



## Move More, Milton!

Be active, more often

### Get Out and About in June!

#### Celebrate Recreation and Parks Month!

Keep your mind and body active while connecting with your community. Check out the Recreation and Parks Month calendar to take part in fun-filled activities all month long.



#### Move More, Milton! Walking Challenge

**Goal: One million steps community-wide**  
This month, Move More, Milton! highlights walking as one of the best and easiest ways to stay active. Join the active revolution and show your commitment by logging your steps at [www.MoveMoreMilton.ca](http://www.MoveMoreMilton.ca) to help reach the goal.

#### Put Some Pep in Your Step!

Get motivated to walk more - sometimes all it takes is a good pair of shoes and a walking buddy. Read about these tips and more at [www.MoveMoreMilton.ca](http://www.MoveMoreMilton.ca).

#### Take to the Trails!

Take your walk to the trails and connect with nature this summer. Find trails in your neighbourhood with the "Take to the Trails" brochure, available at [www.MoveMoreMilton.ca](http://www.MoveMoreMilton.ca).

#### Get a Move on With Milton Transit!

##### Free Wednesdays for Seniors

Milton Transit is pleased to offer free bus service for seniors (65+) all day on Wednesdays in June.

##### Rack, Ride and Relax!

Milton Transit provides bike racks on buses, making it easy for you to ride your bike to and from transit stops. For more information, call 905-864-4141 or visit [www.milton.ca](http://www.milton.ca).

### Community Celebrations

#### Downtown Milton Street Festival

Saturday, June 4  
Noon - 11:30 p.m.

Main Street  
(Brown St. to Fulton St.)

Enjoy fun and excitement with over 35 performers, restaurant fare, 100 vendors, and businesses open late!

[www.downtownmiltonstreetfestival.ca](http://www.downtownmiltonstreetfestival.ca)  
905-876-2773

#### Seniors' Month Celebration

Wednesday, June 15  
10:30 a.m. - 2:00 p.m.

Milton Seniors' Activity Centre

Enjoy a free lunch, guest speakers and more. Tickets are available at the Centre.

905-875-1681

Milton Transit

Media Sponsor:  
**The Canadian Champion**

[www.MoveMoreMilton.ca](http://www.MoveMoreMilton.ca)



GRAHAM PAINE / CANADIAN CHAMPION

**GAS LEAK:** A gas leak shut down part of Commercial Street Monday morning, with several homes being evacuated while Union Gas dug a hole to get at the shut-off point. Here, a Union Gas worker leans into the hole dug next door to shut off the gas line.

Please join us for the:

### 28th Annual General Meeting

Wednesday June 22, 2011 | Milton Room - Town Hall, 150 Mary Street  
6:00 p.m. to 8:00 p.m.

#### Live United. Give United.

[www.miltonunitedway.ca](http://www.miltonunitedway.ca)  
Please visit our website for more details on proposed by-law change.



**MILTON CANADA DAY**  
FRIDAY, JULY 1ST, 2011  
MILTON FAIRGROUNDS  
**FREE ADMISSION**

A GROWING COMMUNITY WITH TRADITION AND DIVERSITY  
CELEBRATING OUR NATION'S BIRTHDAY WITH PRIDE.



**Veterans' Breakfast** at Victoria Park 10:00 a.m.  
**Opening Ceremonies** at Milton Fairgrounds 12:00 p.m.  
**New Citizenship Ceremony** at 1:00 p.m.  
**Fireworks Spectacular** at 10:00 p.m.

We are always in need of volunteers to make the event a success! Volunteers are required for set up, day of the event and dismantle from June 25th - July 2nd. High school students are welcome to participate and receive community volunteer hours. Visit our website for more information or contact Kirsten Pedersen at 905 691 7470.



For more information please visit:

[www.miltoncanadaday.ca](http://www.miltoncanadaday.ca)

#### Diamond Sponsors



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