

# Accentuate your ultra-thin TV with a sleek wall mount



from multiple locations in a room, a full-motion mount is your best option.

The Sanus Super Slim VLF311 model will mount nearly any 37- to 65-inch flat-screen TV just 1.25 inches from the wall. It offers 11 inches of extension, tilts and swivels, and includes guides for keeping cables neat and organized, plus a lateral shift feature for adjusting the TV left or right on the wall plate for perfect placement after installation.

It comes as no news to people with consumer electronics savvy: Those big, bulky tube-style TVs are so last season... er, five seasons ago. Consider them as ancient as VHS tapes, cassettes and floppy discs. These days, thin TVs are definitely in. No matter your preference—LED, LCD or plasma—experts advise taking your flat screen to the next level, literally, with a wall mount.

Mount manufacturers now offer a wide selection of more slender, sleeker options that accentuate the appearance of ultra-thin TVs, by placing the screens near skin tight to the wall.

Sanus offers a line of "super slim" mounts in low profile, tilting and full motion varieties. Low profile and tilting mounts are great if your seating area is directly in front of the screen. However, if you will most likely watch TV

Thanks to recent advancements, mounts are easier than ever to install. You can even do so yourself using a few household tools and, of course, following the manufacturer's instructions. In most cases, installation can be done in three steps: Simply attach the TV to the mounting bracket, attach the wall plate to studs in the wall, and then fix the mounting bracket to the wall plate.

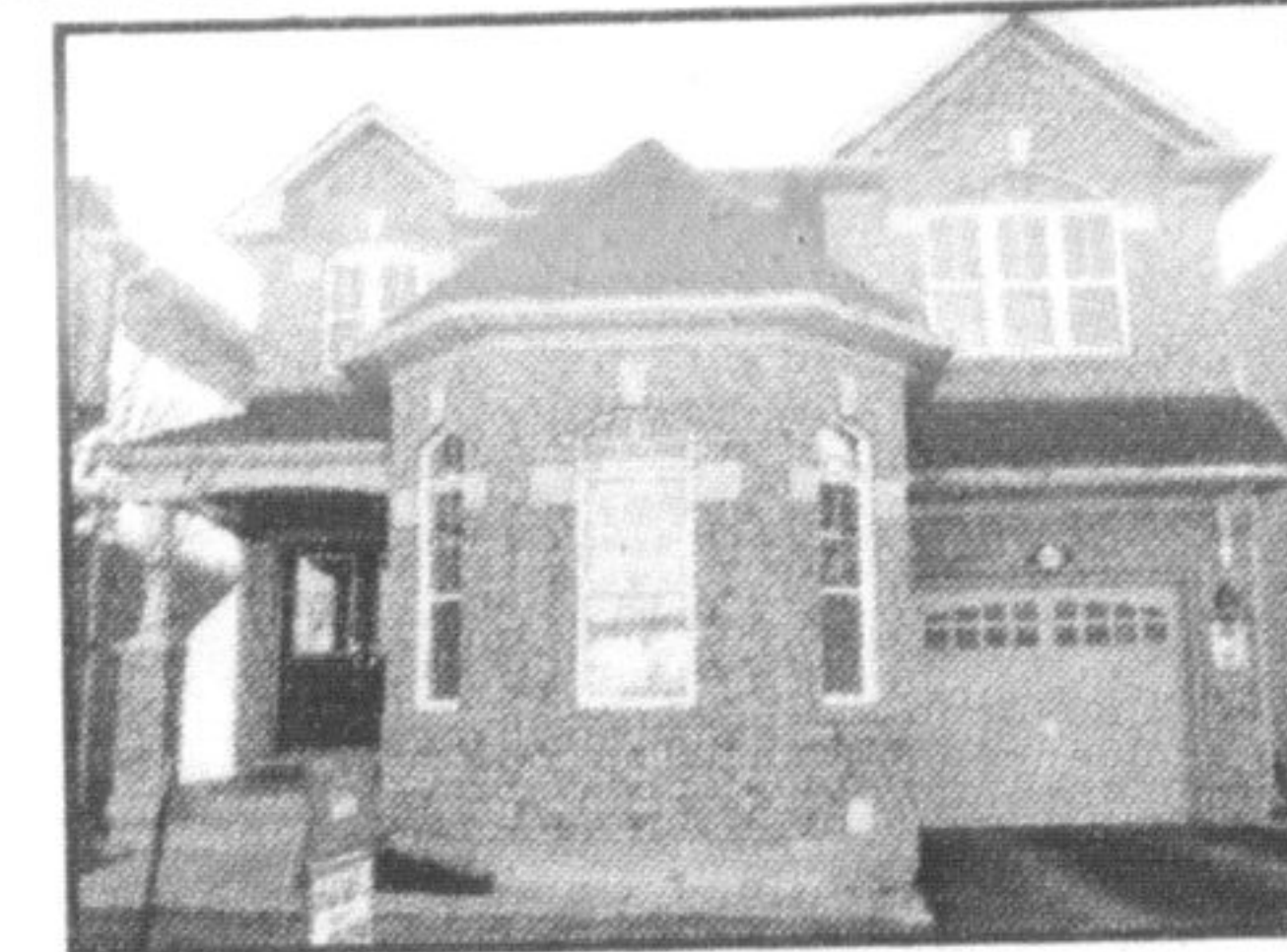
For mount-to-TV compatibility and installation assistance, consult Sanus' mount finder and height finder tools online at [www.sanus.com](http://www.sanus.com).

