

Dateline

Thursday July 30

Moms Supporting Moms in Milton — a support group for mothers struggling with postpartum depression and/or anxiety — meets at Halton Kids West Milton Hub at Our Lady of Victory School, 540 Commercial St., from 7 to 8:30 p.m. Call Janet Siverns at (905) 825-6000, ext. 2927.

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 6 to 9 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

SAVIS (Sexual Assault and Violence Intervention Services of Halton) holds its final "It's All About Me" women's group from 1 to 3 p.m. at the Halton Multicultural Council, 400 Bronte St. S., unit 101A. Free bus tickets and refreshments are provided.

The Deck drop-in youth centre, 200 Main St. E. (rear entrance), is open from noon to 6 p.m. for students in Grades 6 to 12.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds billiards from 9 a.m. to 9 p.m., the Thursday Afternoon Movie from 1:30 to 3:30 p.m. featuring *The Colour of Freedom*, contract bridge from 1:30 to 3:30 p.m., clogging from 2 to 3:30 p.m. and table tennis from 7:30 to 9:30 p.m. The cost for each activity is \$2 for members and \$4 for non-members. Bid euchre runs from 1:30 to 4 p.m. at a cost of \$2.50 for members and \$4.50 for non-members. Call (905) 875-1681.

Thursday July 30 – Aug. 28

Kids and youths aged 14 and younger are invited to participate in Milton Transit's **Read and Ride program** by visiting Milton Public Library for a special transit sticker for their library cards. Kids can present their cards on the bus for a free ride to the library or anywhere else in town. Call (905) 878-7252, ext. 2182 or visit www.milton.ca.

Friday July 31

Milton District Hospital holds a drop-in **breastfeeding group** with a certified lactation consultant from 10 to 11:30 a.m. at Our Lady

of Victory School, 540 Commercial St., with information shared and babies weighed. Pregnant women are welcome. Call Jill Hicks at (905) 878-2383, ext. 7610.

The Deck drop-in youth centre, 200 Main St. E. (rear entrance), is open from noon to 10 p.m. for students in Grades 6 to 12.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **billiards** from 9 a.m. to 4 p.m., **tai chi** from 9 to 11:30 a.m., **bingo** from 9:30 a.m. to noon, **contract bridge** from 10 a.m. to noon and the **Cyber Café** from 1 to 3 p.m. The cost for each activity is \$2 for members and \$4 for non-members. The **Friday Evening Movie** runs from 7 to 10 p.m. featuring *The Colour of Freedom*. The cost is \$2. And **euchre** is held at the Campbellville Lions Hall from 7:30 to 10 p.m. for \$3. Call (905) 875-1681.

Saturday Aug. 1

A fundraising **bake/garage sale** takes place at 161 Cooke Crescent from 7 a.m. to 3 p.m. in support of the upcoming Weekend to End Breast Cancer featuring cookies, cupcakes, brownies, cheesecake and more. There are also prizes to be won.

