year for children and youth is PLAY (Participate in Leisure Activities for You), which offers a different activity each week for children aged six to eight or nine to 12 years. PLAY Family is for parents with children aged nine to 13. New this year for rural teens is the Brookville Junior Leaders Program. Details will be available this fall at www.milton.ca.

New fitness programs for adults include Yoga for Two, Circuits for Two and Mom 'N Baby Pilates. Other new fitness programs include Flexible Fusion (muscle conditioning plus yoga), Pilates with Power (intensive mind/body conditioning) or, for something completely different, Urban Poling, which makes use of cross-country ski-style poles for an outdoor walking workout.

New adult and 55 and older general inter-

est programs span a variety of interests from Ukulele for Beginners and Spinning and Weaving to the History of Opera and more.

Residents can register for general interest and fitness programs beginning this Monday and for aquatic programs on Monday, Aug. 30. For all programs, Internet (www.milton.ca) or phone (905-875-5400 or 1-800-418-5494, ext. 2430) registration begins at 6 a.m., and walk-in registration begins at 9 a.m.

Registrants will need a personal identification number to identify their family account as well as client barcodes for each family member. New registrants can visit the Milton Leisure Centre or Milton Sports Centre during regular operating hours to set up their account.

To view the guide online and for more information on Town recreation programs, visit www.milton.ca, email recreation@milton.ca or call (905) 878-7252, ext. 2189.



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