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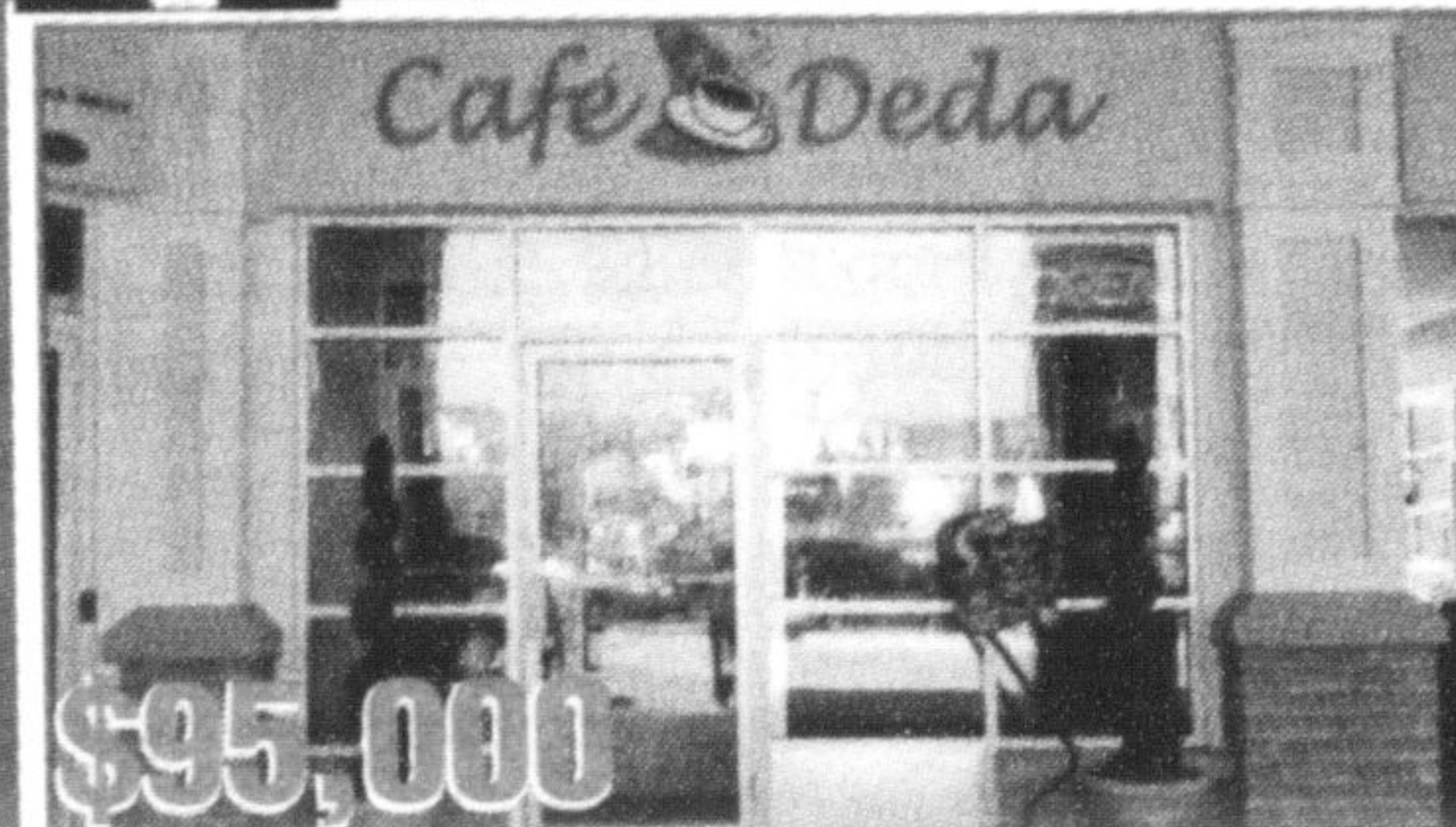
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## Home Cooking

### Crabcakes with Watermelon Dipping Sauce

This distinctive dipping sauce adds a bit of a kick to mouthwatering crab cakes. Sweet watermelon and chili relish combine to create flavour that is sure to tantalize your taste buds.