Tuesday Aug. 4

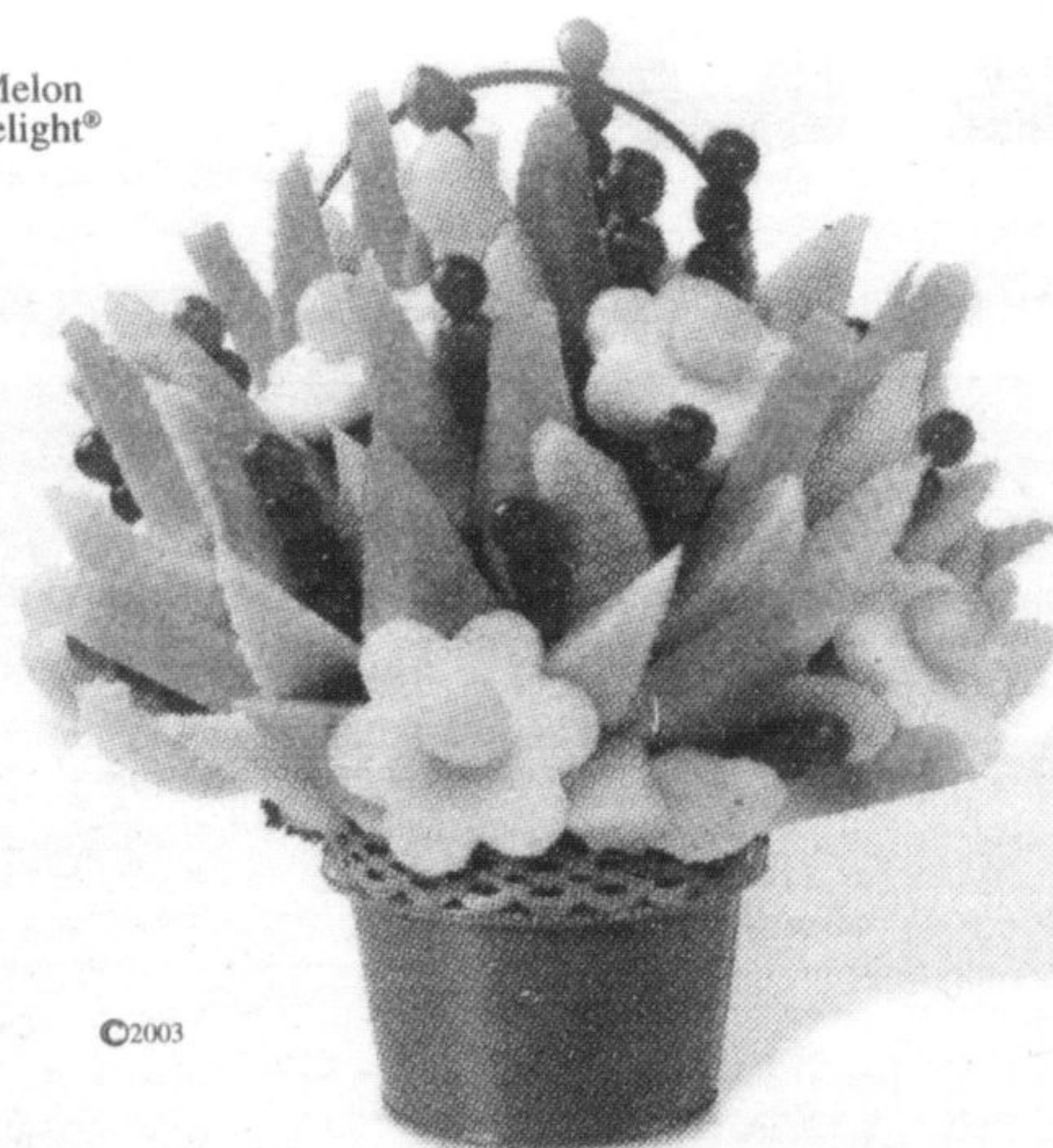
Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 9:30 a.m. to 2 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

Calling New Parents, a free drop-in program for parents and babies aged six months and younger, meets at the Ontario Early Years Centre, 410 Bronte St., from 1:30 to 3:30 p.m. Call (905) 825-6000, ext. 7299.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **billiards** from 9 a.m. to 9 p.m., the **Downsizers Weight Loss Club** from 10 to 11 a.m., **cribbage** from 1 to 3 p.m., **bingo** from 1:30 to 4 p.m. and **table tennis** from 2:30 to 4 p.m. The cost for each activity is \$2 for members and \$4 for non-members. **Evening Bid Euchre** takes place from 7:30 to 10 p.m. The cost is \$3. Call (905) 875-1681.

