

Willingness to learn serving Burnett well, says coach

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Burnett is becoming well known for his ability to withstand punishment — a trait initially acquired during his rather rough adolescence in Mississauga.

“I got into a lot of fights growing up and people kept telling me that I’d make a good boxer,” recalled the local middleweight, who moved to town a couple of years ago, shortly

before making a full-time commitment to training. “Getting hit isn’t an issue for me.”

But it’s not just toughness that has Burnett’s stock rising on the Canadian boxing circuit.

“Aljermaine’s strength is his work ethic and determination,” said coach Dewith Fraser, of Dewith’s Boxing Studio in Mississauga. “He’s willing to listen and take

advice, and that’s why he’s improving and winning. He did exceptionally well on Saturday against an opponent with more experience. He kept his focus and applied a lot of pressure over the final two rounds.”

The progression the Milton fighter displayed during his most recent victory speaks to recent upgrades made to his cardio training, which have paid sizable dividends in the ring.

“My conditioning’s better these days,” noted Burnett, who’s eyeing a berth to next

year’s Commonwealth Games in New Delhi, India and hopes to turn pro in the not-too-distant future. “I feel I’ve got more in the tank for the third round now.”

That added stamina should serve him well over a hectic September stretch that’ll include at least three fights, culminating with a Canada-versus-U.S. card in London September 20.

“I like fighting every weekend or as much as I can. That allows me to learn faster and put those lessons into practice right away.”

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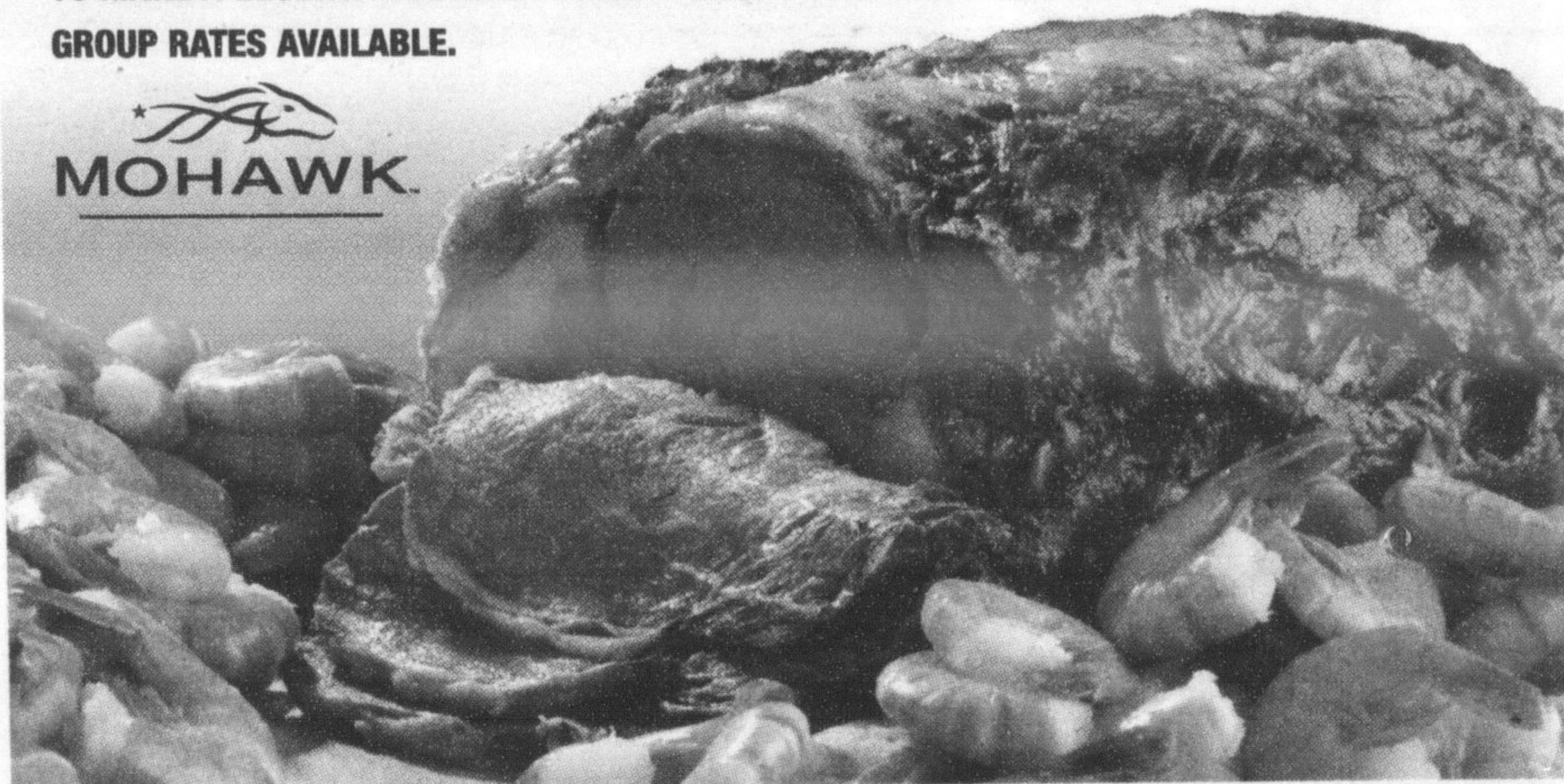
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Pro Challenge Series racer looks to end rookie season on high note

Scott Fletcher has one last crack at a top-10 finish in the series points race when the Ontario Pro Challenge Series wraps up tomorrow evening at Flamboro Speedway.

