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# Dateline

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## Thursday June 11

**Moms Supporting Moms in Milton** — a support group for mothers struggling with postpartum depression and/or anxiety — meets at Halton Kids West Milton Hub at Our Lady of Victory School, 540 Commercial St., from 7 to 8:30 p.m. Call Janet Siverns at (905) 825-6000, ext. 2927.

**The Deck drop-in centre**, 200 Main St. E. (rear entrance), invites students from Grades 6 to 9 to stop by between 3:30 and 6 p.m. to play a game of pool or just hang out. High school students are welcome between 7 and 10 p.m. Visit [www.thedeckmilton.com](http://www.thedeckmilton.com).

Milton District Hospital holds a one-on-one **breastfeeding clinic** with a certified lactation consultant from 6 to 9 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

Big Brothers Big Sisters of Halton holds a **volunteer information session** at 7 p.m. at the agency's new Milton office at 69 Main St. E., unit 4, for anyone interested in mentoring a local child. Call (905) 878-8840 or visit [www.bbbshalton.ca](http://www.bbbshalton.ca).

The Milton Seniors' Activity Centre, 500 Childs Dr., holds line

dancing from 10 to 11:30 a.m., **Thursday Afternoon Movie** from 1:30 to 3 p.m. featuring *Bride Wars*, **contract bridge** from 1:30 to 3:30 p.m., **clogging** from 2 to 3:30 p.m. and **table tennis** from 7:30 to 9:30 p.m. The cost for each activity is \$2 for members and \$4 for non-members. The **book club** is held from 11 a.m. to noon and the **walking club** runs from 10 a.m. to noon, weather permitting. **Bid euchre** is held from 1:30 to 4 p.m. for \$2.50 for members and \$4.50 for non-members. Call (905) 875-1681.

## Thursday June 11 - 30

The Town of Milton celebrates **Recreation and Parks Month** with daily activities including free fitness classes, skates and swims, and a chance to win prizes. For a calendar of events, visit [www.milton.ca](http://www.milton.ca) or call (905) 878-7252, ext. 2211.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **Seniors' Month** activities including free coffee and chat sessions, tours and special drop-in programs. Visit [www.milton.ca](http://www.milton.ca) or call (905) 875-1681.

## Friday June 12

This is the last day to RSVP for the United Way of Milton's 26<sup>th</sup> **annual general meeting**, which is

held June 23 at 6:30 p.m. at the Milton Seniors' Activity Centre, 500 Childs Dr., with guest speakers Stewart Phillips and Halton Region's Dr. Shelley Lothian, speaking on 'The Changing Milton.' Reserve a spot by calling (905) 875-2550 or e-mail [office@miltonunitedway.ca](mailto:office@miltonunitedway.ca).

**The Deck drop-in centre**, 200 Main St. E. (rear entrance), invites students from Grades 6 to 9 to stop by between 3:30 and 6 p.m. to play a game of pool or just hang out. High school students are welcome between 7 and 11 p.m. Visit [www.thedeckmilton.com](http://www.thedeckmilton.com).