#### CRABCAKES

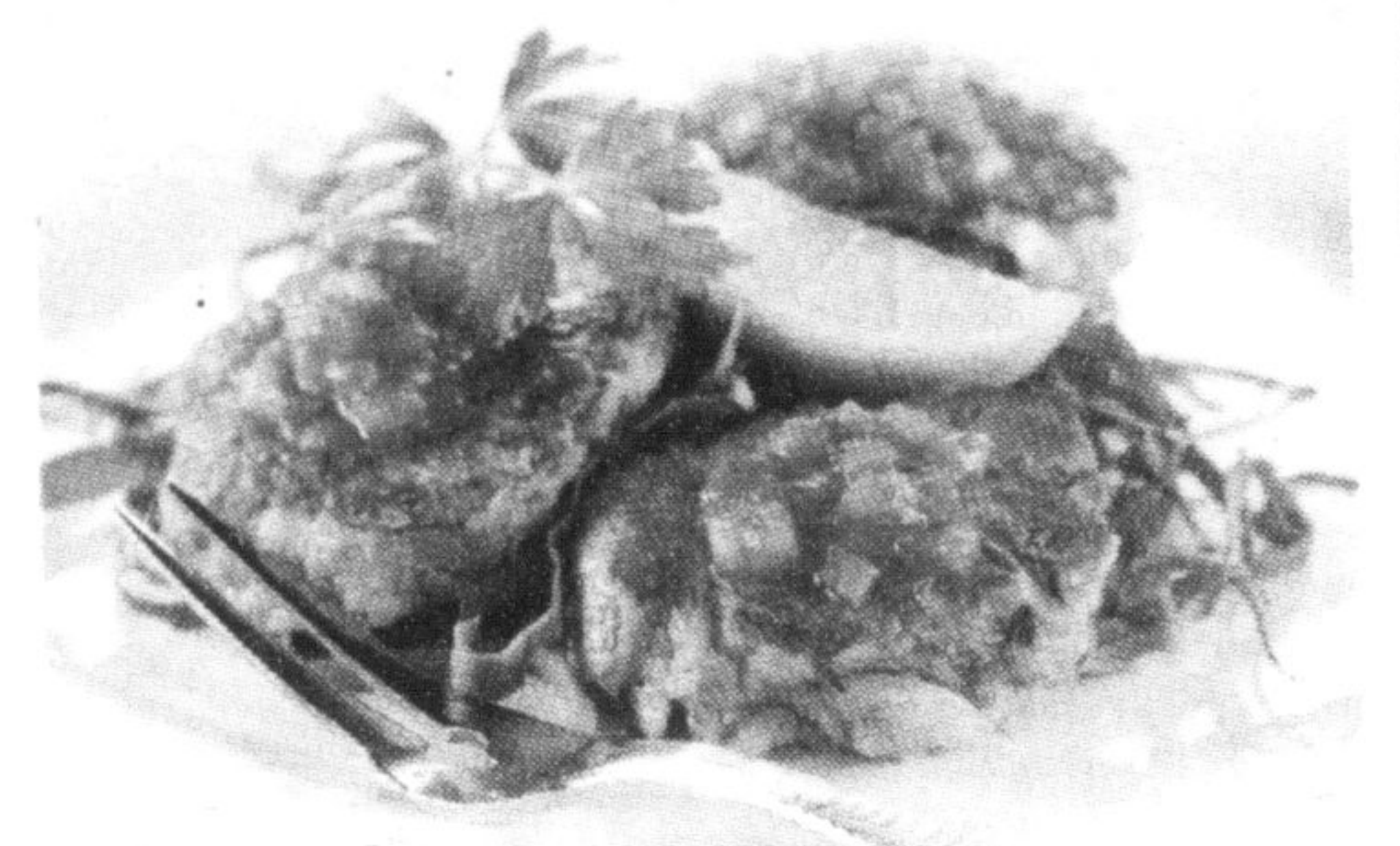
8 oz	cooked, shelled crabmeat, drained	250 g
2	eggs, lightly beaten	2
1	tbsp mayonnaise	15 mL
1/2 cup	breadcrumbs	125 mL
1/4 cup	drained sweet pickle relish	50 mL
1 tbsp	canola oil for frying	15 mL

#### DIPPING SAUCE

1 cup	minced & drained watermelon	250 mL
1/2 cup	bottled chili relish	125 mL

#### DIRECTIONS

In medium bowl add crab, eggs, mayonnaise, breadcrumbs and relish and mix until well combined. In large non-stick skillet over medium-high heat, heat oil (or a combination of canola oil and butter if desired). Drop crab mixture by the tablespoonful into skillet and cook, turning once, until golden brown. Continue to cook remaining cakes, adding



more oil if needed. Keep cooked cakes warm in a low temperature oven, approximately 170°F (77°C).

Meanwhile, mix together the watermelon and relish. Set aside.

To serve, spoon dipping sauce into bowl and place on platter. Surround with hot crab cakes and serve immediately.

Makes approximately 16 crabcakes, serves 8 as an appetizer.

- News Canada



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