

THE BRIDAL MARKETING OPPORTUNITY OF THE YEAR!

National BRIDAL SHOW

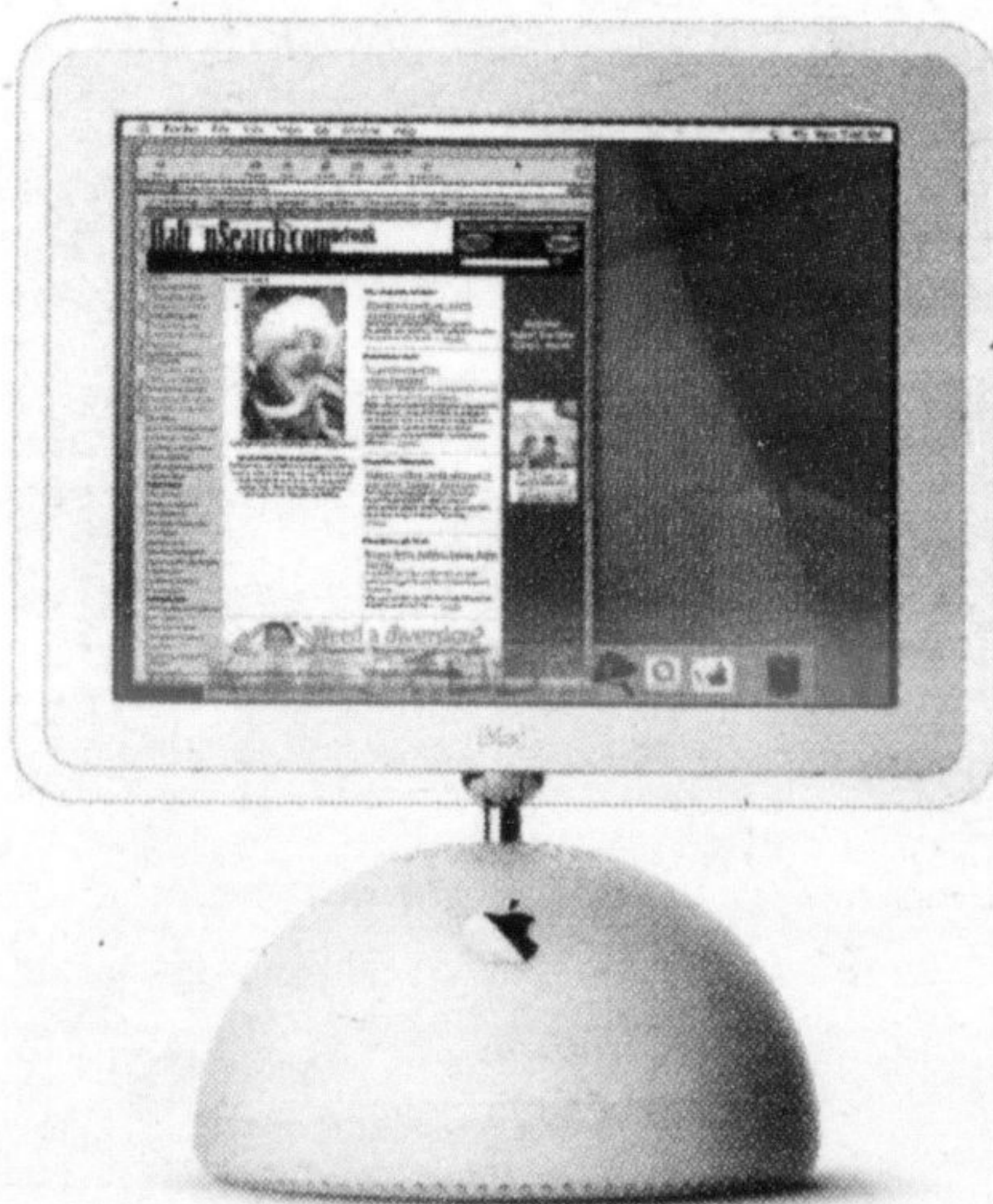
September 11-13, 2009 ♦ International Centre, Mississauga

Stand Out. Sell More. Get Results!

Bring your brands to life and put your business face-to-face with thousands of brides and grooms at the largest and best attended bridal show in the GTA!

Call TODAY! 905-842-6591 or 1-800-693-6843

www.nationalbridalshow.com



Are you connected to your community?

Get all the news from Milton, Oakville, Burlington and surrounding areas quickly and conveniently online and on your schedule.

www.miltoncanadianchampion.com

24/7

Sprinter turns in personal best for 200m OFSAA silver

Bennett also comes away with 100m bronze at U of T

Wayndale Bennett still believes he's got more to give on the track this summer.

But what the Bishop Reding sprinter did deliver at the University of Toronto this past weekend was enough to end his high school career on a definite high note.