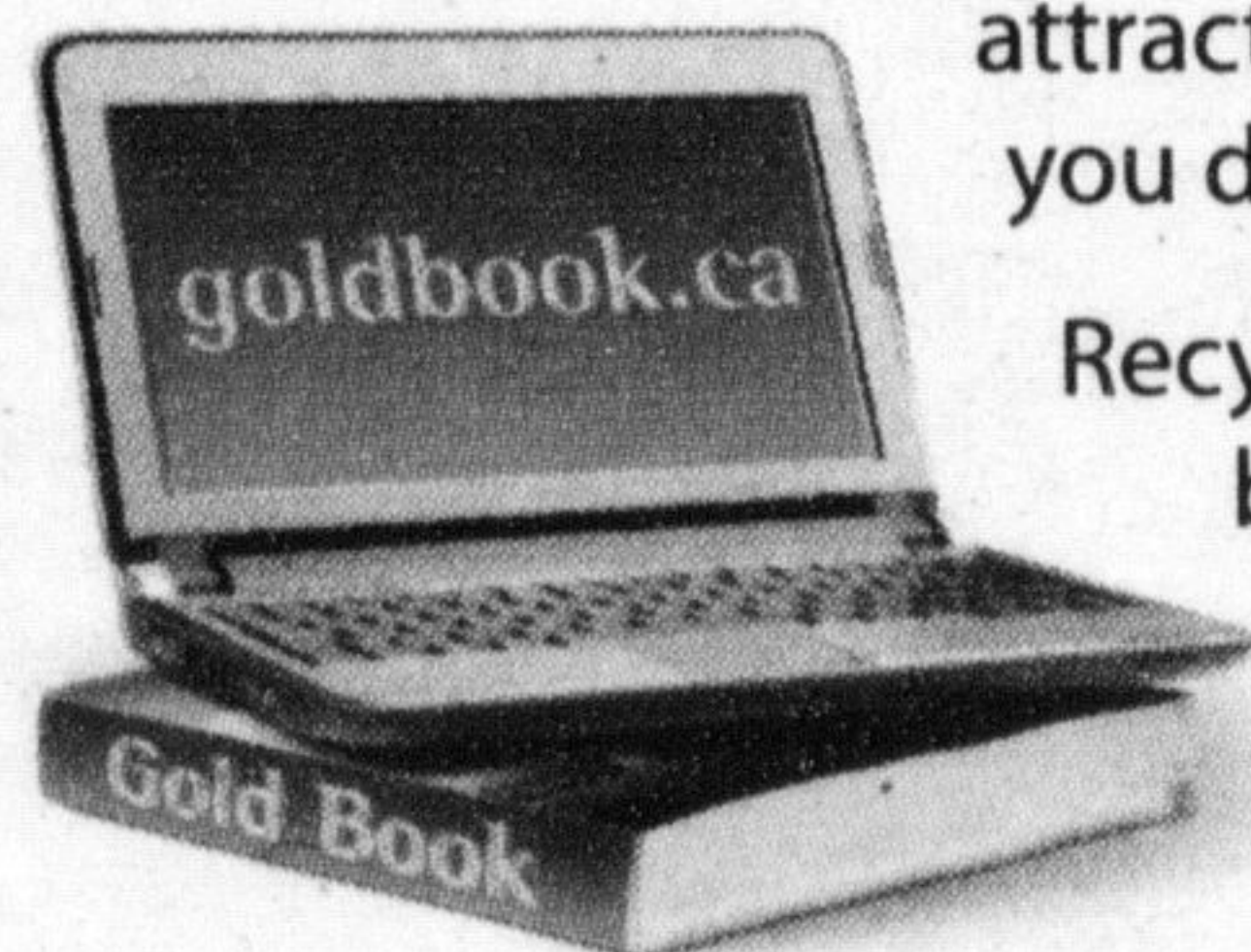
Milton District Hospital holds a drop-in **breastfeeding group** with a certified lactation consultant from 10 to 11:30 a.m. at Our Lady of Victory School, 540 Commercial St., with information shared and babies weighed. Pregnant women are welcome. Call Jill Hicks at (905) 878-2383, ext. 7610.

The Salvation Army, 100 Nipissing Rd., unit 3, holds its **volunteer drop-in** from 10 a.m. to 1 p.m. to help sort and pack food at the food bank or help prepare for other community programs. Call (905) 875-1022 or e-mail [rob@khicomcommunity.com](mailto:rob@khicomcommunity.com).

