

Health & Tranquility



Goodnight Goodmorning Bra Fitting

When I was in Paris for the *City Mode Show*, sweating in linen pants, Parisian women were already wear-

ing boots, tights and sweaters. It's called being fashionable in Paris-September comes and everybody changes wardrobe from summer to fall.

looking at bras when shopping for her wardrobe, but I love to browse through lingerie stores when traveling. Each time I feel great satisfaction in seeing how much more selection we have here in Canada.

nowhere else - and now I know what they mean.

When I was browsing through the Spring 2010 City Mode Show and looking at the new trends, new styles of fashion bras for fall 2009 were shipped to Goodnight Goodmorning.

Goodnight Goodmorning is now full of new colors and styles, such as the new Empreinte T-shirt bra, new colors in Chantelle, Prima Donna spacer cups, and the new, comfortable and everybody's favorite - Mari Jo.

New styles of Simone Perelle, in the latest purple, look sexier and comfortable. New Lise Charmelle is stunning, but we also got some new basic bras like Triumph and VenElle. A big trend in the bra industry these days is to make the bra not only functional, but also comfortable and stylish at the same time.

I recommend being fitted to everybody who is asking about bras. And every couple of years to try new styles because there is constant improvement in styles, quality of the wires and durability of fabrics.

Editorial supplied by Goodnight Goodmorning.

When you visit places such as France, Barcelona and London, you will only find local lines, whereas we are fortunate to have lingerie lines from all over the world

New collections of Chantelle, Prima Donna, Mari Jo, Lise Charmelle, Simone Perell and others, will be shipped by manufacturers to Canada and you can have it the next day.

I was very proud that my store in Canada has in many cases, more selection in styles and colors than many of the lingerie stores in Paris, Cannes or Barcelona.

On top of our style selection, we offer much better service. For example none of the stores I visited on my trip were offering bra fittings, and their sizes were very limited, where we have sizes from A to J.

It is no wonder that our customers bring their European guests for bra fittings. They say Goodnight Goodmorning bra fittings are like

If your **Feet** hurt...
you **Hurt** all over!

Foot Specialists/
Chiropodists

Greg Lawrence B.Sc., D.Ch.
Roshni Patel B.Sc., D.Pod.M

905.878.6479

550 Ontario St. S. Unit 205, Milton

I adored the new styles and courage of the Parisian women, who in order to be stylish are able to suffer (wearing leather boots in 28 C).

Stores in Paris are full of new styles and colors, everything looks great and shopping is easy, but my main concern was lingerie.

You might think that a person who sells bras for a living would be sick and tired of

Christmas
in November

10-30% OFF
Everything
in the Store!

PRIMA DONNA
1865

Bra Fitting Like Nowhere Else

frou frou

SHOP NOW AND SAVE ON
YOUR CHRISTMAS SHOPPING

Good Night
Good Morning

100 Bronte Road, Unit #3, Oakville
905-847-1512 South of Lakeshore Road

www.goodnightgoodmorning.ca

join us for
an amazing evening lecture on

SUPPLEMENTS EXPOSED

healthnut presents

Dr. Brian Clement

Director of the World Famous Hippocrates Health Institute and leading author of Life Force, Living Foods for Optimum Health and his much anticipated new book "Supplements Exposed"

Friday, November 27, 2009
[7-9 pm] Milton Sports Centre • Milton
(605 Santa Maria Blvd corner of Commerical St and Derry Rd)

Nutrition expert Dr. Brian Clement, director of the world-famous Hippocrates Health Institute, explores the various myths that have made supplements a "buyer beware" industry. Don't miss this rare opportunity to listen to Brian speak about how to decipher product labels that are otherwise deceptive, how to choose naturally occurring (plant-derived) supplements, and learn why recommended daily allowances spread confusion, and much more.

Following the lecture Brian will be available for Q&A and book signing.

get your tickets in advance as this will sell out quick **\$10**

*For more information:
contact Susan Wilson at healthnut@sympatico.ca
or call **905.877.7697**

DOORS OPEN AT 8:30 PM. WHOLE LIVING FOODS AND SUPPLEMENTS WILL BE AVAILABLE TO PURCHASE.