Determined to upgrade the bronze-medal performance he managed in the senior boys 200m last season, the 19-year-old Miltonian came through with a personal-best 21.43s effort to claim the silver Saturday afternoon.

"I got out to a pretty decent start and we were neck-and-neck until the last 60m or so. That's when he (Oluwasegun Makinde of Gloucester's Colonel By Secondary School) pulled away," said Bennett.

Shattering his previous benchmark of 21.67s was certainly cause for celebration, especially since a serious groin injury last summer had cut into his training and limited his competitive schedule this spring.

He said, "I'm pretty satisfied and really need to thank God and Maureen Morrison, who's been coaching me for five years and got me into club competition at York University (with Take Flight Athletics). She's a great coach."

Morrison was quick to redirect praise

back to her perennial OFSAA contender.

"Personally I think he has a lot more to give and I'm happy with his steady progress following his injury. It can take a long time to recover and he has been very smart about it."

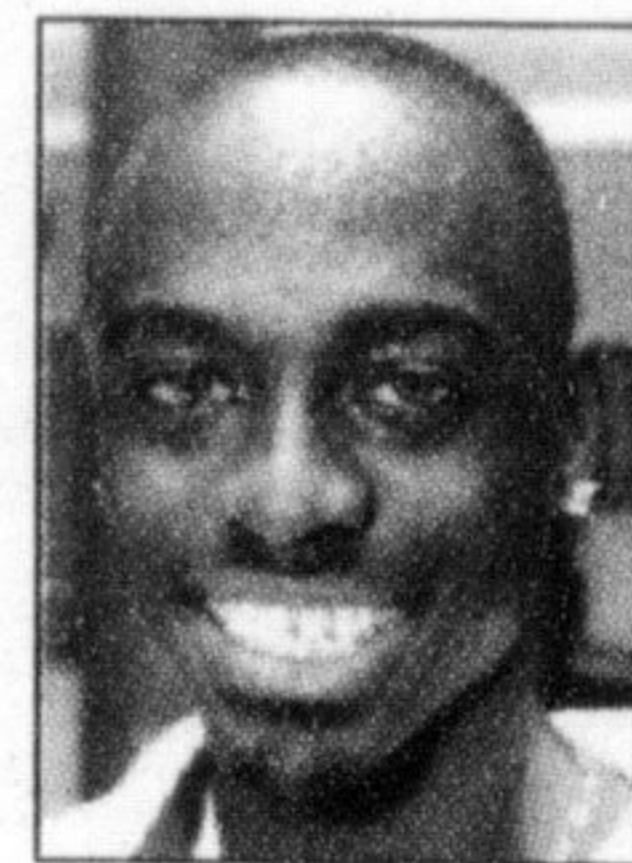
Makinde won the 200m with a meet record run of 20.99s, while Reding's star needed a personal best to upstage Tyler MacLeod of LaSalle's Sandwich Secondary School for second.

Milton's lone participant at OFSAA, Bennett kicked off his high school swan song with 100m bronze, clocking in at 10.73s Friday afternoon — amidst sweltering conditions — to outdistance Bruno Hortelano of Burlington's Assumption Secondary School for a trip to the podium.

He delivered a decisive qualifying effort in the morning, despite splitting his left thumb on the starting block — forcing a five-minute delay of the preliminary race.

"That did affect me somewhat. Overall I'm pretty happy with how things went, but honestly I still don't think I've reached my full potential. Hopefully that'll come at this summer's provincials or nationals."

Bennett will be back on the U of T track tomorrow, having been invited to run in a special featured high school boys 100m race at the Festival of Excellence — where world record holder Usain Bolt of Jamaica will make his first appearance on Canadian soil since his triumphant showing at last summer's Olympics.



Wayndale Bennett

HomeFinder.ca

Find a place to call home.



Comprehensive Listings • Neighbourhood Demographics • Open Houses
Agent Profiles • Home Buyers' Took Kit • And More!



TORONTO STAR
thestar.com

OLG Slots at Mohawk Racetrack - Your Mini Holiday!

Get out your straw hat and shades because the sun will be shining when

JUNE 12 & 13



ORANGEMAN

comes to OLG Slots at Mohawk Racetrack!

FREE SHOW

Don't miss this non-stop show featuring top party songs from every era!
SHOW STARTS AT 10:00 PM

Exciting Slots • Casual Dining • Fun Promotions • Lots of Winners!



Your mini holiday.

OLG Slots at Mohawk Racetrack
9430 Guelph Line, Campbellville, ON
(905) 854-4053 or 1-800-732-2230
Open 24 hours a day, seven days a week
OLG.ca

Know your limit, play within it!
THE ONTARIO PROBLEM GAMBLING HELPLINE 1-888-230-3309

Must be 19 years of age or older. Valid government-issued photo identification may be required. Please see the Winner's Circle Rewards desk for more details.

For local arts events go to

www.arts.milton.com