## Blue on the outside, solid gold on the inside.

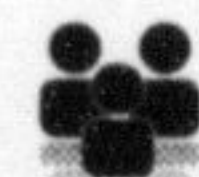
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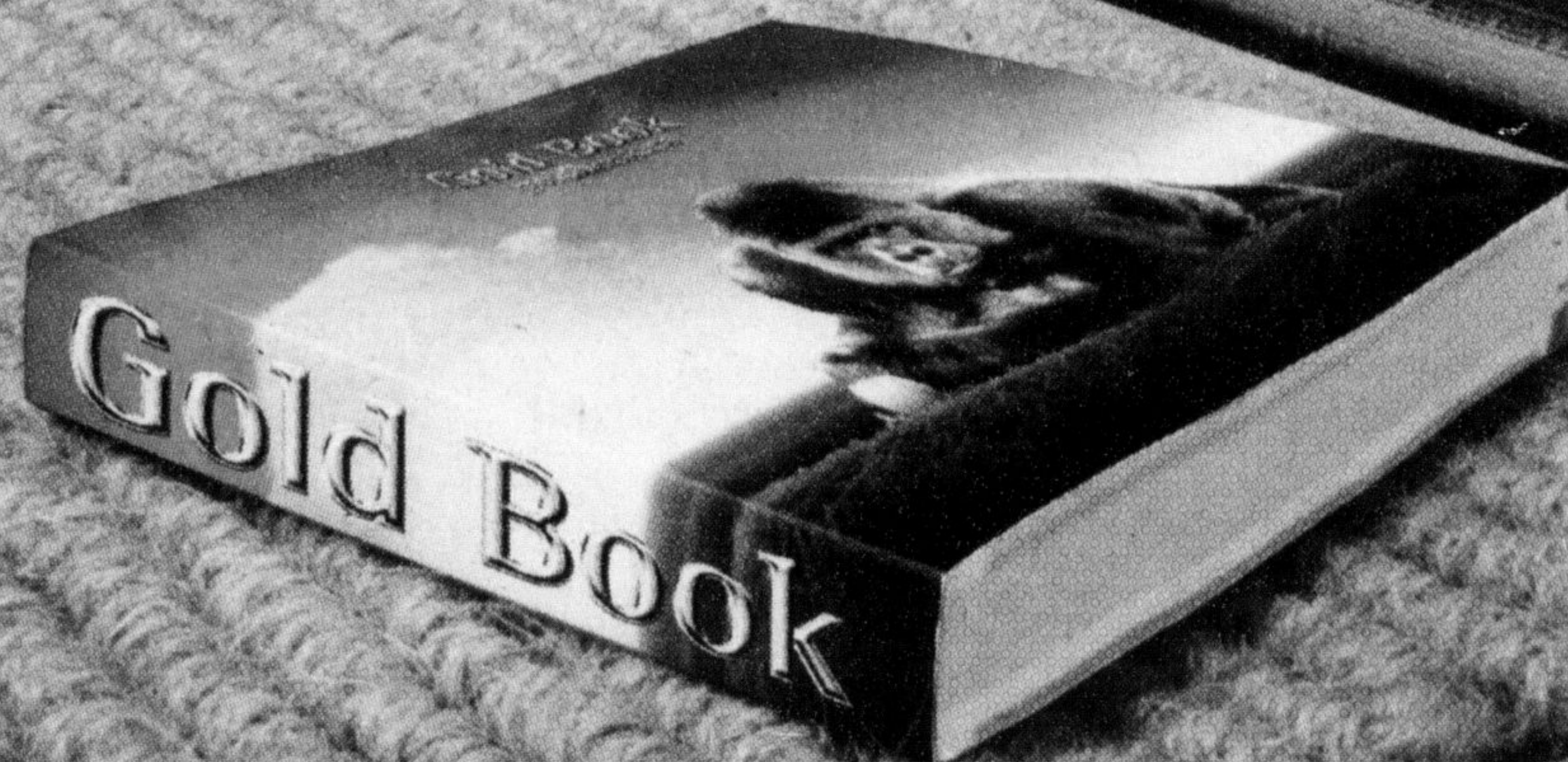


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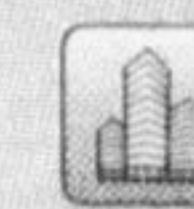
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