That’s the site of one of the 36-year-old Miltonian’s best finishes this season — a sixth-place effort.

Returning to the full-time racing scene after a five-year absence — since a 2003 stint

in the Canadian Vintage Modifieds ranks — Fletcher and his #60 Hype Energy Drink-Fine Details team secured five straight top-10 efforts through June and July. Their best showing was a fourth at Varney Speedway on June 20.

Fletcher also serves as the pit-crew chief for brother John on the OSCAAR and NASCAR Canadian Tire Series.

Minor baseball tryouts for 2010 begin tomorrow

Milton Minor Baseball Association will begin holding rep and select team tryouts for next season this weekend.

Tryouts will be held tomorrow and Saturday, as well as next weekend, at Bronte

Meadows Park (located beside John Tonelli Sports Centre on Laurier Avenue).

Be sure to visit www.miltonmba.com for specific tryout times and more information about Milton Minor Baseball.



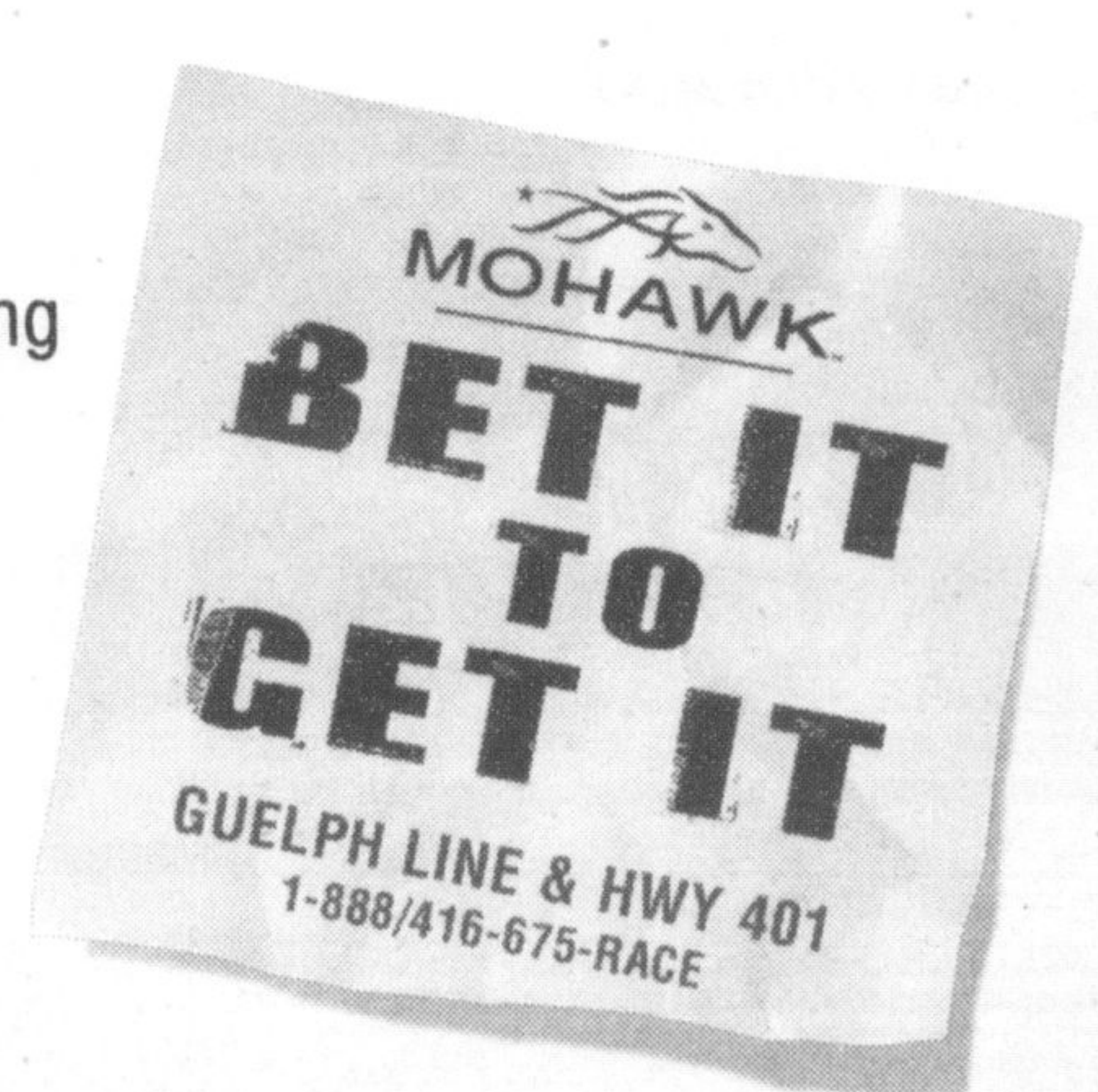
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