# Dateline

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call (905) 875-1022.

Calling New Parents, a free drop-in program for parents and babies aged six months and younger, meets at the Ontario Early Years Centre, 410 Bronte St., from 1:30 to 3:30 p.m. Call (905) 825-6000, ext. 7299.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds billiards from 9 a.m. to 9 p.m., carving club from 9 a.m. to noon, Downsizers Weight Loss Club from 10 to 11 a.m., Kitchen Band from 9 a.m. to 11:30 p.m. Scrabble from 1 to 3 p.m., cribbage from 1 to 3 p.m., bingo from 1:30 to 4 p.m. and table tennis from 2:30 to 4 p.m. Each activity costs \$2 for members and \$4.25 for non-members. Evening bid euchre runs from 7:30 to 10 p.m. The cost is \$2.50 for members and \$4.25 for non-members. For more information, call (905) 875-1681.

#### Wednesday Oct. 5

The Deck youth drop-in centre, 200 Main St. E. (rear entrance), is open from 3 to 5:45 p.m. for all ages. Visit www.yfcmilton.com.

The Royal Canadian Sea Cadet Corps Chaudiere holds parade night for all youth aged 12 to 18 years at 6:15 p.m. at the Milton Fair Grounds, Building 3, on Robert Street. For more information about the free event call (905) 876-2089 or visit www.seacadetmilton. com.

Milton District Hospital holds a one-on-

one breastfeeding clinic with a certified lacta- an appointment, call Jill Hicks at (905) tion consultant from noon to 4 p.m. To make 878-2383, ext. 7610. an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

Childs Dr., presents 'Maximize Your Health' series on chronic conditions. The centre also holds billiards from 9 a.m. to 9 p.m., Craft Club from 9 a.m. to noon, contract bridge from 9:15 a.m. to 11:30 a.m., Song Spinners Chorus from 9:30 to noon, conversational French from 1:30 to 2:30 p.m. and bingo from 7 to 9 p.m. Each activity costs \$2 for members and \$4.25 for non-members. Its lunch counter is also held, featuring the Thanksgiving Luncheon for \$12. Tickets can be purchased at the centre. Call (905) 875-1681 for more information.

#### Thursday Oct. 6

The Deck youth drop-in centre, 200 Main St. E. (rear entrance), is open from 3 to 8:45 p.m. for all ages. Visit www.yfcmilton.com.

Calling New Parents, a free drop-in program for parents and babies aged six months and younger, meets at the Ontario Early Years Centre, 410 Bronte St., from 1:30 to 3:30 p.m. Call (905) 825-6000, ext. 7299.

Milton District Hospital holds a one-onone breastfeeding clinic with a certified lactation consultant from 6 to 9 p.m. To make

The Milton Seniors' Activity Centre, 500 Childs Dr., holds a free workshop on oral The Milton Seniors' Activity Centre, 500 healthcare tips from 9:30 to 10:30 a.m. The centre also holds billiards from 9 a.m. to 9 from 9:30 a.m. to noon. It's the first event in a p.m., guitar club from 9:30 to 11 p.m., Learn free, six-week self-management workshop to Play Euchre from 10 to 11 a.m., line dancing from 10 a.m. to 11:30 a.m., Walking

Club from 10 a.m. to noon, folk art from 1 to g 4 p.m. and table tennis from 7:30 to 9:30 2 p.m. Each activity costs \$2 for members and \$4.25 for non-members. Bid Euchre is held ? from 1.30 to 4 p.m., and Contract Bridge = from 2 to 4 p.m., each for \$2.50 for members and \$4.25 for non-members. The Thursday 3 Afternoon Movie runs from 1:30 to 3:30 p.m. featuring The Fighter. The cost is \$2.

## Tired of sore feet?

We can help.

Roshni Patel B.Sc., D.Pod.M Foot Specialist/Chiropodist 905.878.6479 550 Ontario St. S. Unit 205, Milton

info@ontariofoot.ca