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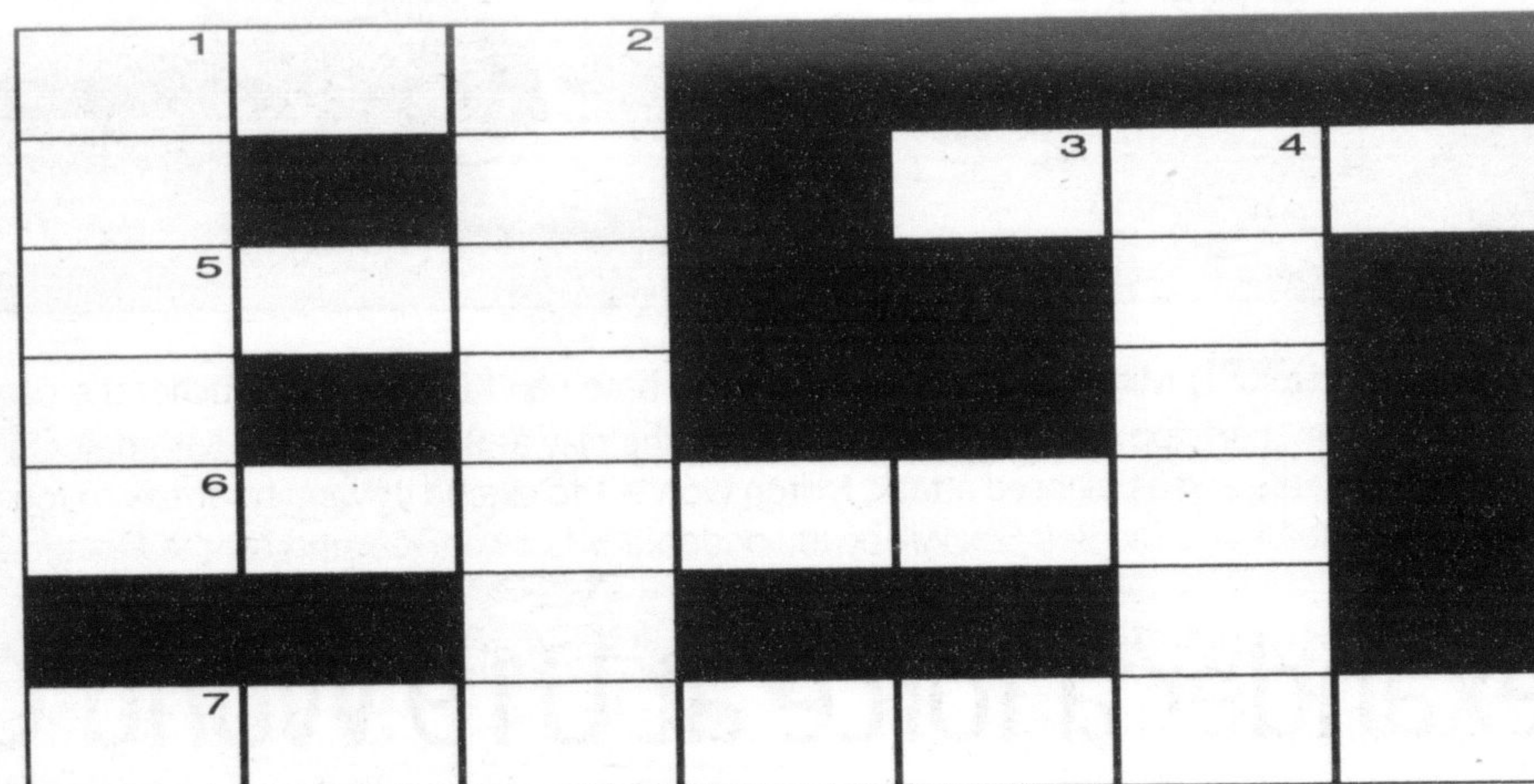
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Crossword Puzzle!



ACROSS

1. Crimson color
3. Consumed
5. Perceive with eyes
6. Season
7. Most grand

DOWN

1. Type of flowers
2. One who dreams
4. Flower defense



Answers: Across: 1. red 3. ate 5. see 6. summer 7. largest Down: 1. roses 2. dreamer 4. thorns

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To book an appointment or party call
905-636-1633 or go on-line at
www.sharkeyscutsforkids.com
181 Main Street, Unit #5, Milton, ON